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# Introduction to EEG, MEG and analysis with the FieldTrip toolbox

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NatMEG

# What is FieldTrip

a MATLAB toolbox for the analysis of MEG, EEG and animal electrophysiology data

can import data from many different file formats

contains algorithms for spectral analysis, source reconstruction, statistics, connectivity, …

# Talk outline

What kind of signals are generated in the brain

How do we record those signals

Analyzing those signals with FieldTrip

Background on the FieldTrip toolbox

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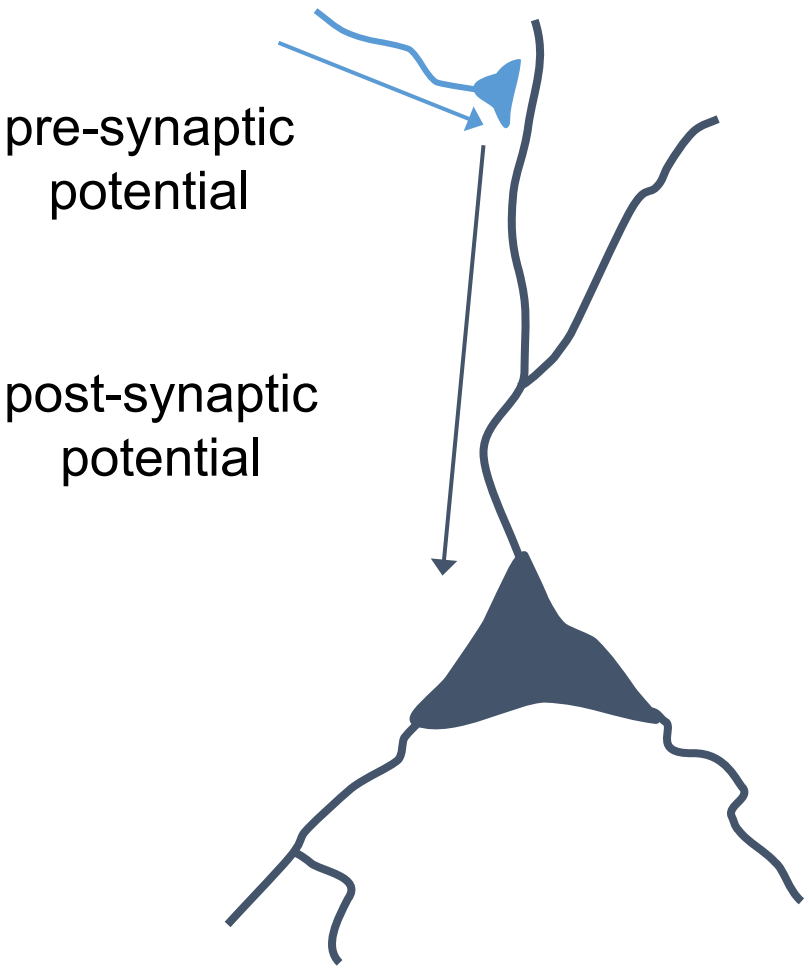
# What kind of signals are generated in the brain

We measure the scalp potentials or field associated with post-synaptic potentials in pyramidal neurons

These PSPs represent the exitatory and inhibitory input that these neurons receive

Usually we study this neuronal input following the presentation of a stimulus or following a cognitive event

# What generates the currents and fields



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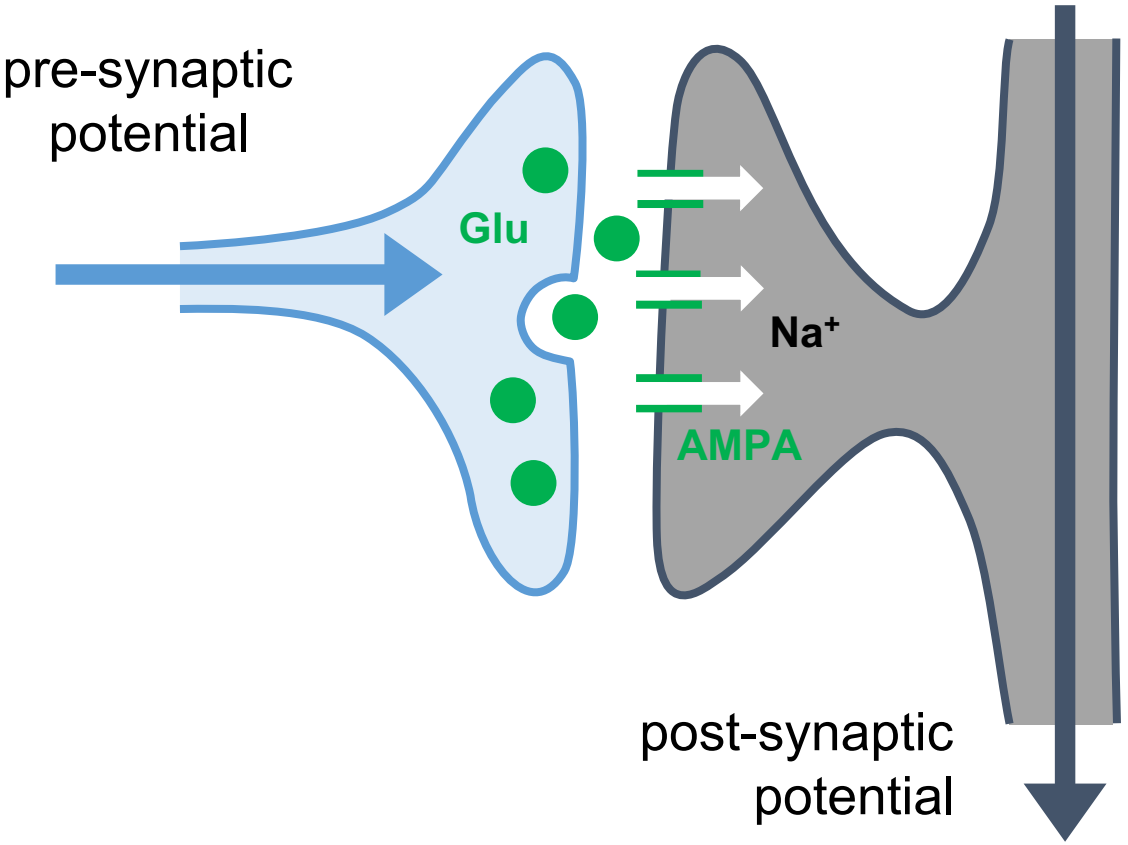

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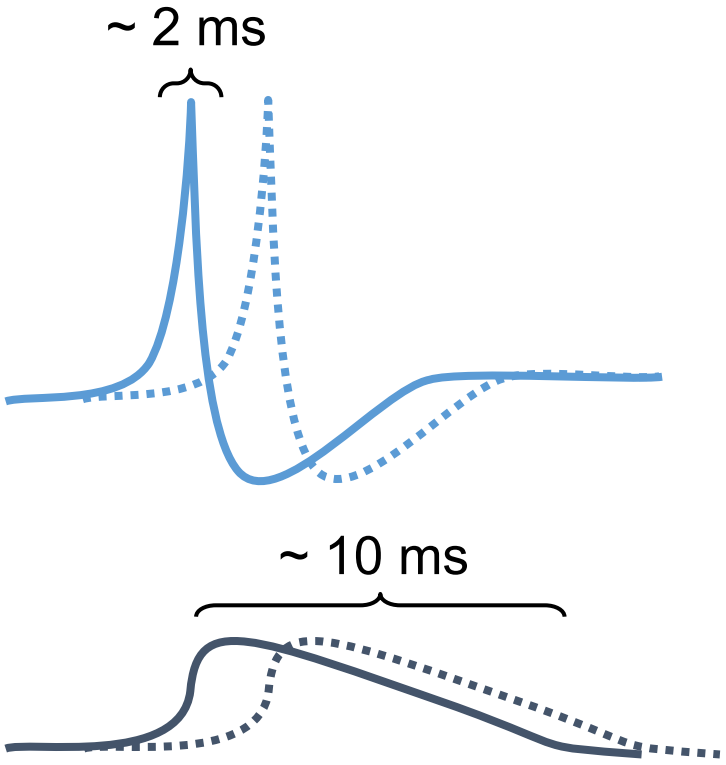

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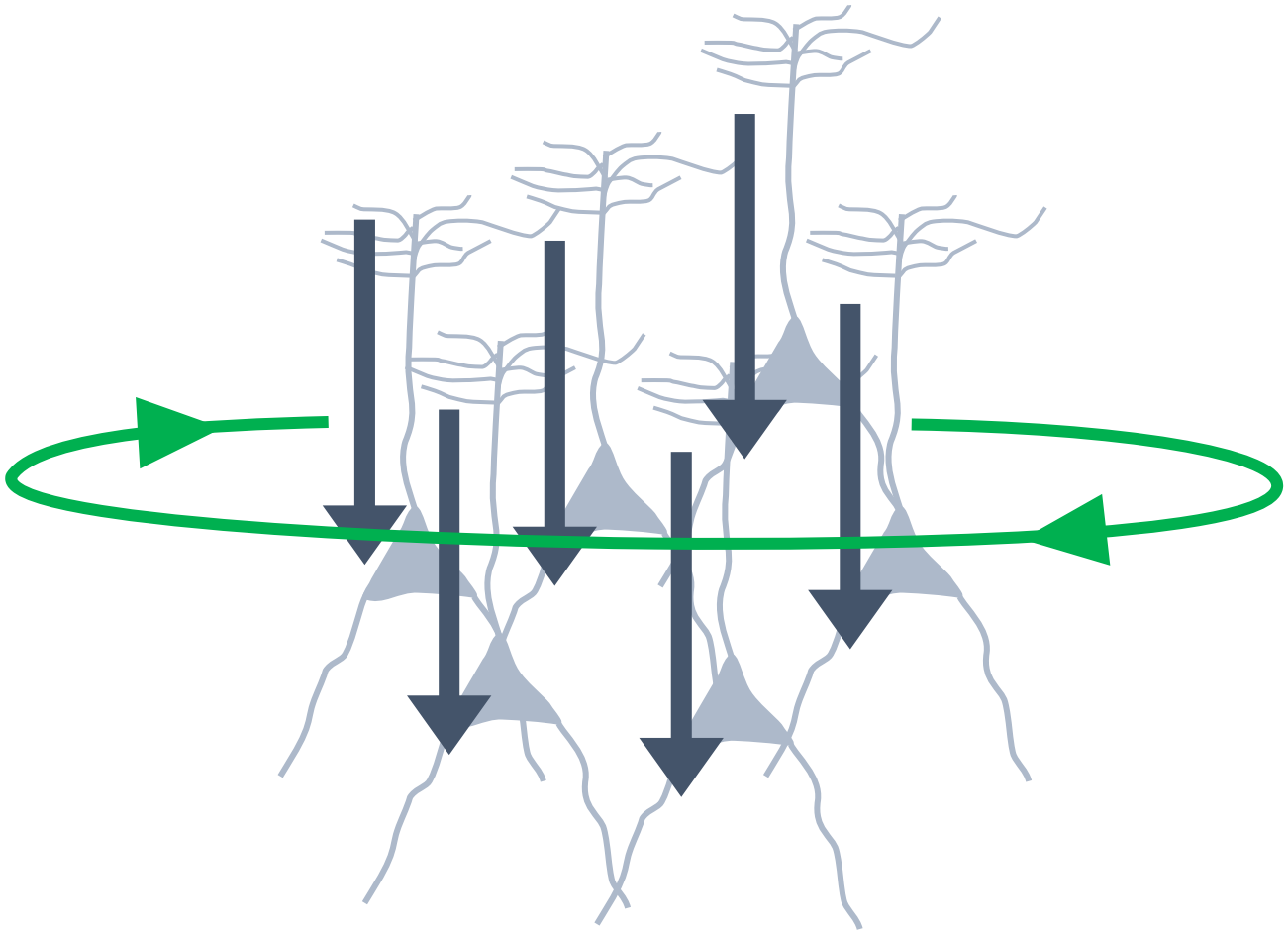

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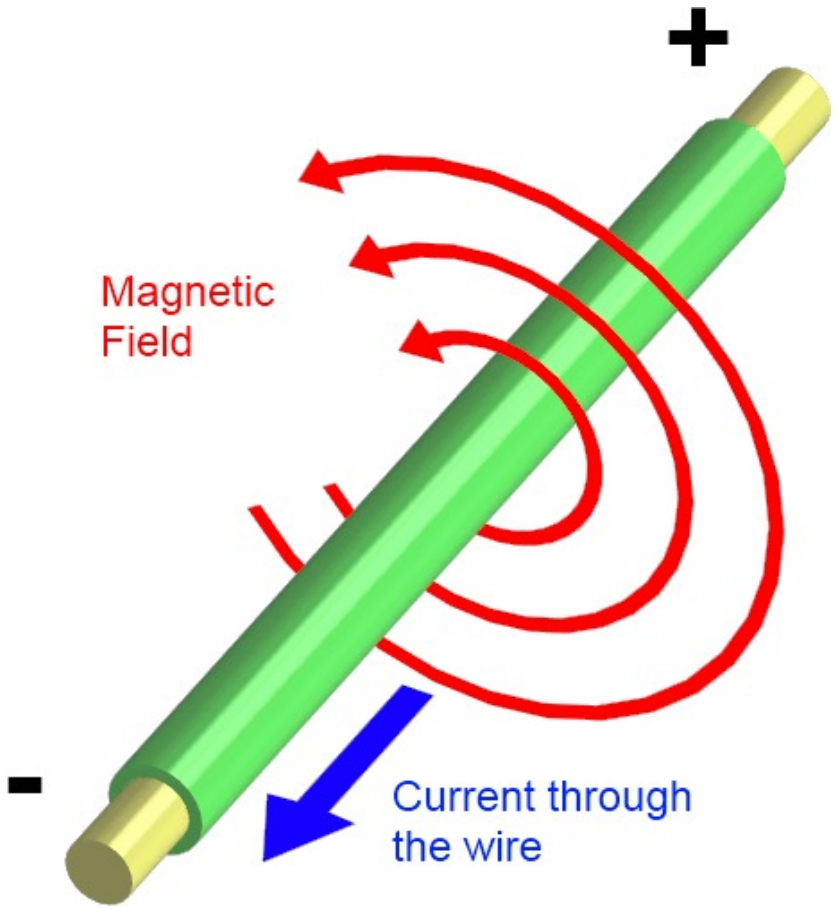

