





# Fundamentals of neuronal oscillations and synchrony

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#### Evoked activity



#### Evoked activity



#### Induced activity



M/EEG signal characteristics considered during analysis

timecourse of activity -> ERP

spectral characteristics
-> power spectrum

temporal changes in power
-> time-frequency response (TFR)

spatial distribution of activity over the head
-> source reconstruction

#### Superposition of source activity



#### Separating activity of different sources (and noise)

#### Use the temporal aspects of the data at the channel level ERF latencies ERF difference waves Filtering the time-series Spectral decomposition

Use the spatial aspects of the data Volume conduction model of head Estimate source model parameters

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## Brain signals contain oscillatory activity at multiple frequencies



#### Outline

Spectral analysis: going from time to frequency domain

Issues with finite and discrete sampling

Spectral leakage and (multi-)tapering

#### A background note on oscillations



#### Spectral analysis

Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis Using simple oscillatory functions: cosines and sines



#### Spectral decomposition: the principle



#### Spectral decomposition: the power spectrum



#### Spectral analysis

Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis
Using simple oscillatory functions: cosines and sines
Express signal as function of frequency, rather than time

Concept: linear regression using oscillatory basis functions

#### Spectral analysis ~ GLM

 $\mathbf{Y} = \beta * \mathbf{X}$ 

- **X** set of basis functions
- $\beta_i$  contribution of basis function *i* to the data.
- $\beta$  for cosine and sine components for a given frequency map onto amplitude and phase estimate.

Restriction: basis functions should be 'orthogonal'

Consequence 1: frequencies not arbitrary -> integer amount of cycles should fit into N points.

Consequence 2: N-point signal -> N basis functions





#### **Time-frequency relation**

Consequence 1: frequencies not arbitrary

-> integer amount of cycles should fit into N samples of  $\Delta t$  each.

The frequency resolution is determined by the total length of the data segments (N \*  $\Delta t = T$ )

Rayleigh frequency =  $1/T = \Delta f$  = frequency resolution



#### **Time-frequency relation**

Consequence 2: N-point signal -> N basis functions N basis functions -> N/2 frequencies The highest frequency that can be resolved depends on the sampling frequency F Nyquist frequency = F/2



#### Spectral analysis

Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis
Using simple oscillatory functions: cosines and sines
Express signal as function of frequency, rather than time

Concept: linear regression using oscillatory basis functions Each oscillatory component has an amplitude and phase Discrete and finite sampling constrains the frequency axis

#### Goal and challenges

- Estimate the true oscillations from the observed data
- Limited time available for Fourier transform
- You are looking at the activity through a time restricted window

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This implicitly means that the data are 'tapered' with a boxcar
Furthermore, data are discretely sampled



#### Spectral leakage and tapering

- True oscillations in data at frequencies not sampled with Fourier transform spread their energy to the sampled frequencies
- Not tapering is equal to applying a "boxcar" taper
- Each type of taper has a specific leakage profile



#### Spectral leakage



#### Tapering in spectral analysis



## Tapering in spectral analysis



## Tapering in spectral analysis



#### Spectral leakage and tapering

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#### Multitapers

Make use of more than one taper and combine their properties

Used for smoothing in the frequency domain

Instead of "smoothing" one can also say "controlled leakage"

## Multitapered spectral analysis



Mitra & Pesaran, 1999, Biophys J

#### Multitapered spectral analysis



#### Multitapers

Multitapers are useful for reliable estimation of high frequency components

Low frequency components are better estimated using a single (Hanning) taper

%estimate low frequencies	%estimate high frequencies
<pre>cfg = []; cfg.method = 'mtmfft'; cfg.foilim = [1 30]; cfg.taper = 'hanning'; .</pre>	<pre>cfg = []; cfg.method = 'mtmfft'; cfg.foilim = [30 120]; cfg.taper = 'dpss'; cfg.tapsmofrq = 8; .</pre>
<pre>freq=ft_freqanalysis(cfg, data);</pre>	<pre>freq=ft_freqanalysis(cfg, data);</pre>

#### Interim summary

#### Spectral analysis

Decompose signal into its constituent oscillatory components Focused on 'stationary' power

Tapers

Boxcar, Hanning, Gaussian

Multitapers

Control spectral leakage/smoothing

Typically, brain signals are not 'stationary'

- Divide the measured signal in shorter time segments and apply Fourier analysis to each signal segment
- Everything we saw so far with respect to frequency resolution applies here as well

```
cfg = [];
cfg.method = 'mtmconvol';
.
.
freq = ft_freqanalysis(cfg, data);
```







high



Frequency (Hz)

















#### Evoked versus induced activity





Noisy signal -> many trials needed



#### The time-frequency plane



## The time-frequency plane

The division is 'up to you' Depends on the phenomenon you want to investigate:

- Which frequency band?
- Which time scale?



time



#### Time versus frequency resolution



short timewindow

#### long timewindow



#### Interim summary

#### Time frequency analysis

Fourier analysis on shorter sliding time window Evoked & Induced activity Time frequency resolution trade off Wavelet analysis

Popular method to calculate time-frequency representations

Is based on convolution of signal with a family of 'wavelets' which capture different frequency components in the signal

Convolution ~ local correlation

#### Wavelet analysis



#### Wavelets



#### Sine wave



Wavelet analysis

Wavelet width determines the time-frequency resolution Width is a function of frequency (often 5 cycles)

- 'Long' wavelet at low frequencies leads to relatively narrow frequency resolution but poor temporal resolution
- 'Short' wavelet at high frequencies leads to broad frequency resolution but more accurate temporal resolution



#### Wavelet analysis

#### Similar to Fourier analysis, but

Can be computationally slower

Tiles the time frequency plane in a particular way

with fewer degrees of freedom

<pre>%time frequency analysis with %multitapers</pre>	<pre>%time frequency analysis with %wavelets</pre>
cfg = [];	cfg = [];
cfg.method = mtmconvol;	cfg.method = wavelet;
cfg.toi = [0:0.05:1];	cfg.toi = [0:0.05:1];
cfg.foi = [ 4 8 80];	cfg.foi = [4 8 80];
cfg.t_ftimwin = [0.5 0.5 0.5];	cfg.width = 5;
cfg.tapsmofrq = [ 2 2 10];	•
•	•
•	•
<pre>freq=ft_freqanalysis(cfg, data);</pre>	<pre>freq=ft_freqanalysis(cfg, data);</pre>

Summary

Spectral analysis

Relation between time and frequency domains

Tapers

Time frequency analysis Time vs frequency resolution Wavelets

After the coffee break: hands-on

Time-frequency analysis

Different methods

Parameter tweaking

Power versus baseline

Visualization