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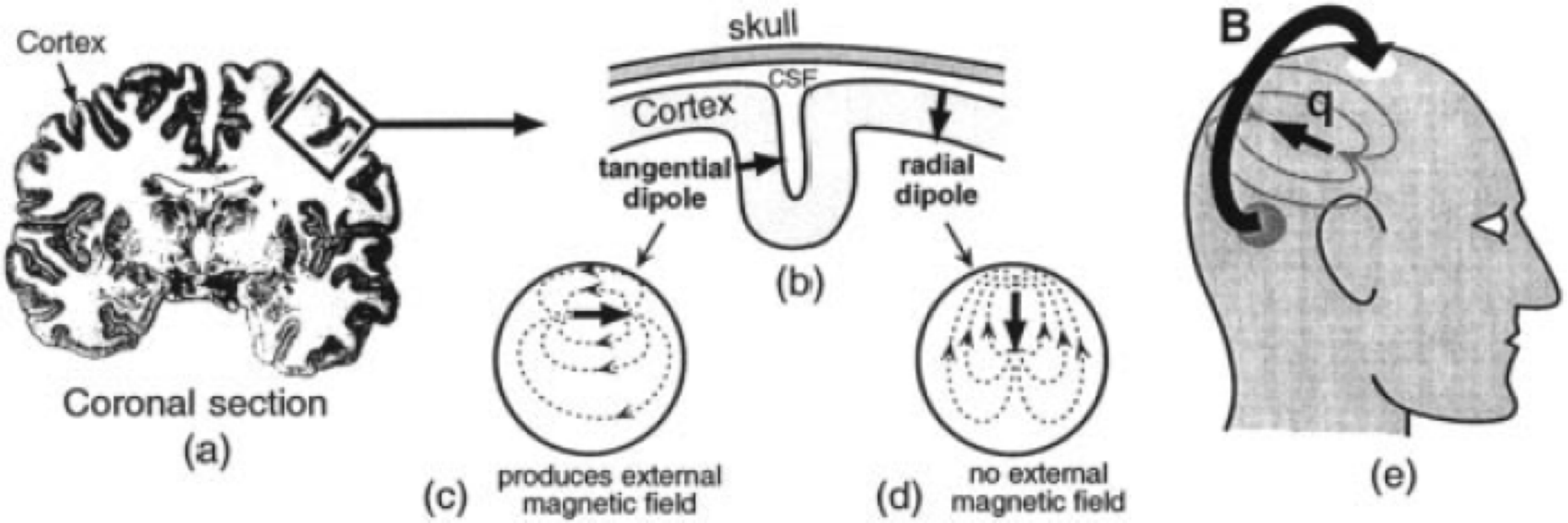
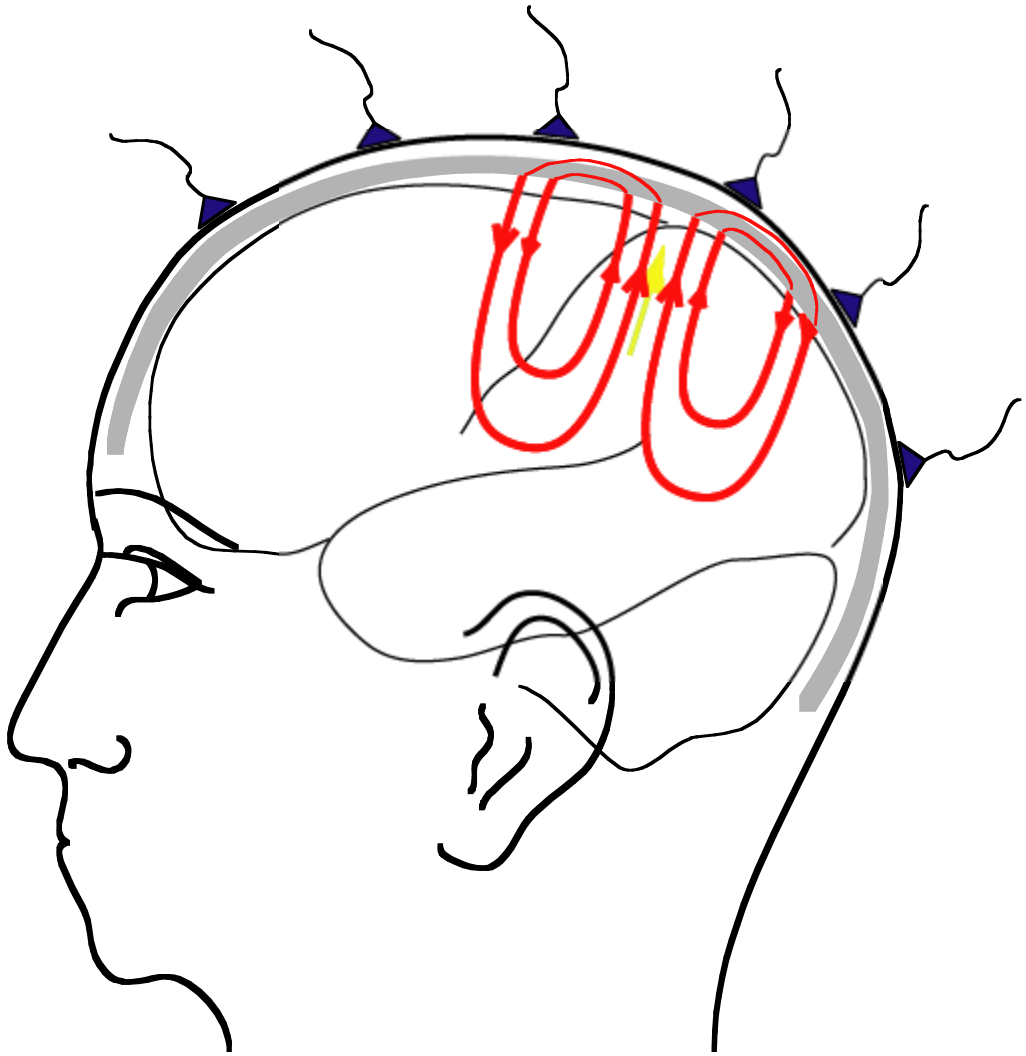
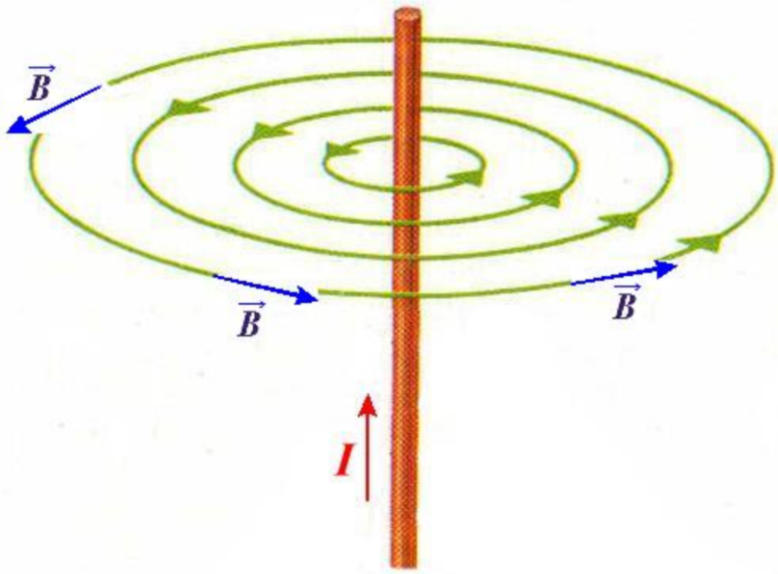


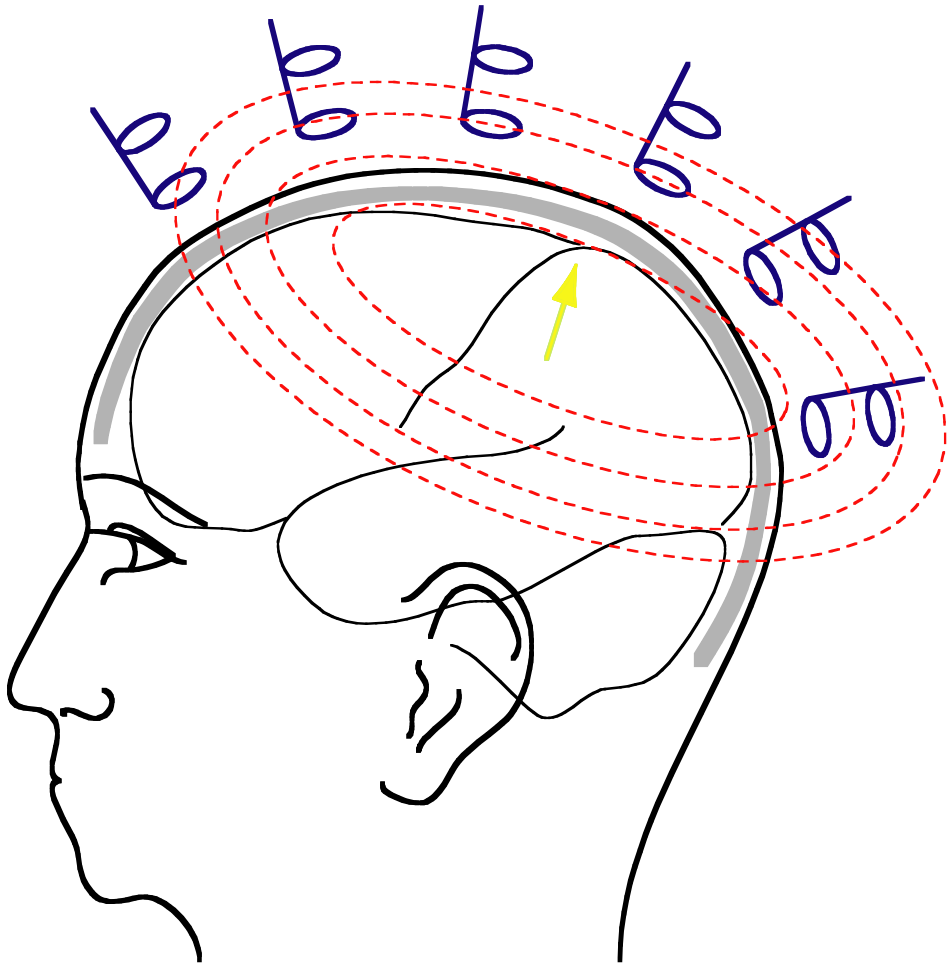

Vrba, 2001

# EEG volume conduction



# Electric current → magnetic field



# Talk outline

What kind of signals are generated in the brain

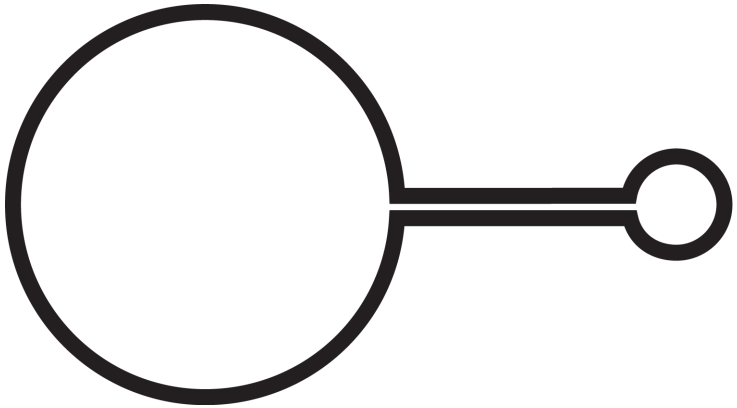
How do we record those signals

Analyzing those signals with FieldTrip

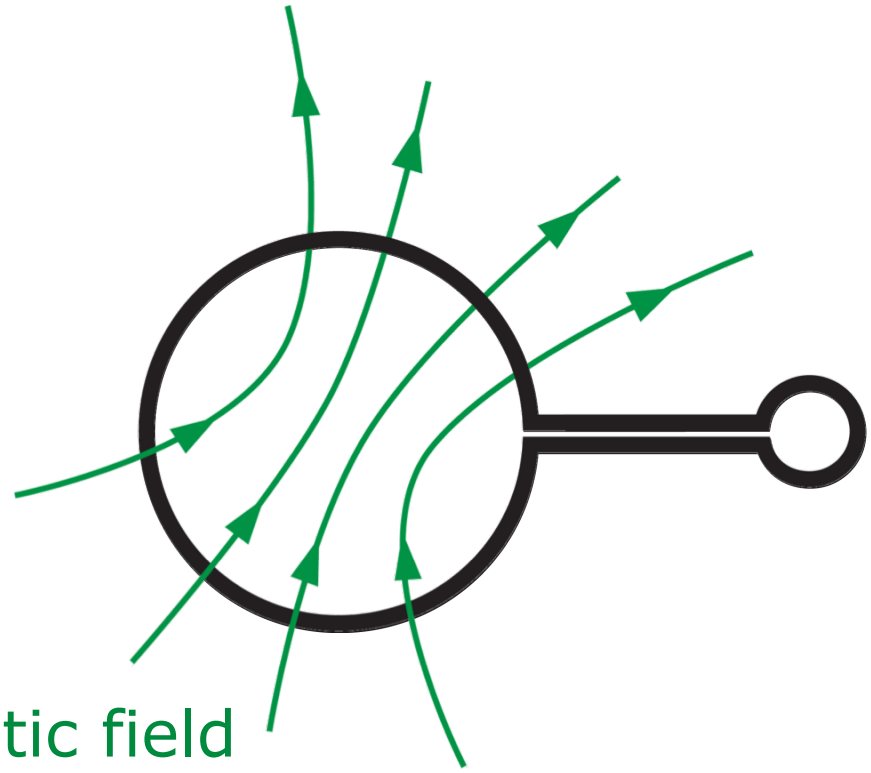
Background on the FieldTrip toolbox

# How do we record these signals from the brain

# Recording small magnetic fields

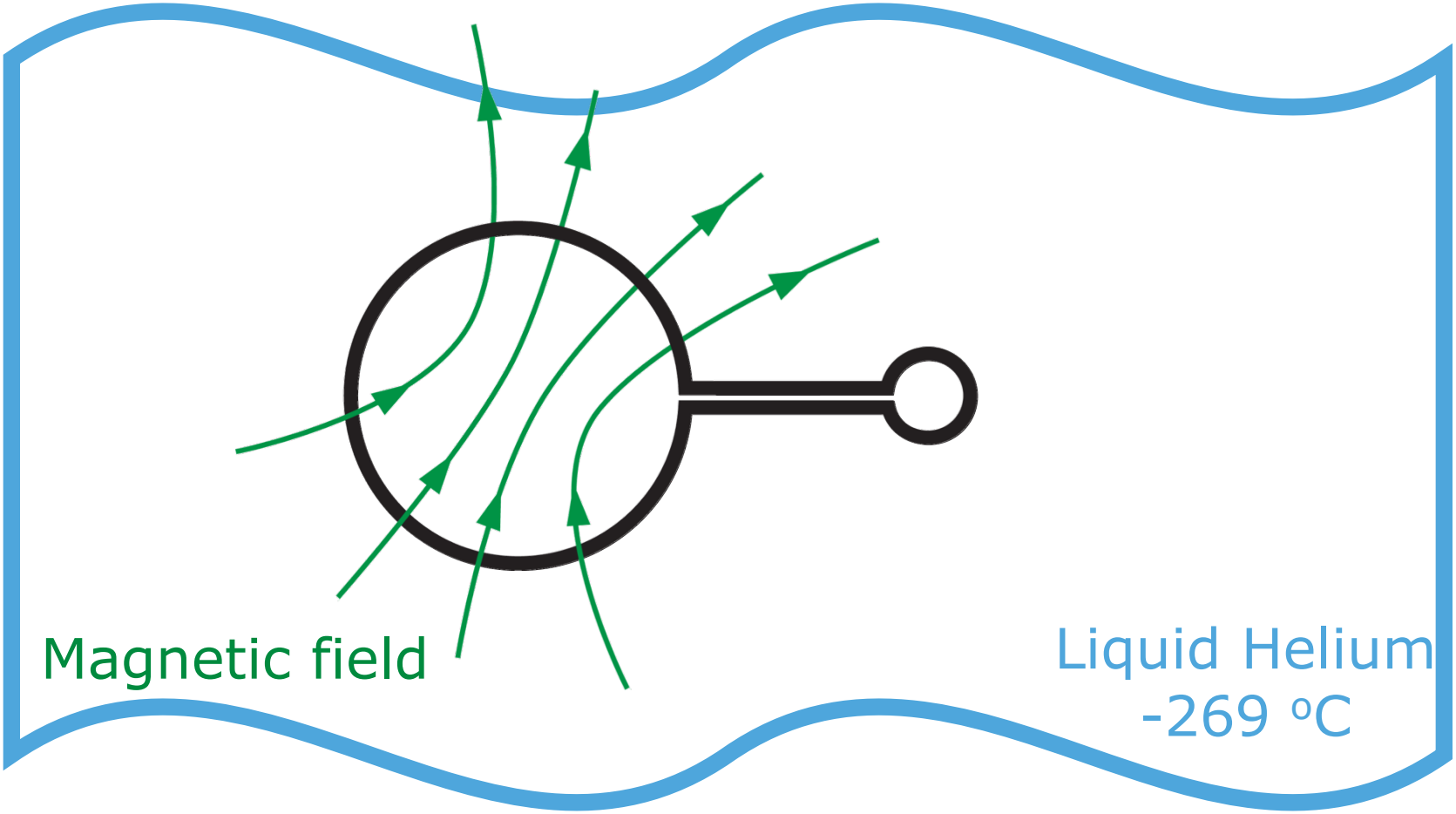


# Recording small magnetic fields

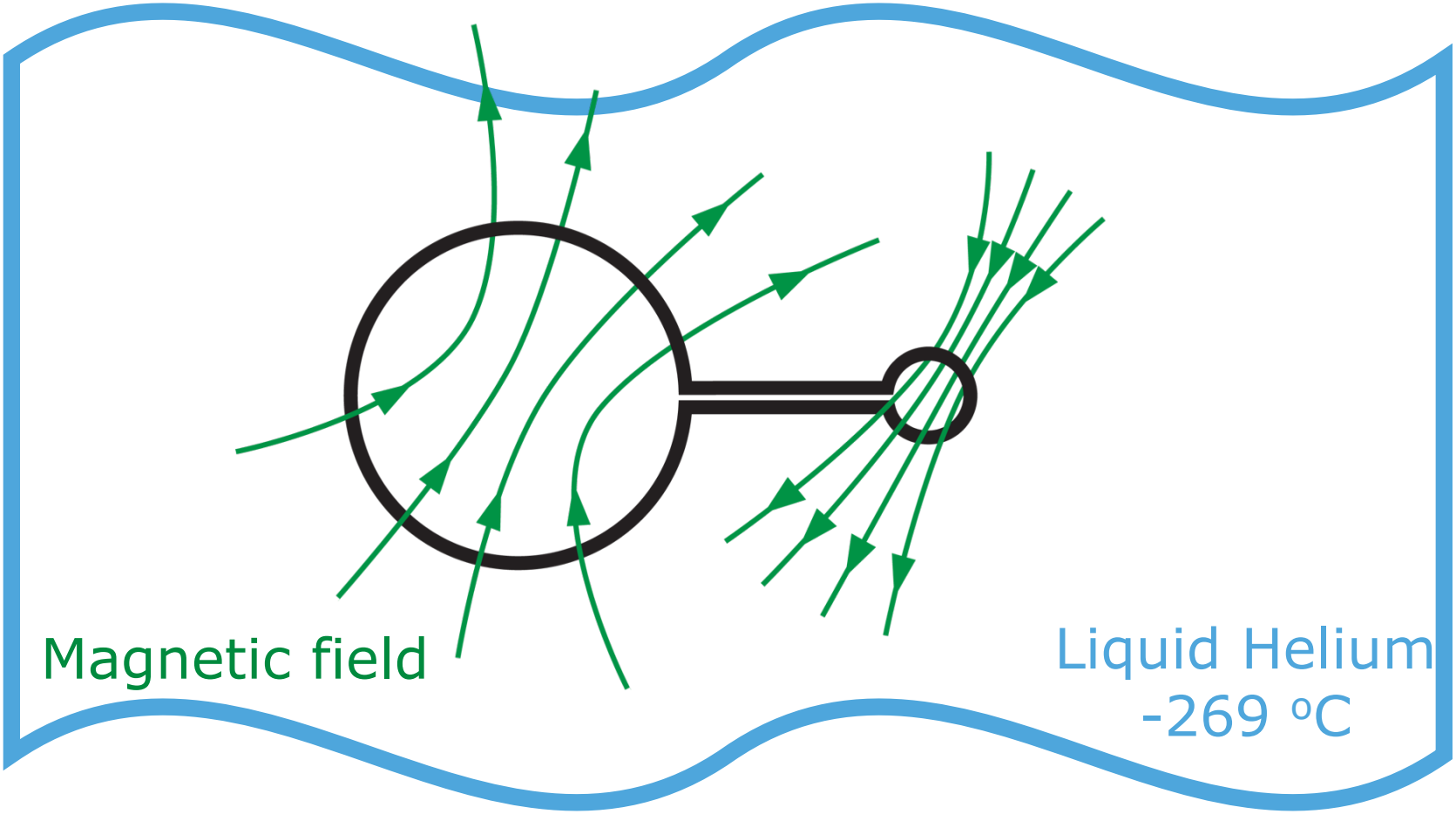


Magnetic field

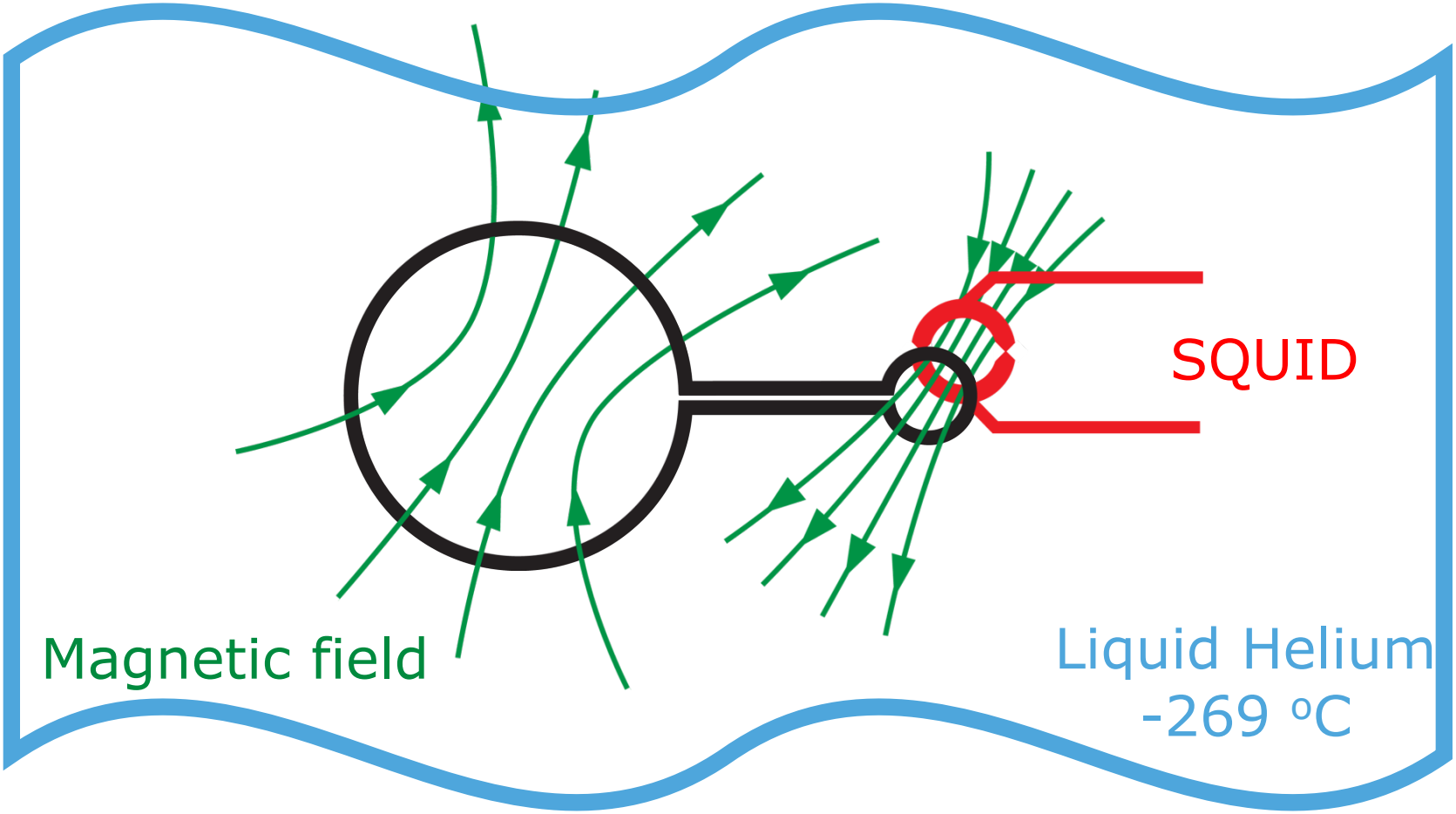
# Recording small magnetic fields



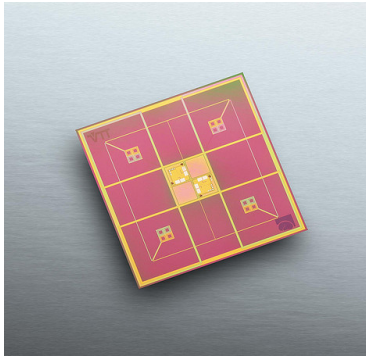
# Recording small magnetic fields

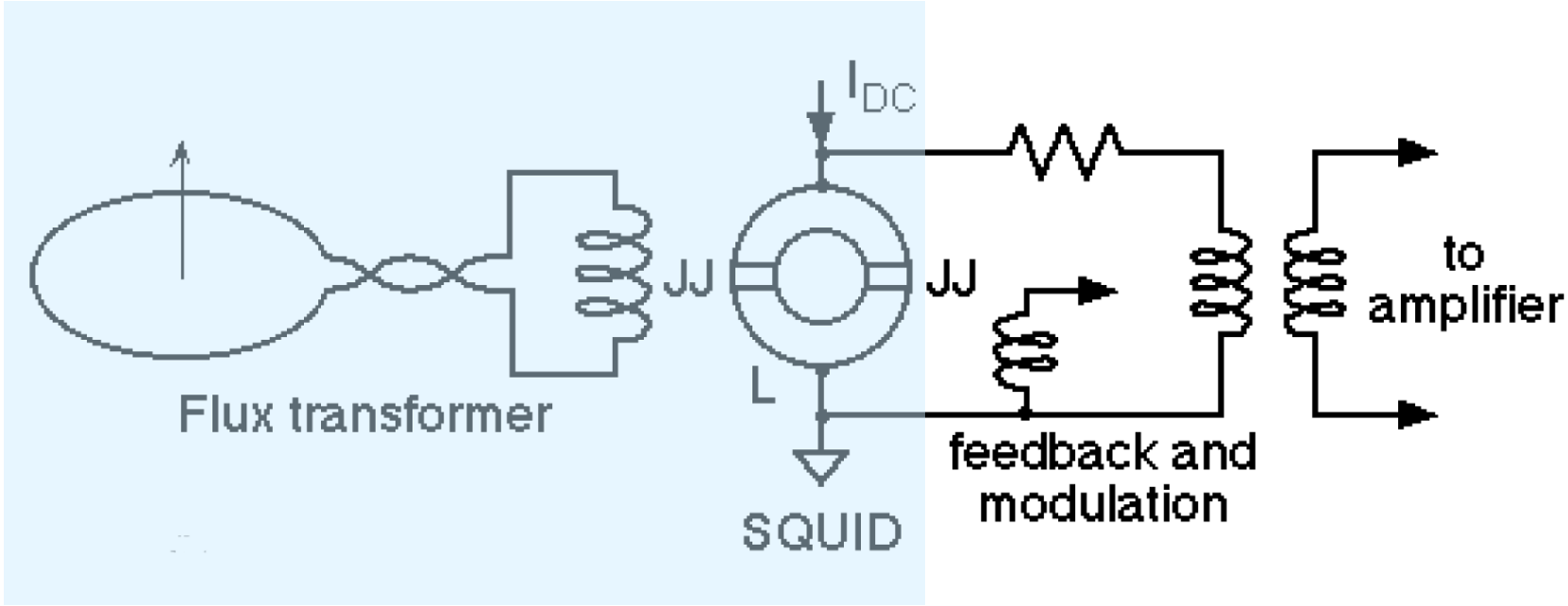


# Recording small magnetic fields



# Magnetic field detectors
# **S**uperconducting **QU**antum **I**nterference **D**evice





# Magnetic field strength - compared

| | | |
|---|---|---|
| $10^{-12}$ | 0.1 - 1.0 picoTesla | human brain |
| $10^{-9}$ | 0.1 -10 nanoTesla | heliosphere |
| $10^{-6}$ | 24 microTesla | magnetic tape near tape head |
| $10^{-5}$ | 300-600 μT microTesla | earth's magnetic field |
| $10^{-3}$ | 5 milliTesla | typical refrigerator magnet |
| $10^{0}$ | 1.5 - 7 Tesla | MRI systems |

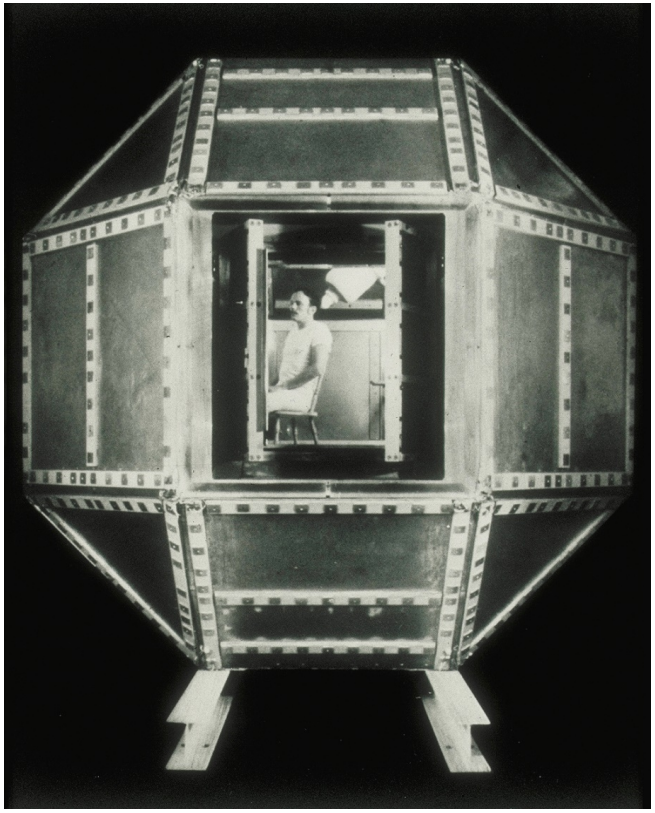
# Technical challenges of MEG

Requires sensitive magnetic detectors

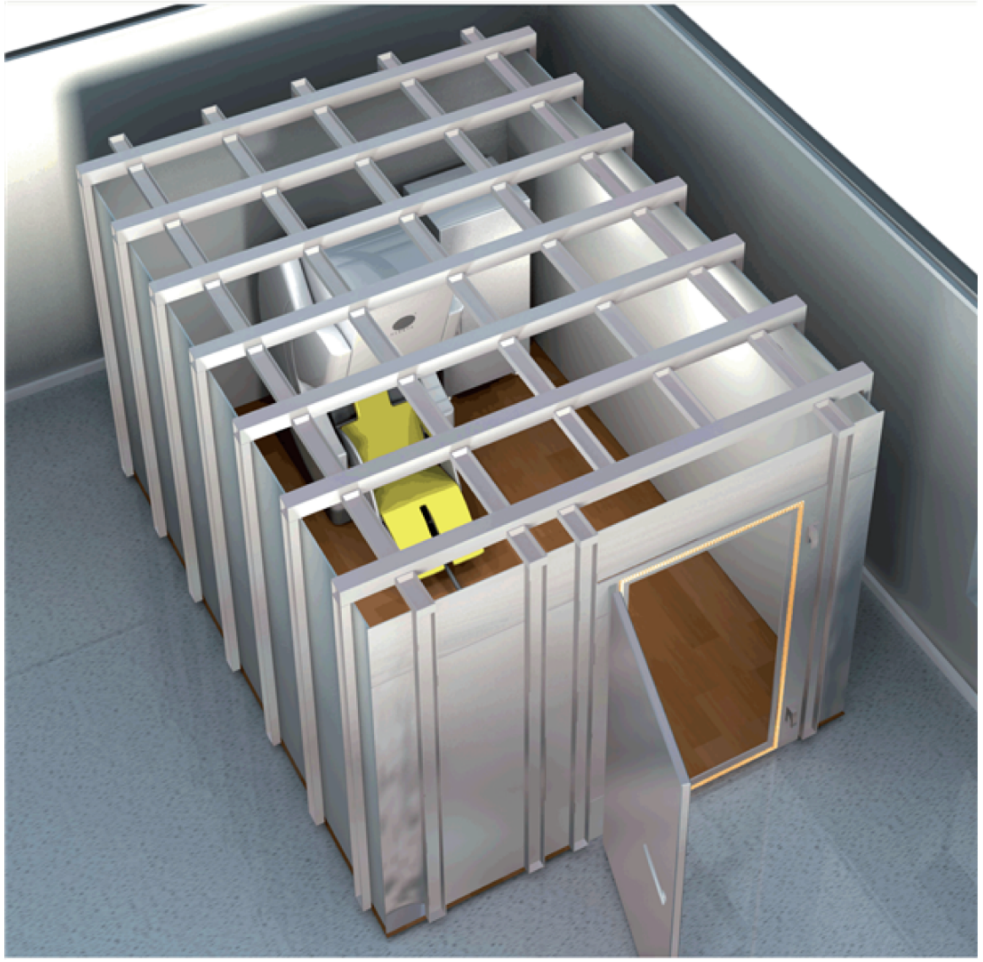
Deal with environmental noise

- shielding
- sensor design
- reference sensors for noise subtraction

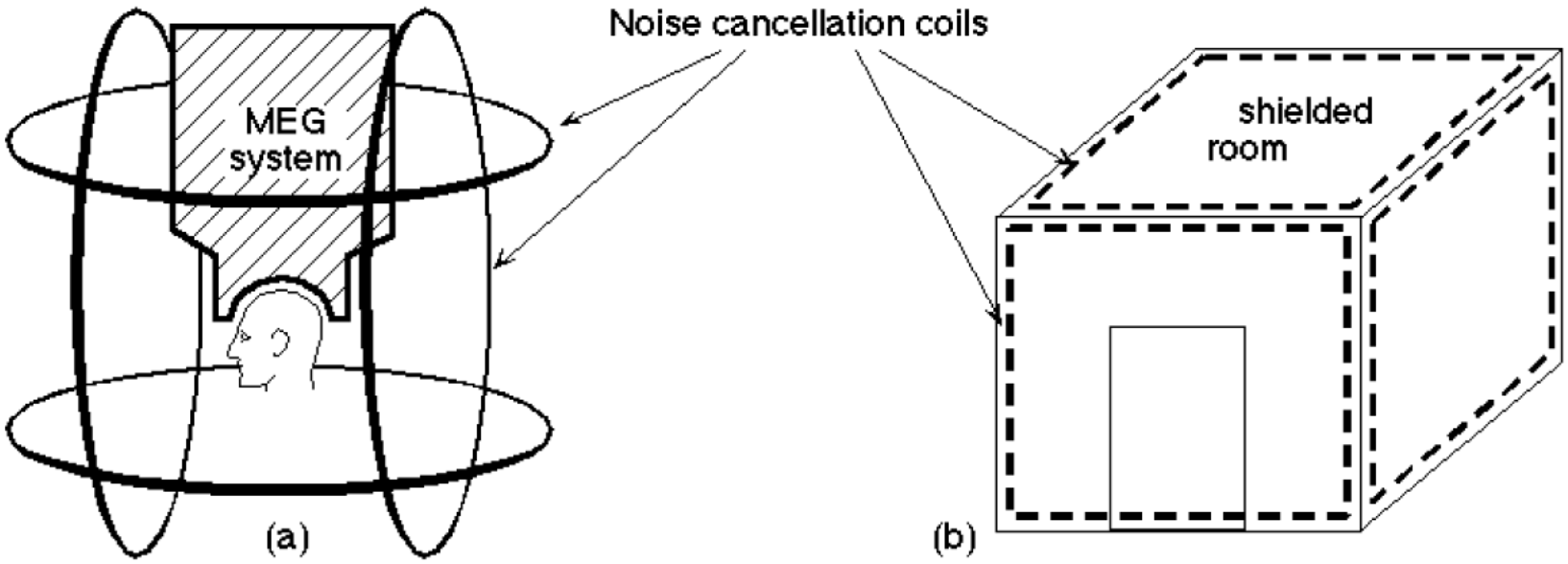
# Shielding - passive



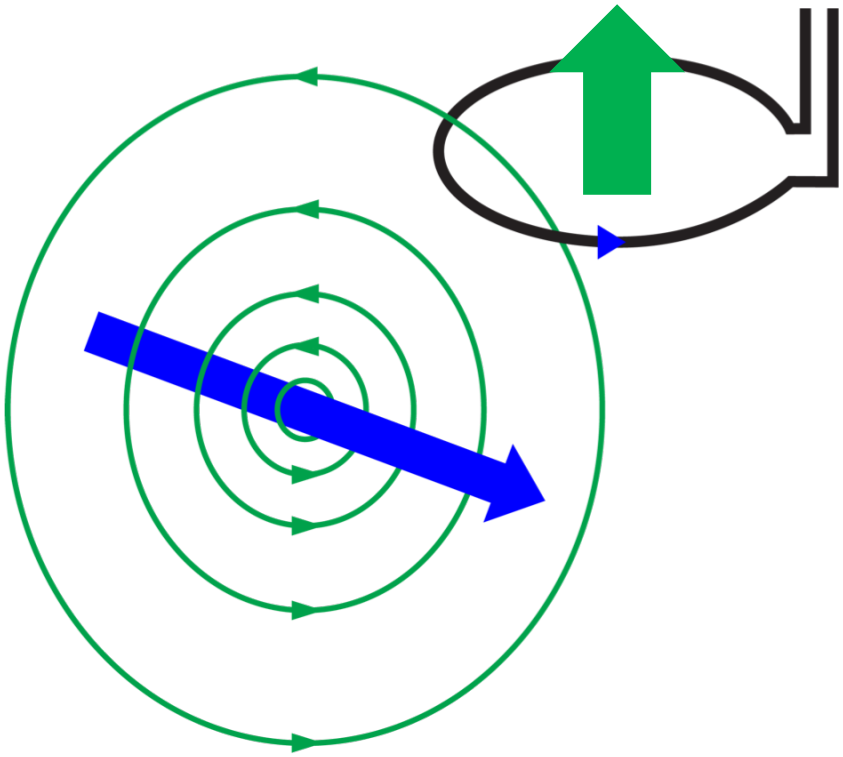
The magnetically shielded room built by David Cohen at MIT's Francis Bitter National Magnet Laboratory in 1969.



# Shielding - active



# Magnetometer



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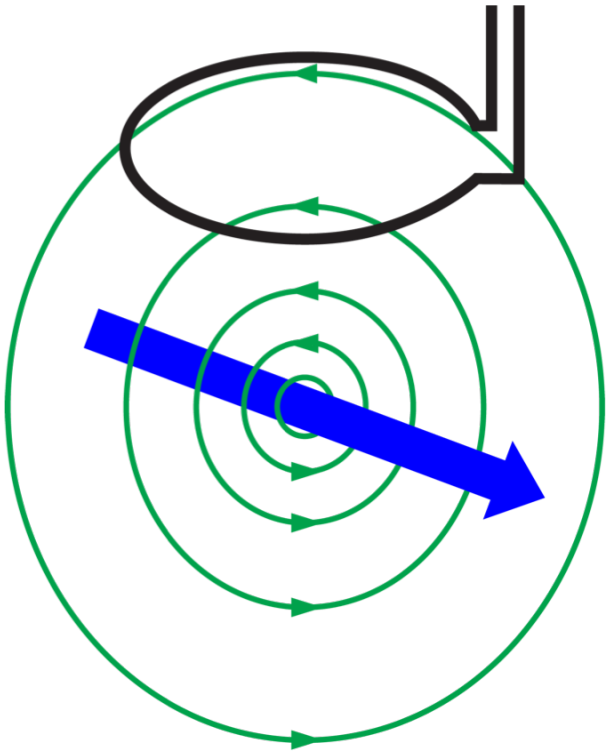

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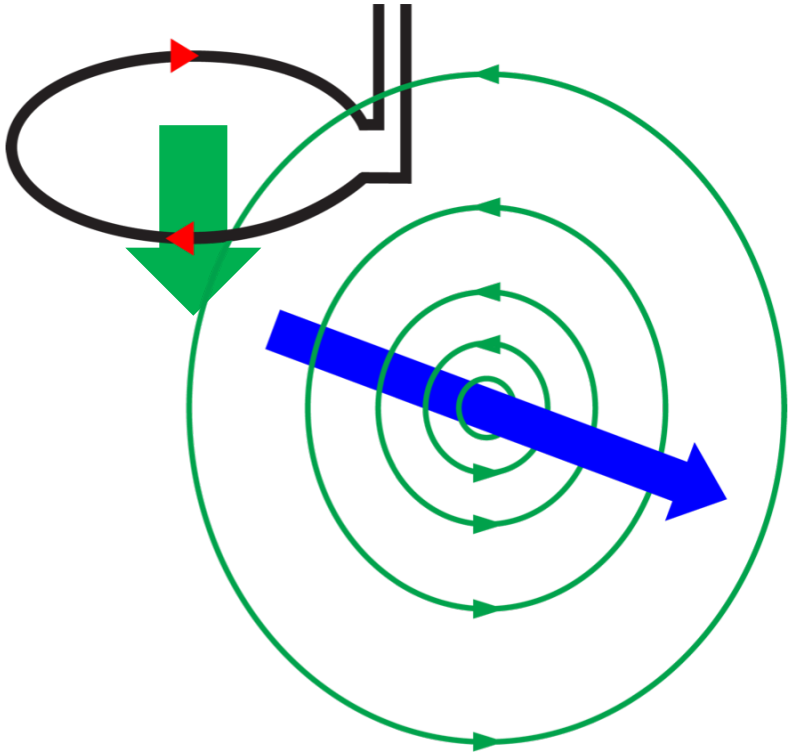
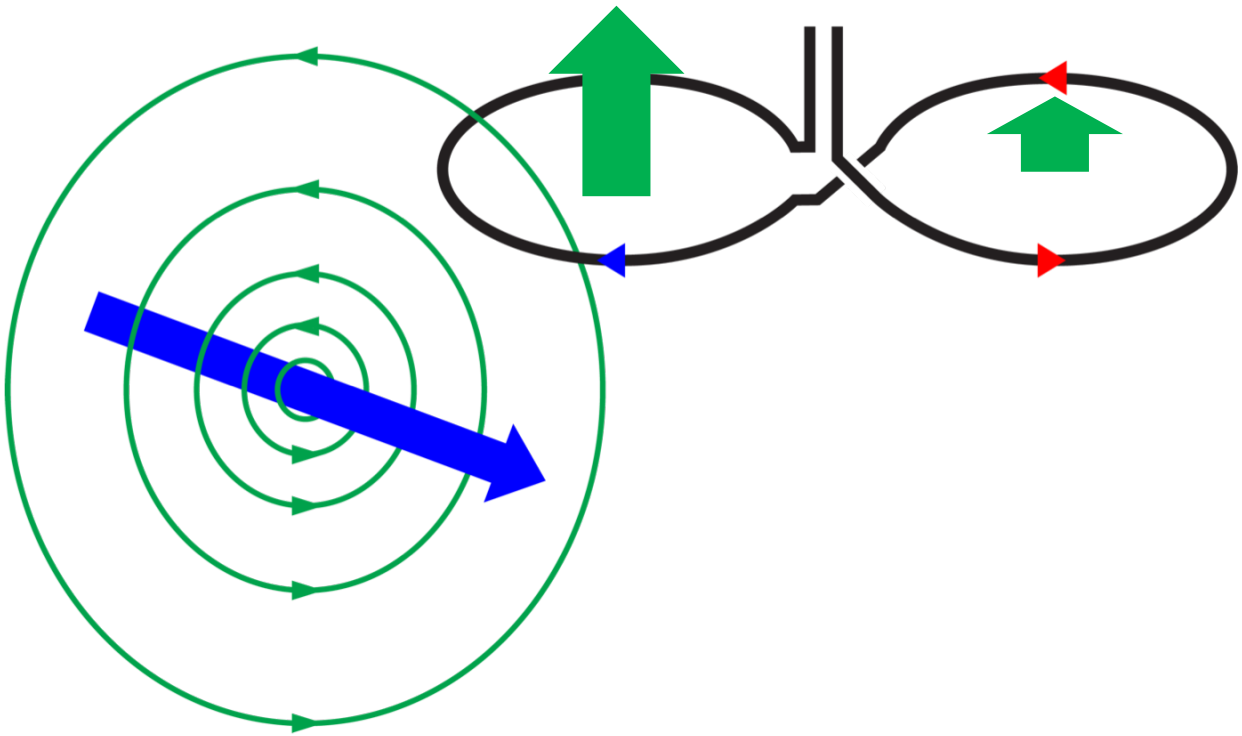


# Planar gradiometer



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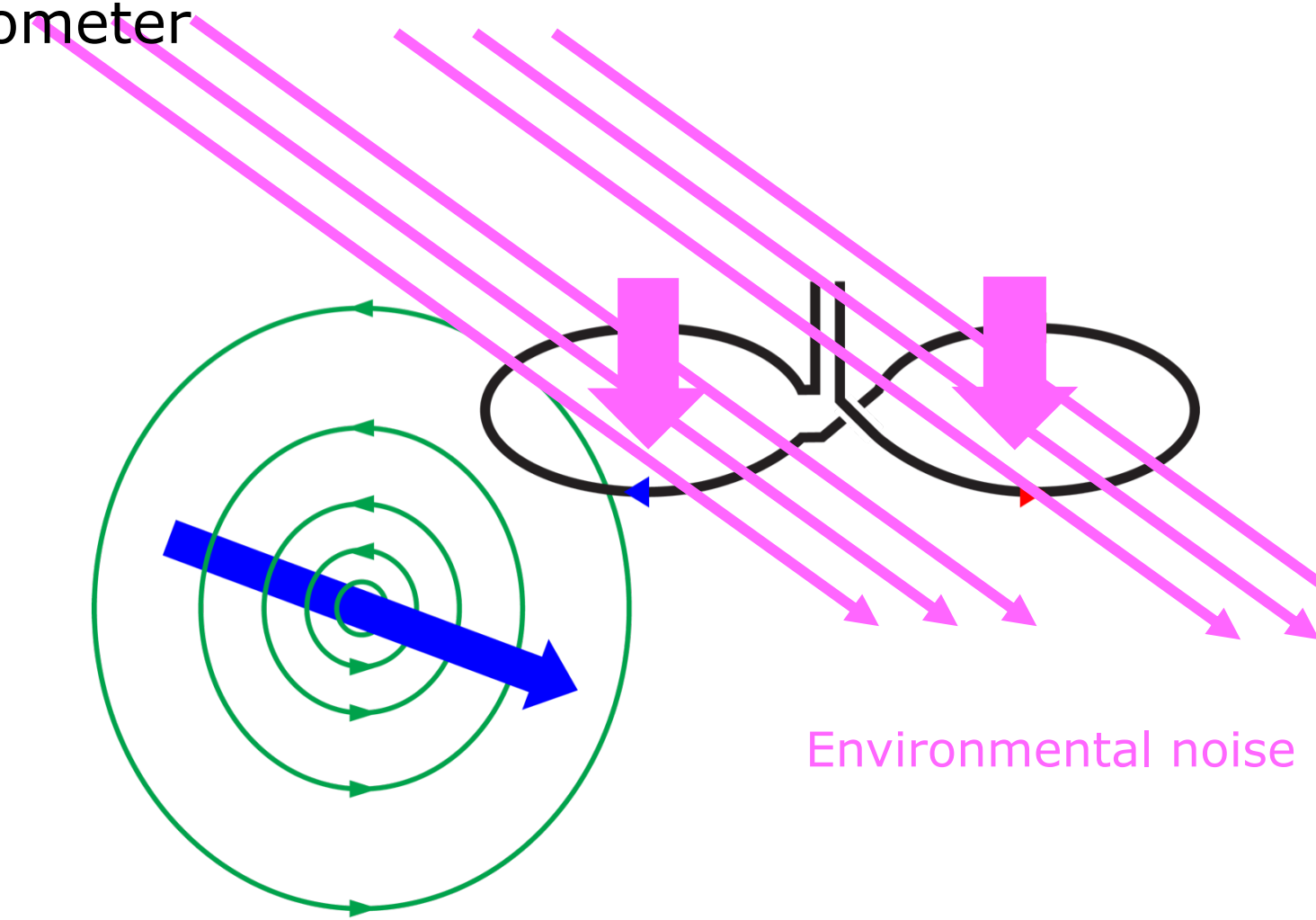

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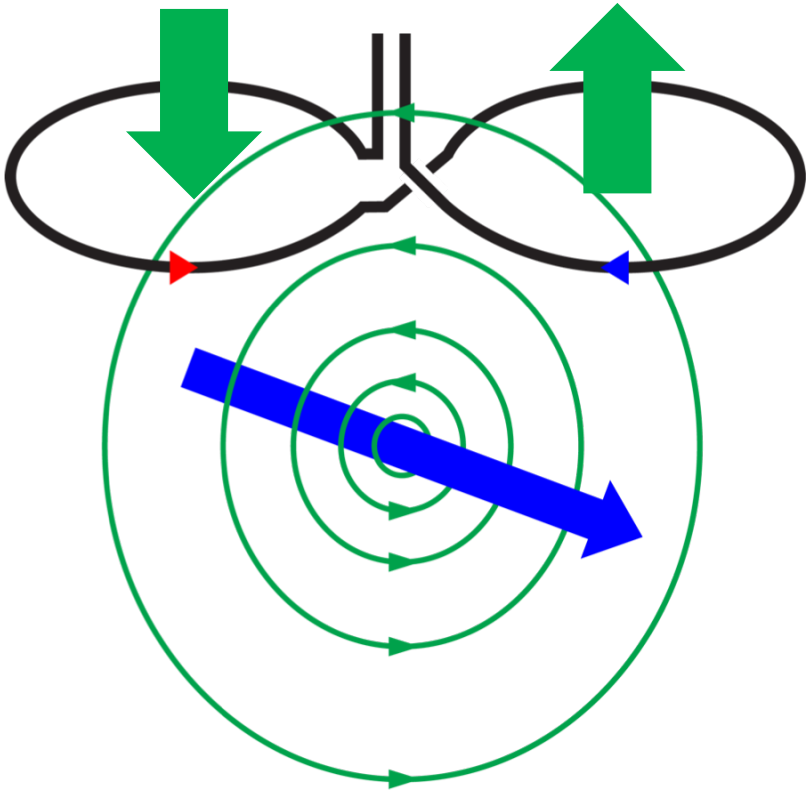
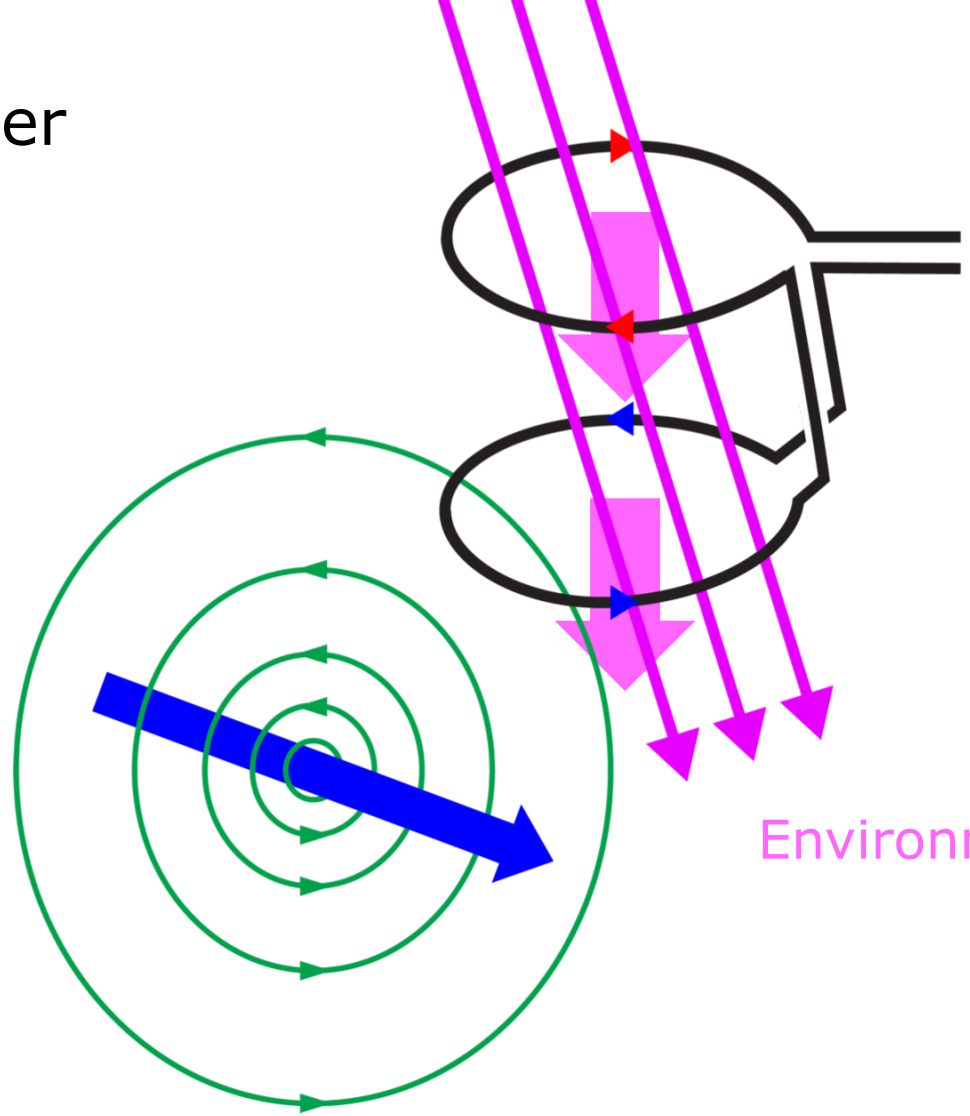
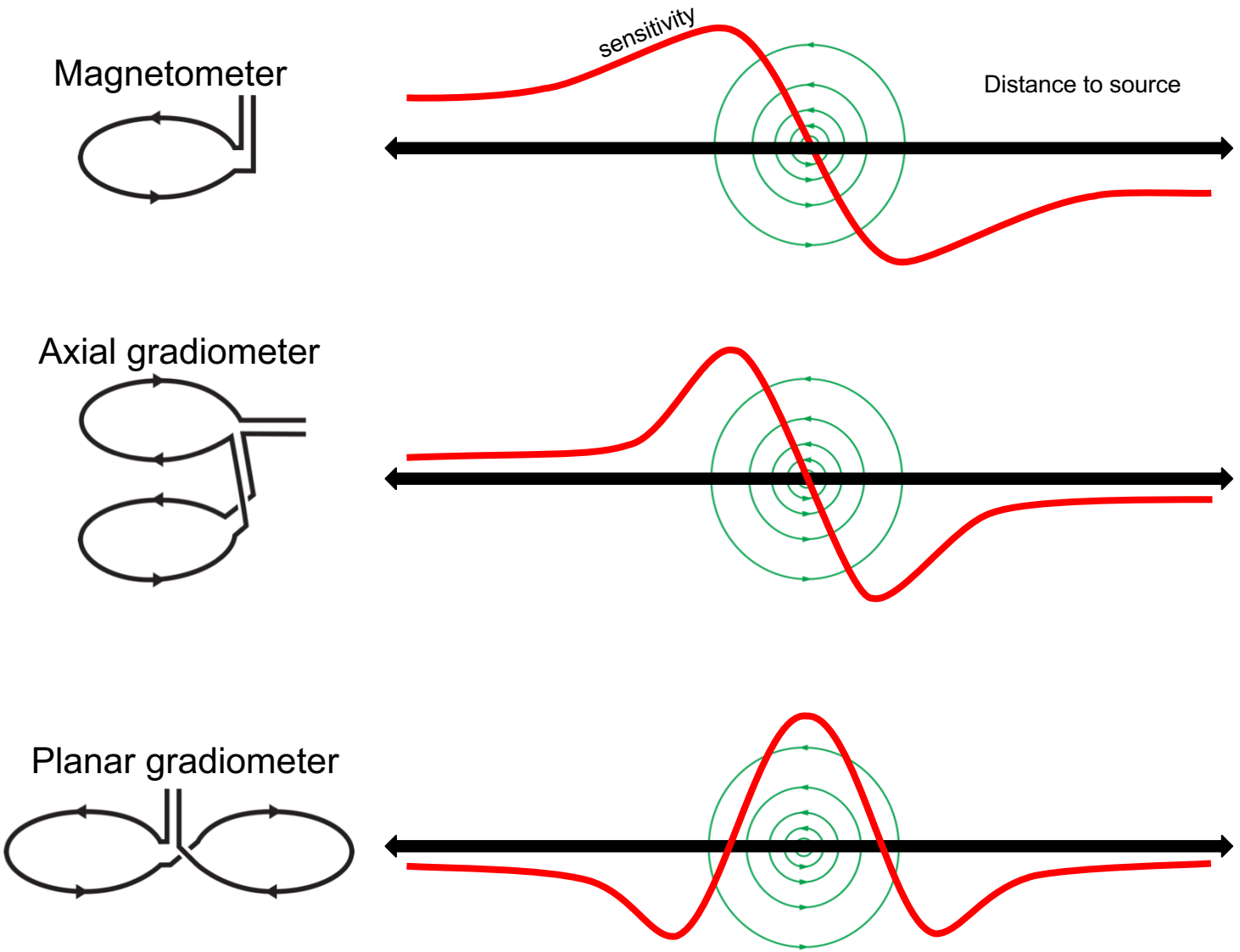


# Axial gradometer



Environmental noise

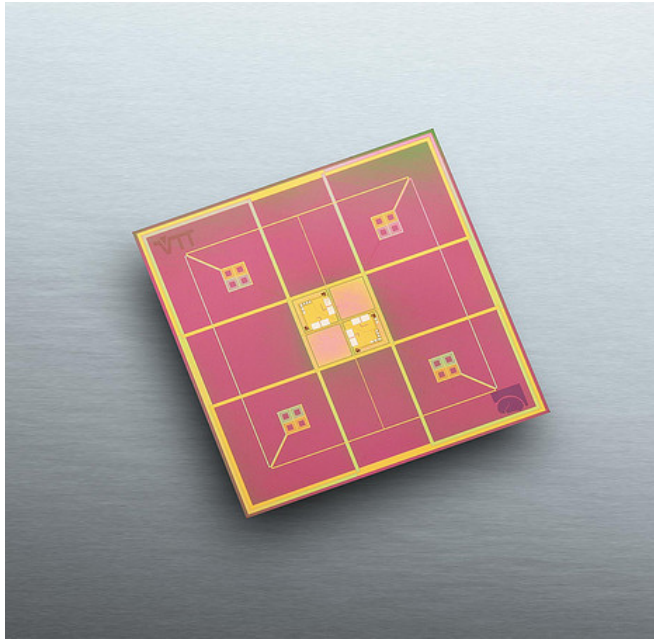
# MEG sensor – sensitivity profile



# MEG systems

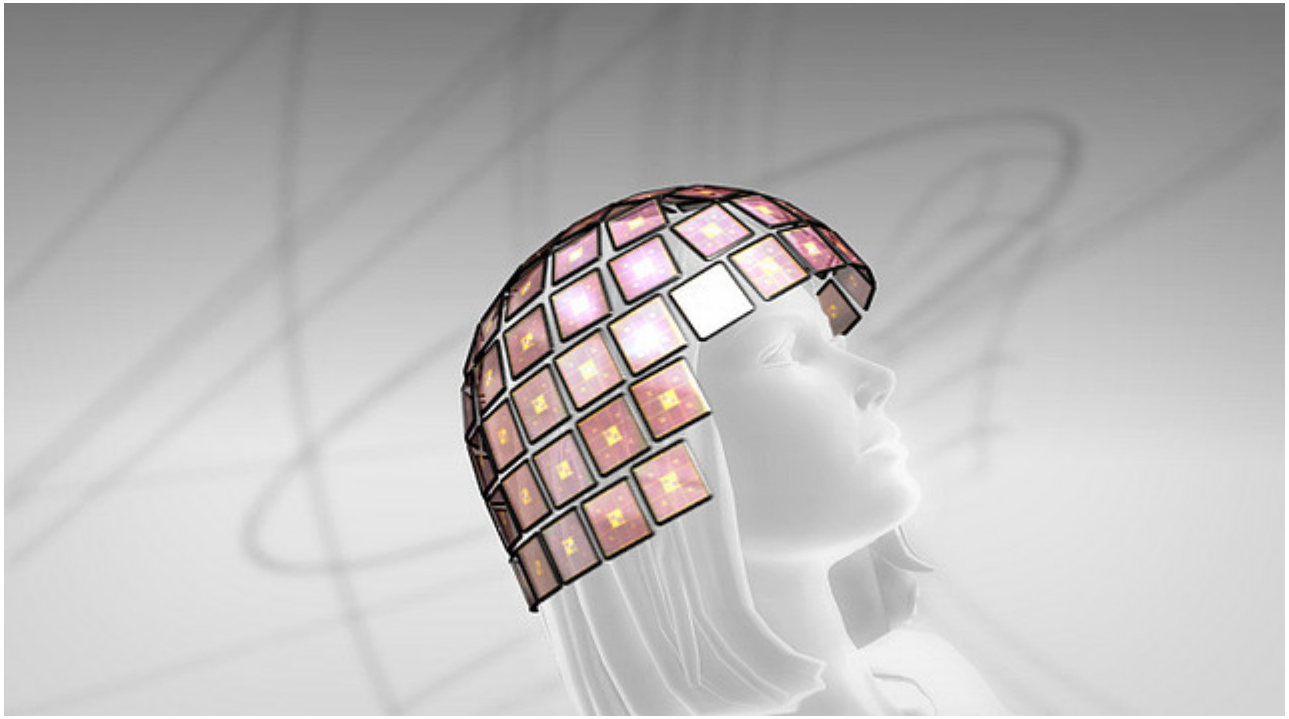
about 100-150 installations worldwide

two in the Netherlands



# Elekta Neuromag

102 magnetometers
204 planar gradiometers
306 channels total



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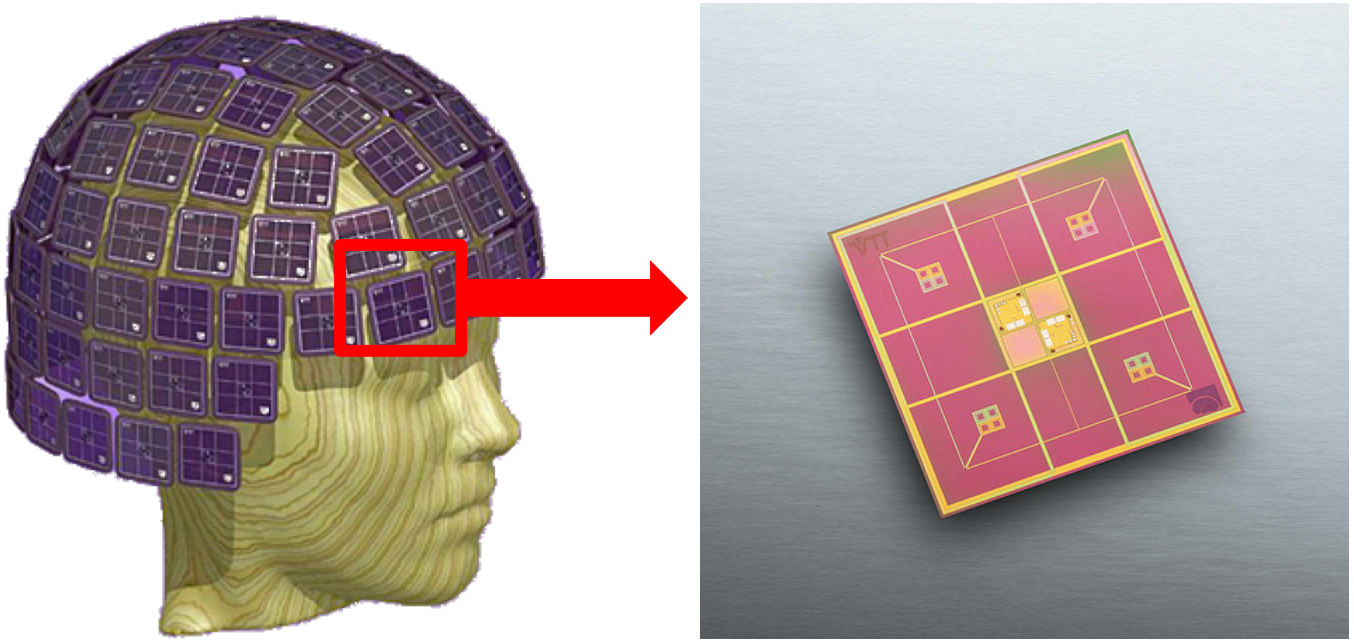

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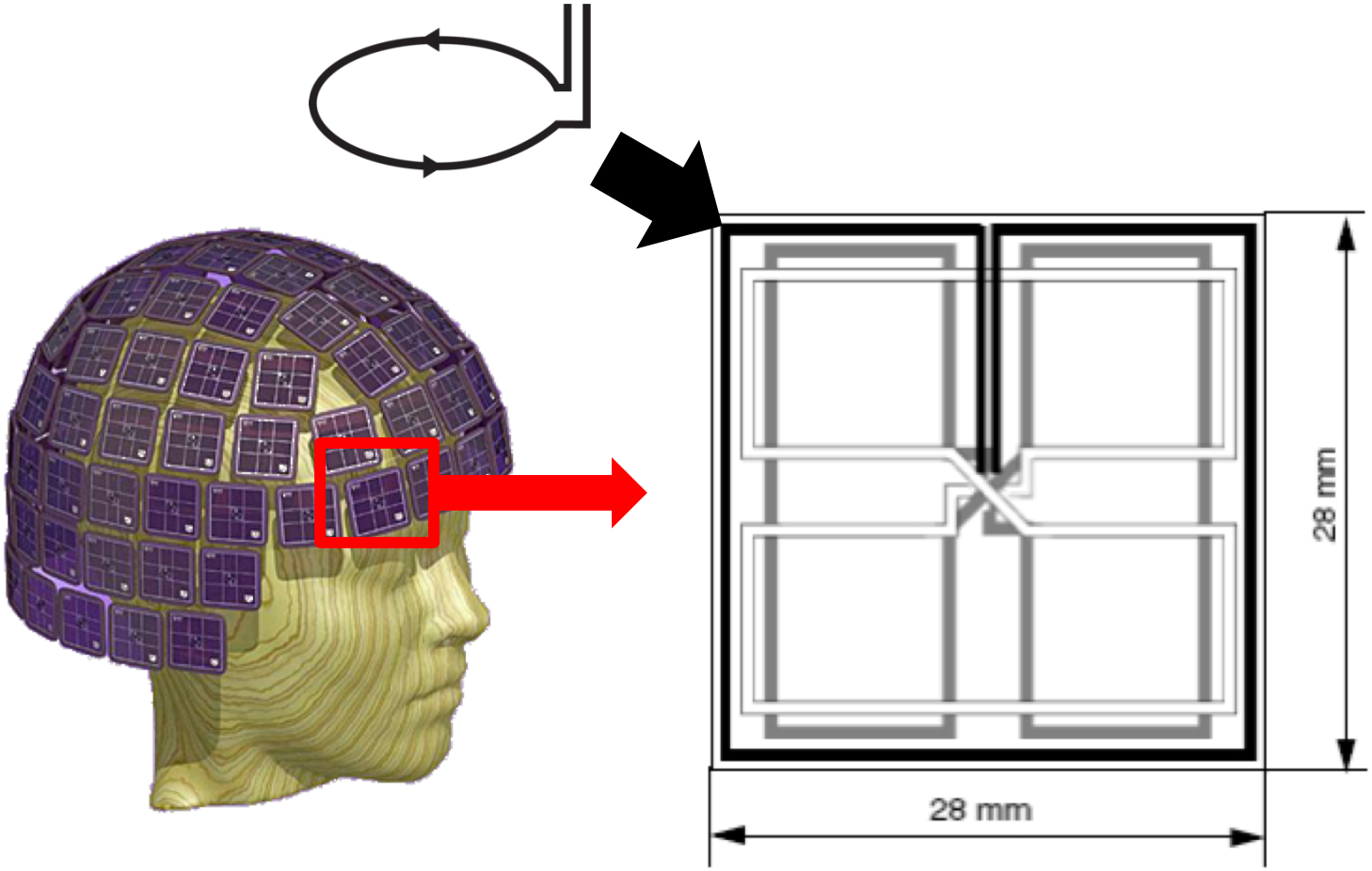

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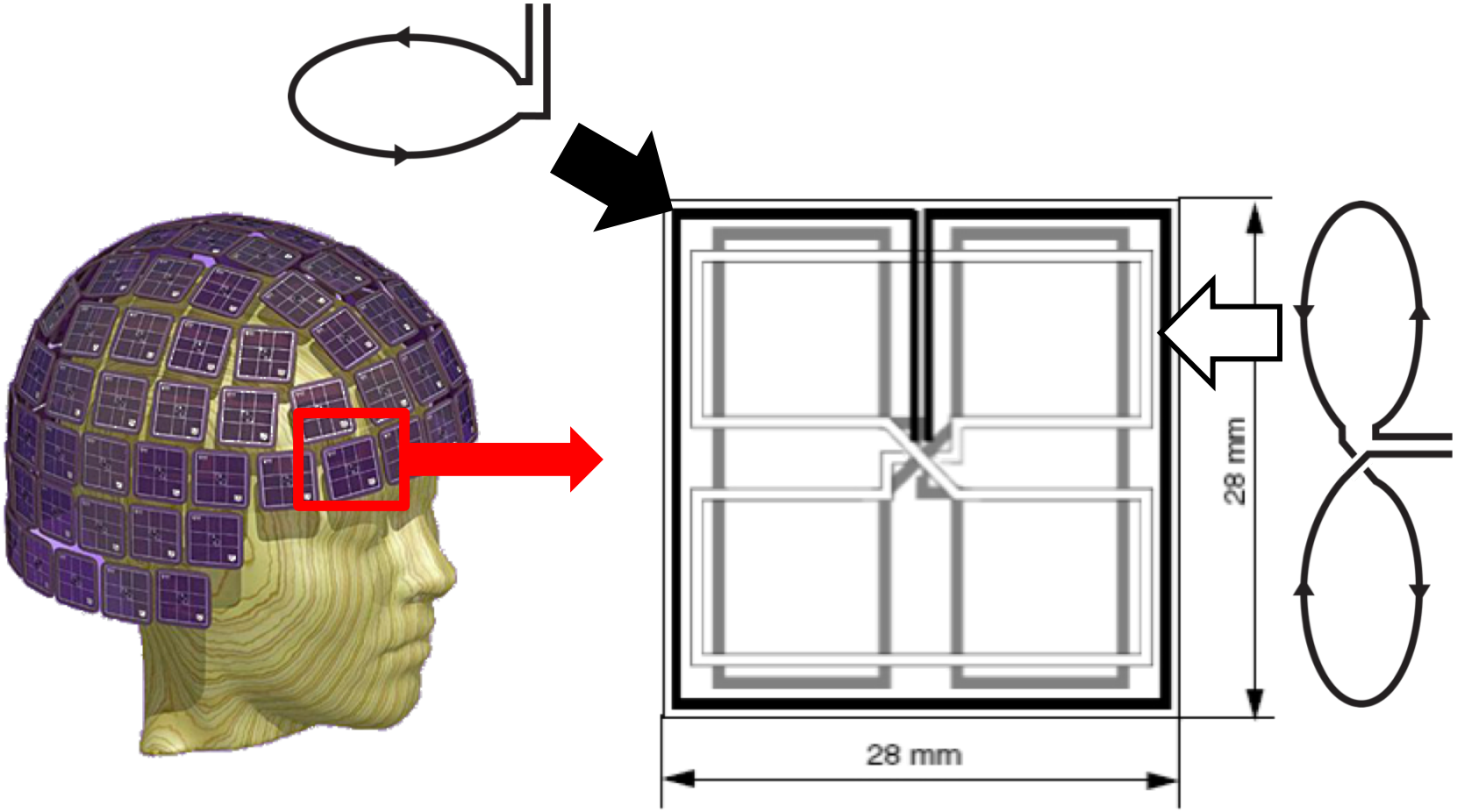

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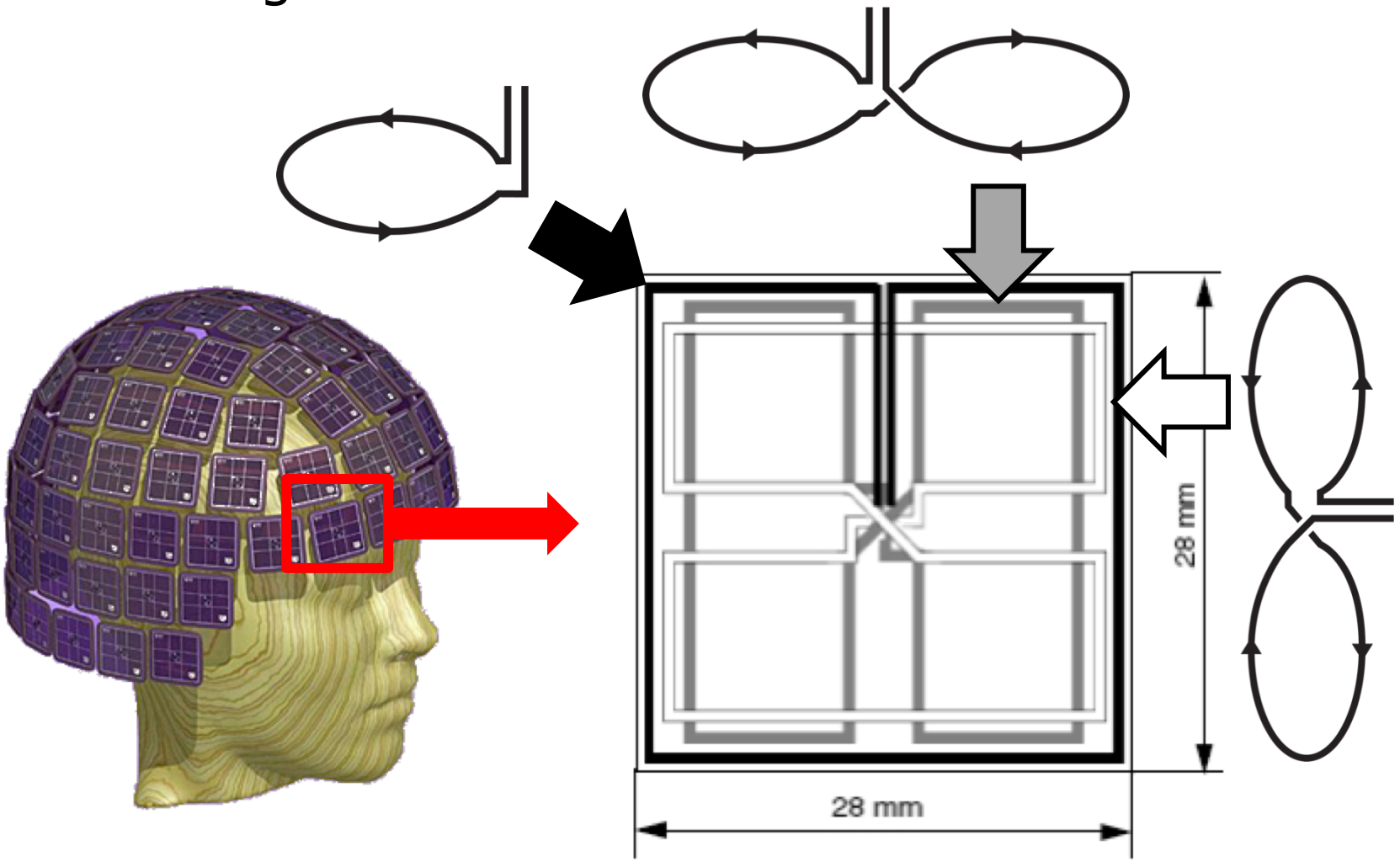

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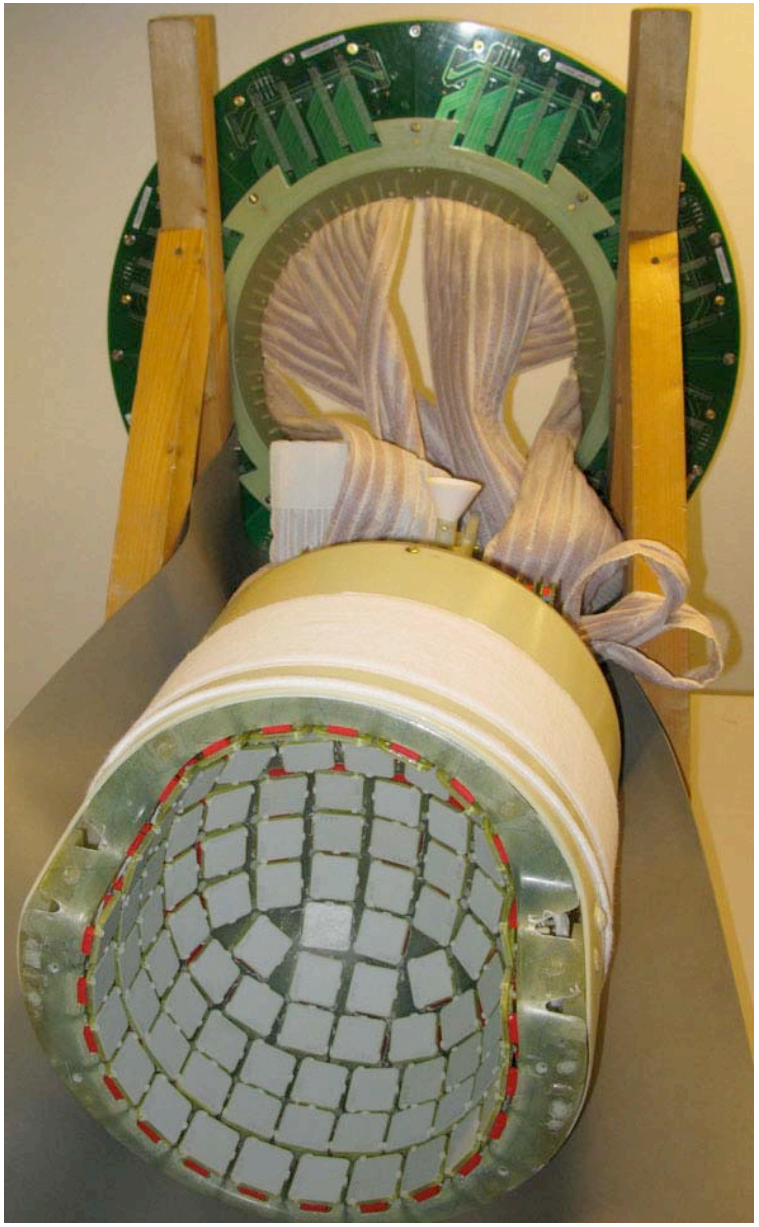
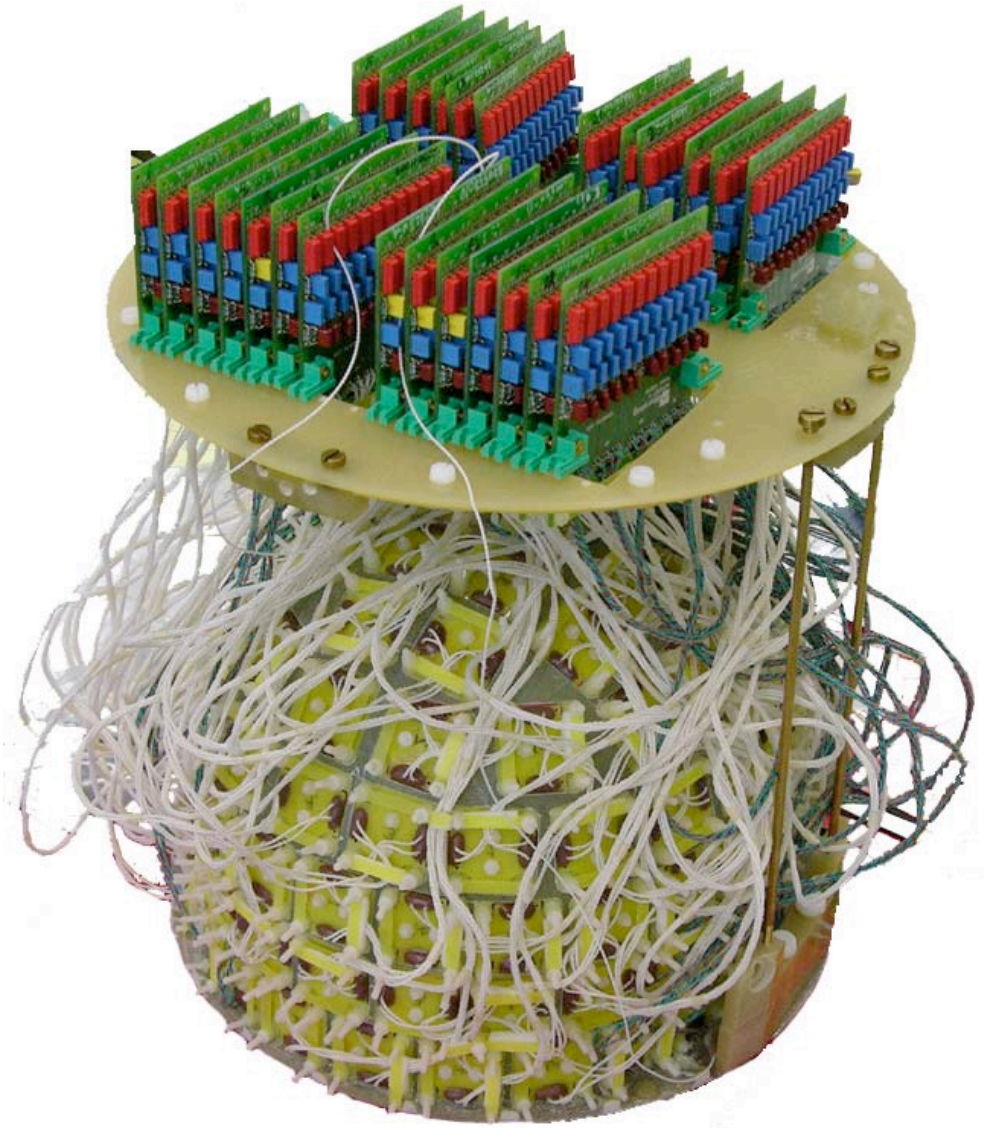
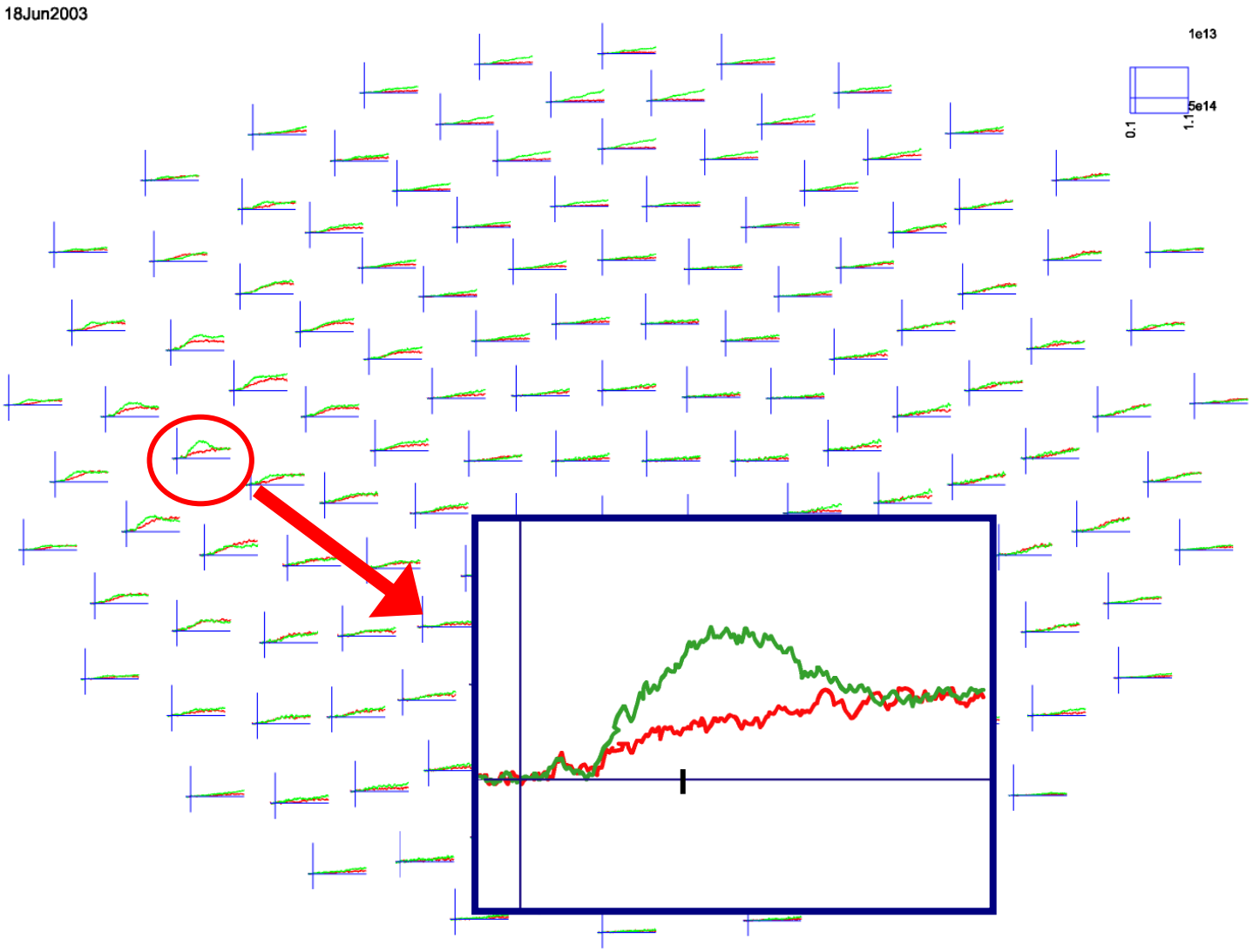
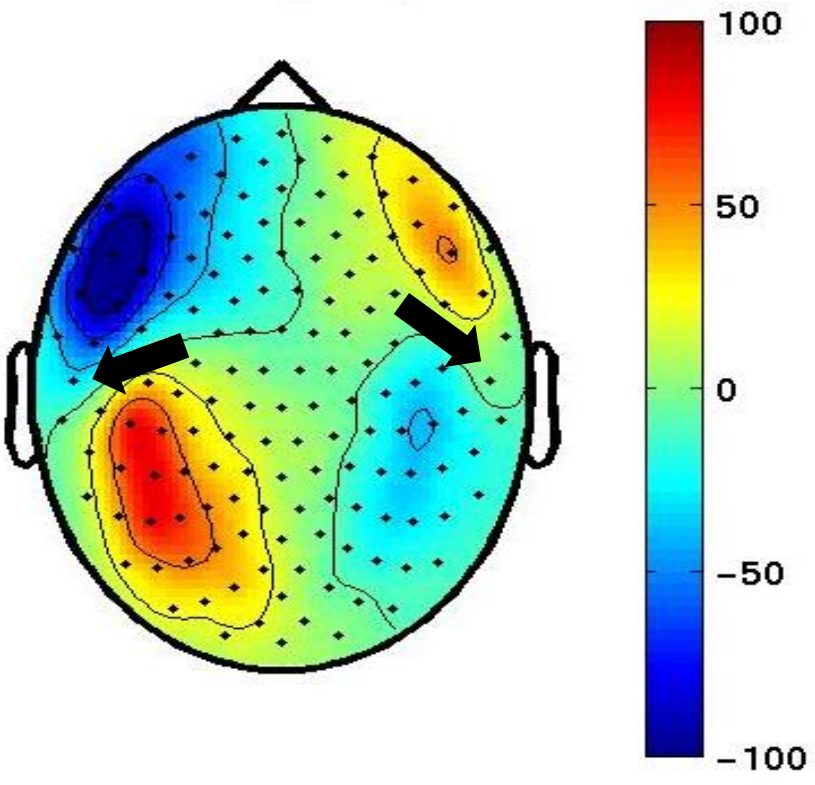




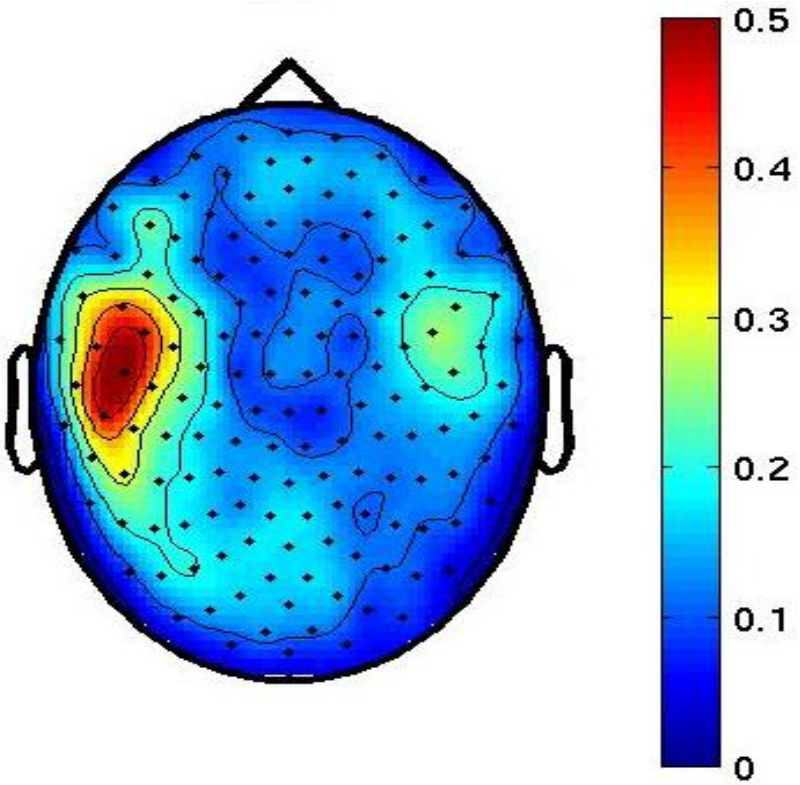
# N400 response in MEG



# N400 response - compared between MEG systems

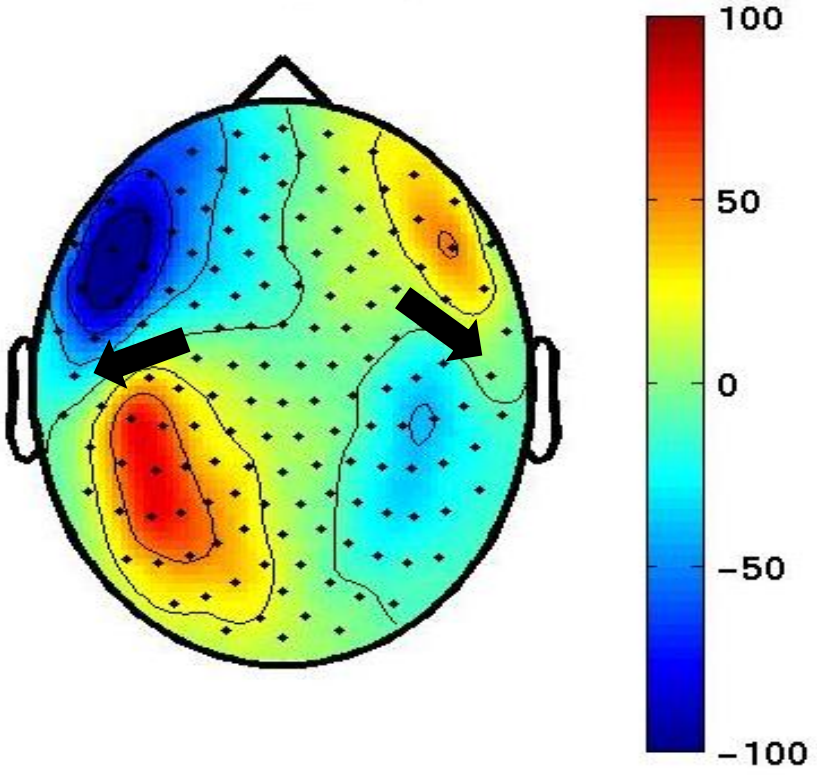



axial magnetic field

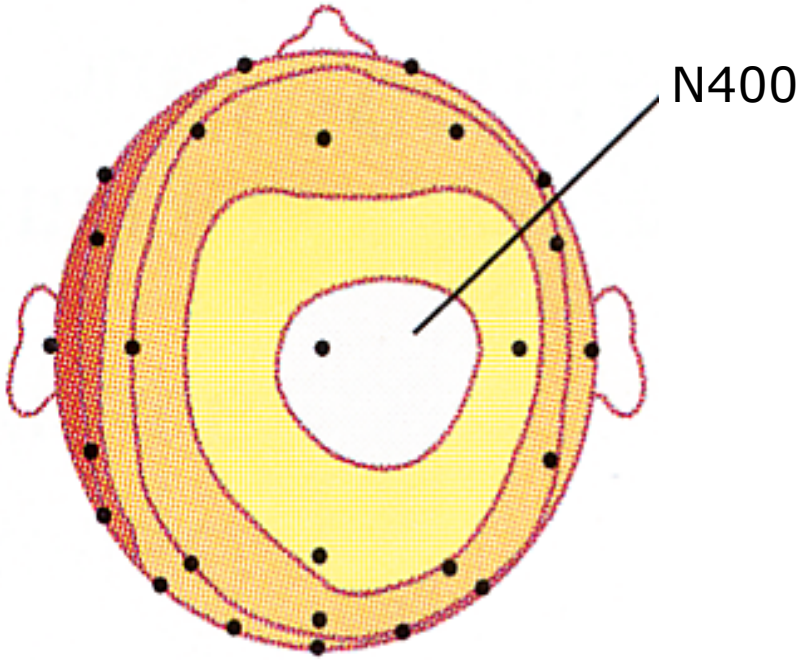



planar gradient

# N400 response - compared between MEG and EEG




axial magnetic field




potential distribution

LETTER

doi:10.1038/nature26147

# Moving magnetoencephalography towards real-world applications with a wearable system

Elena Boto[1]*, Niall Holmes[1]*, James Leggett[1]*, Gillian Roberts[1]*, Vishal Shah[2], Sofie S. Meyer[3,4], Leonardo Duque Muñoz[3], Karen J. Mullinger[1,5], Tim M. Tierney[3], Sven Bestmann[3,6], Gareth R. Barnes[3]§, Richard Bowtell[1]§ & Matthew J. Brookes[1]§

**Imaging human brain function with techniques such as magnetoencephalography[1] typically requires a subject to perform tasks while their head remains still within a restrictive scanner. This artificial environment makes the technique inaccessible to many people, and limits the experimental questions that can be addressed. For example, it has been difficult to apply neuroimaging to investigation of the neural substrates of cognitive development in babies and children, or to study processes in adults that require unconstrained head movement (such as spatial navigation). Here we describe a magnetoencephalography system that can be worn like a helmet, allowing free and natural movement during scanning. This is possible owing to the integration of quantum sensors[2,3], which do not rely on superconducting technology, with a system for nulling background magnetic fields. We demonstrate human electrophysiological measurement at millisecond resolution while subjects make natural movements, including head nodding, stretching, drinking and playing a ball game. Our results compare well to those of the current state-of-the-art, even when subjects make large head movements. The system opens up new possibilities for scanning any subject or patient group, with myriad applications such as characterization of the neurodevelopmental connectome, imaging subjects moving naturally in a virtual environment and investigating the pathophysiology of movement disorders.**

Magnetoencephalography[1] (MEG) allows direct imaging of human brain electrophysiology by measurement of magnetic fields generated at the scalp by neural currents. Mathematical analysis of those fields enables the generation of 3D images that show the formation and dissolution of brain networks in real time. MEG measurements of brain activity are currently made using an array of superconducting sensors placed around the head[1,4]. These cryogenically cooled sensors have femtotesla (fT) sensitivity, which is needed to detect the weak magnetic fields produced by the brain. Unfortunately, the requirement

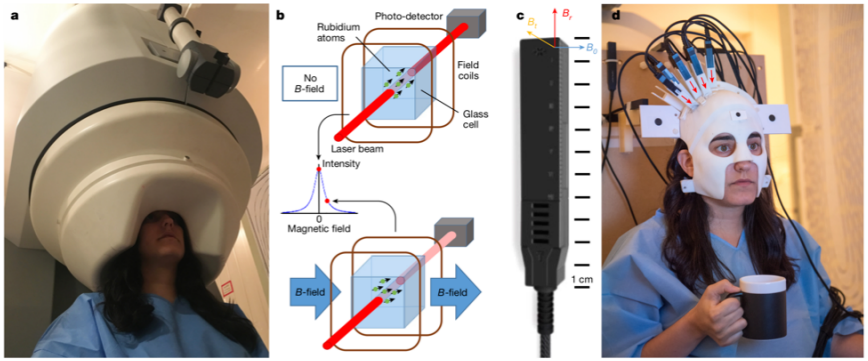



**Figure 1 | A new generation of MEG system. a**, A conventional 275-channel cryogenic MEG system. Weighing about 450 kg, the system is fixed and cumbersome and subjects must remain still relative to the fixed sensor array. **b**, Schematic illustration of zero-field resonance in an OPM sensor. Top, operation in zero-field; bottom, Larmor precession when an external field (*B*-field) impinges on the cell and the transmitted light intensity is reduced. **c**, A commercial OPM sensor made by QuSpin. The geometry used is illustrated by the coloured axes where $B_r$ is the radial field component, $B_t$ the tangential field component and $B_a$ the direction along which the laser beam is oriented. **d**, Our prototype OPM-MEG system helmet. The helmet weighs 905 g and is customized so that the sensors (which in this prototype cover only the right sensorimotor cortex) are directly adjacent to the scalp surface. The subject is free to move their head. The measured radial field direction for the sensors is illustrated by the red arrows.

[1]Sir Peter Mansfield Imaging Centre, School of Physics and Astronomy, University of Nottingham, University Park, Nottingham NG7 2RD, UK. [2]QuSpin Inc., 331 South 104th Street, Suite 130, Louisville, Colorado 80027, USA. [3]Wellcome Centre for Human Neuroimaging, UCL Institute of Neurology, University College London, 12 Queen Square, London WC1N 3BG, UK. [4]Institute of Cognitive Neuroscience, University College London, 17–19 Queen Square, London WC1N 3AZ, UK. [5]Centre for Human Brain Health, School of Psychology, University of Birmingham, Edgbaston, Birmingham B15 2TT, UK. [6]Sobell Department for Motor Neuroscience and Movement Disorders, UCL Institute of Neurology, University College London, Queen Square House, Queen Square, London WC1N 3BG, UK.
*These authors contributed equally to this work.
§These authors jointly supervised this work.



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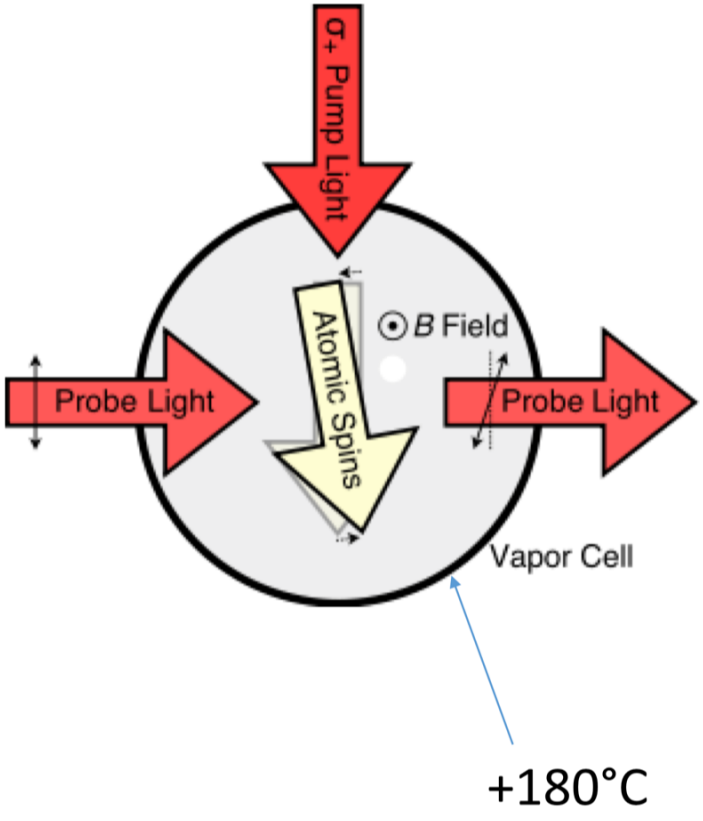
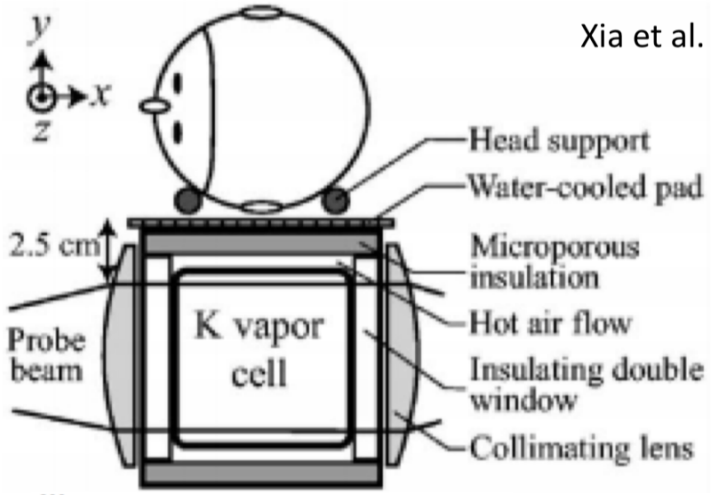
https://www.nature.com/articles/nature26147

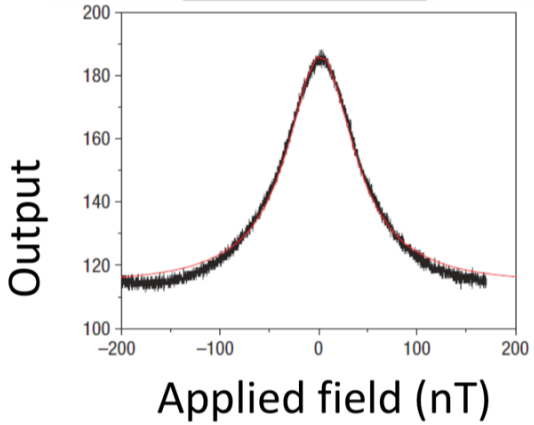
# An MEG system with no cryogen

Optically pumped magnetometer (OPM)




Xia et al. 2006

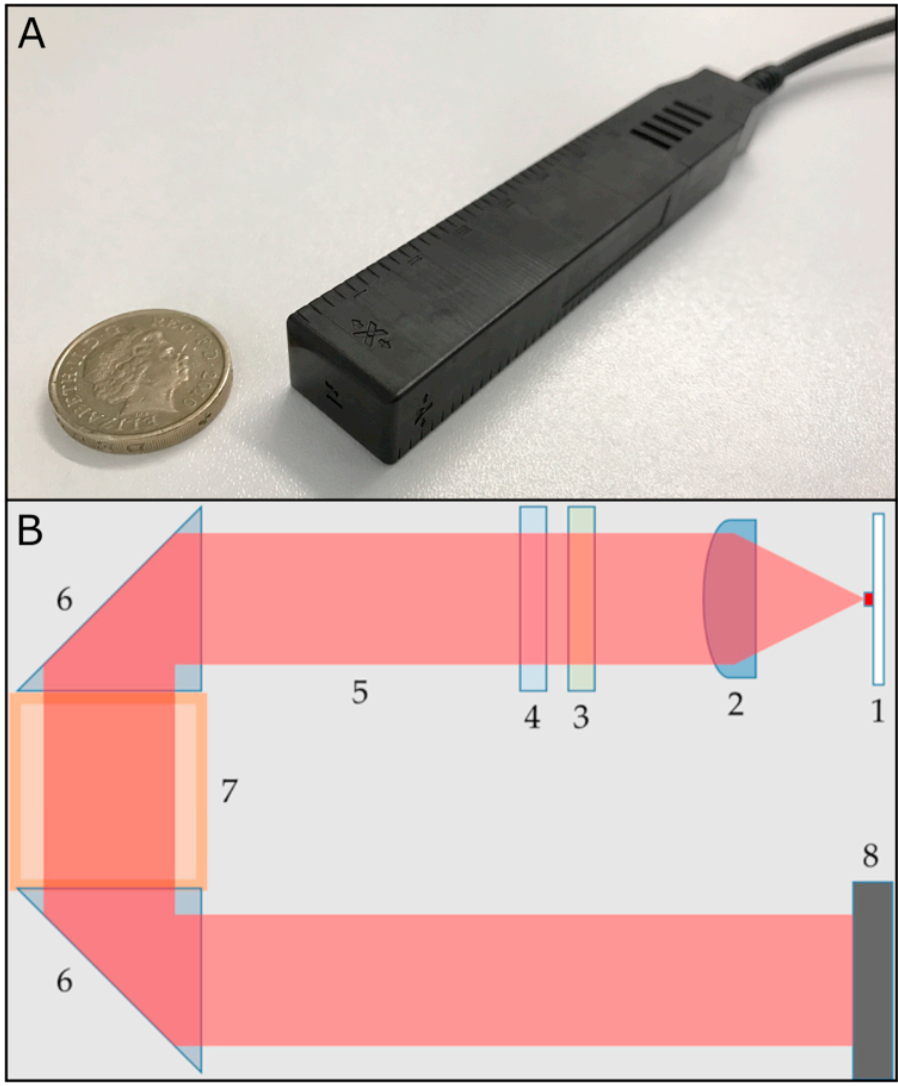


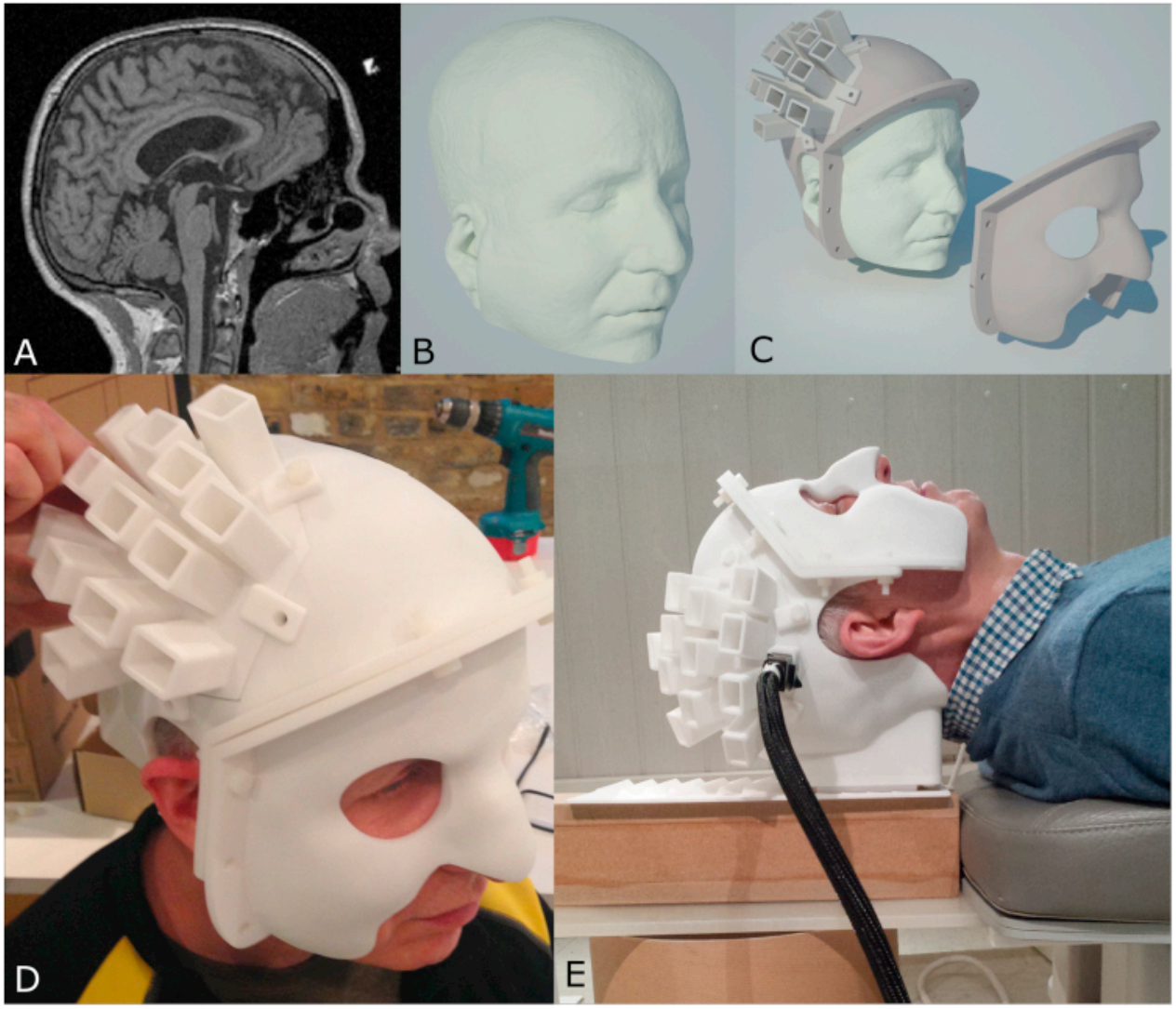
Boto E, Meyer SS, Shah V, Alem O, Knappe S, Kruger P, Fromhold TM, Lim M, Glover PM, Morris PG, Bowtell R, Barnes GR, Brookes MJ.

A new generation of magnetoencephalography: Room temperature measurements using optically-pumped magnetometers.

Neuroimage. 2017 Apr 1;149:404-414. doi: 10.1016/j.neuroimage.2017.01.034.




https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5562927/




https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5562927/

# Talk outline

What kind of signals are generated in the brain

How do we record those signals

Analyzing those signals with FieldTrip

Background on the FieldTrip toolbox

# M/EEG signal characteristics considered during analysis

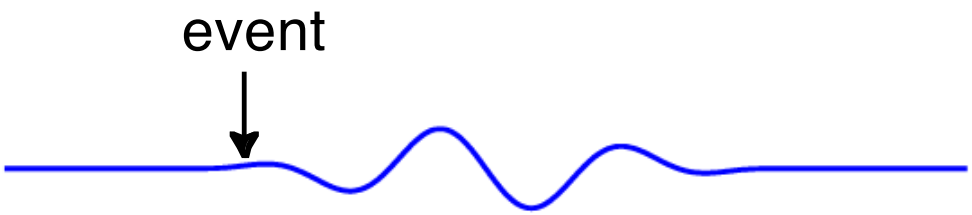
timecourse of activity
-> ERP

spectral characteristics
-> power spectrum

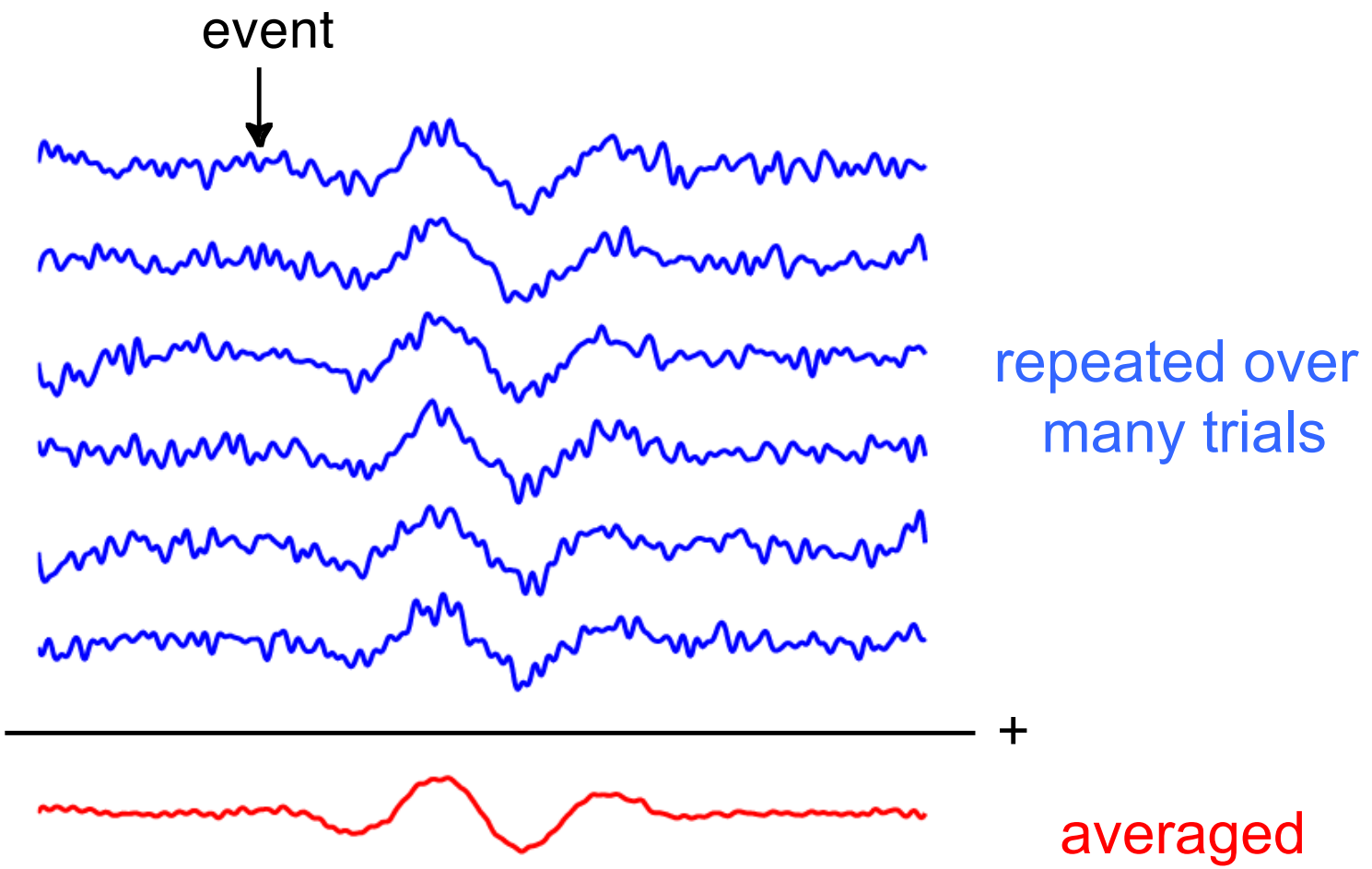
temporal changes in power
-> time-frequency response (TFR)

spatial distribution of activity over the head
-> source reconstruction

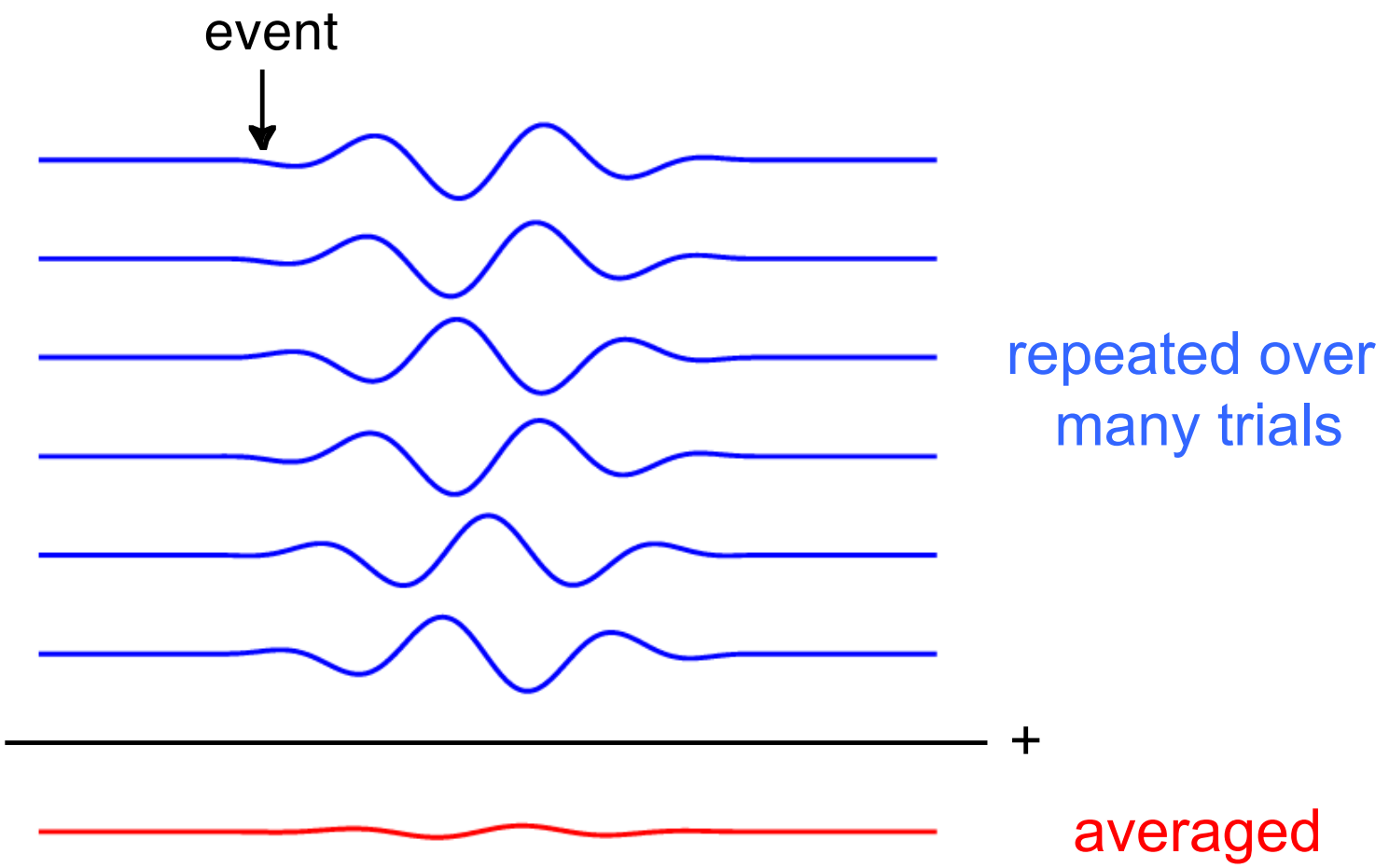
# Evoked activity



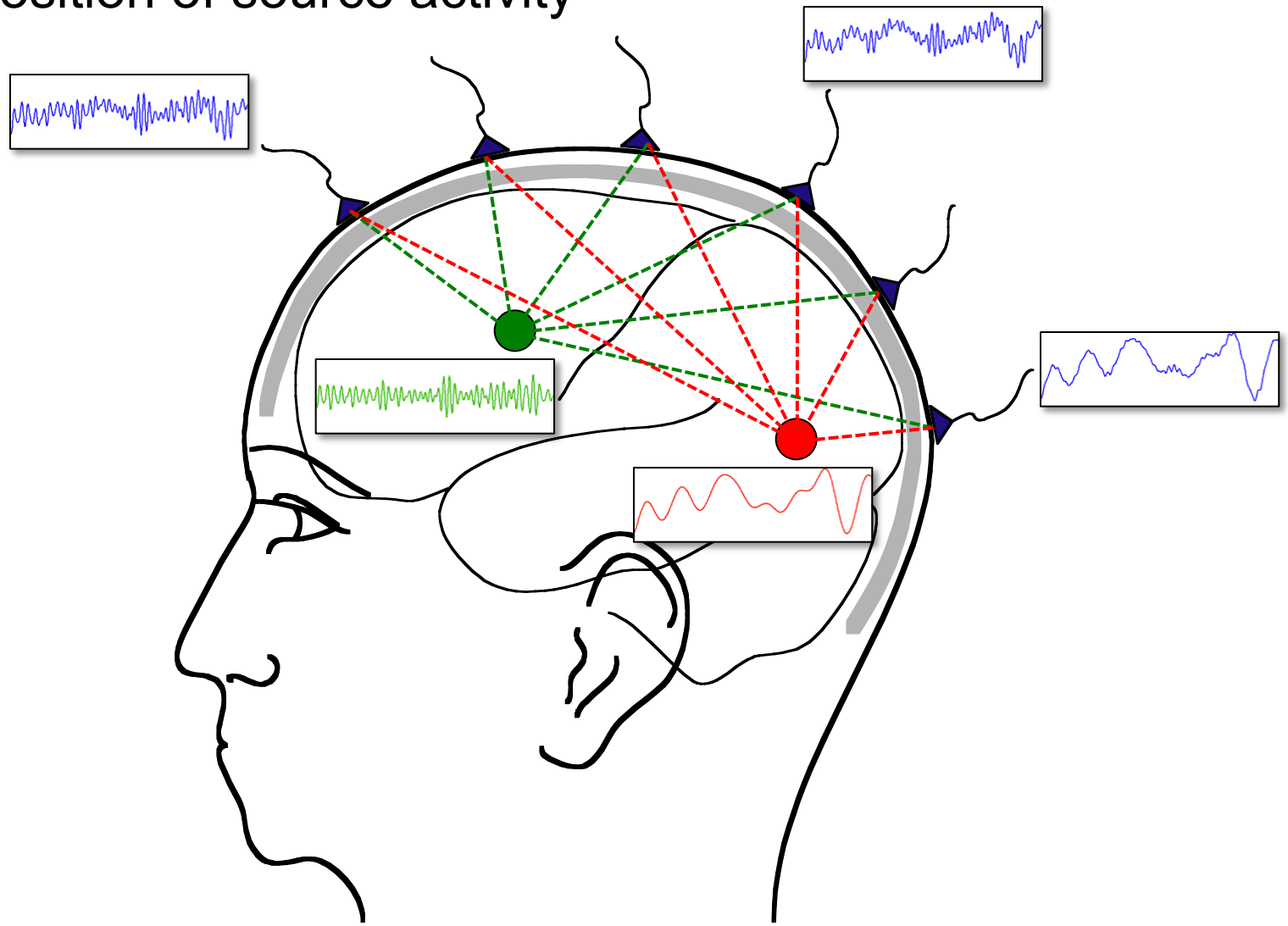
# Evoked activity



# Induced activity



# Superposition of source activity



# Separating activity of sources

- Use the temporal aspects of the data at the channel level
  - ERF latencies
  - ERF difference waves
  - Filtering the time-series
  - Spectral decomposition
- Use the spatial aspects of the data
  - Volume conduction model of head
  - Estimate source model parameters

# Talk outline

What kind of signals are generated in the brain

How do we record those signals

Analyzing those signals with FieldTrip

Background on the FieldTrip toolbox

# Some FieldTrip basics

dataout = functionname(cfg, datain, …)

functionname(

dataout = func

the “cfg” argument is a configuration structure, e.g.

```
cfg.channel = {‘C3’, C4’, ‘F3’, ‘F4’}
cfg.foilim = [1 70]
```

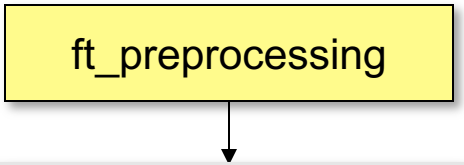
# FieldTrip v.s. default Matlab

dataout = functionname(cfg, datain, …)

cfg.key1 = value1
cfg.key2 = value2

dataout = functionname(datain, ‘key1’, ‘value1’, …)

# Using functions in an analysis protocol



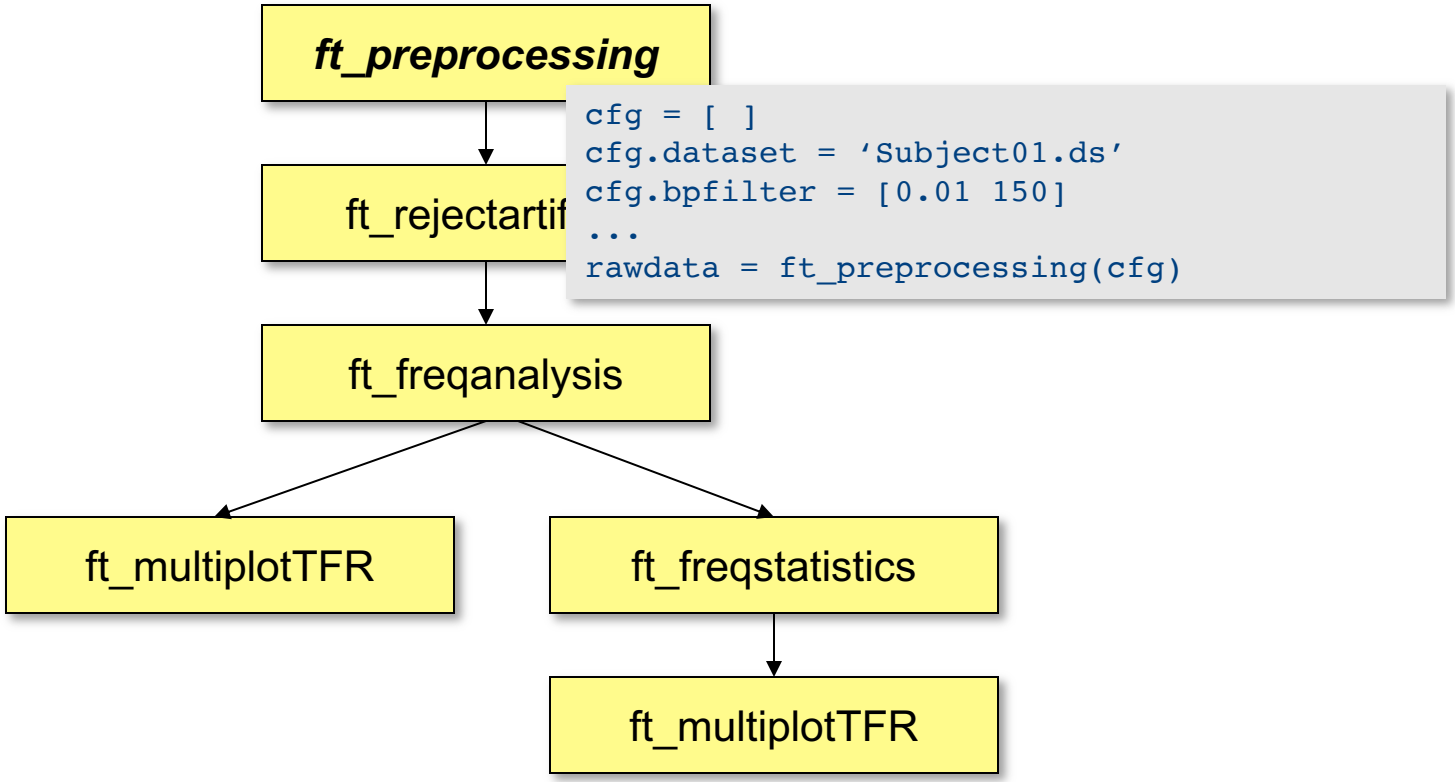

```
FT_PREPROCESSING reads MEG and/or EEG data according to user-specified
trials and applies several user-specified preprocessing steps to the
signals.

Use as
  [data] = ft_preprocessing(cfg)
or
  [data] = ft_preprocessing(cfg, data)

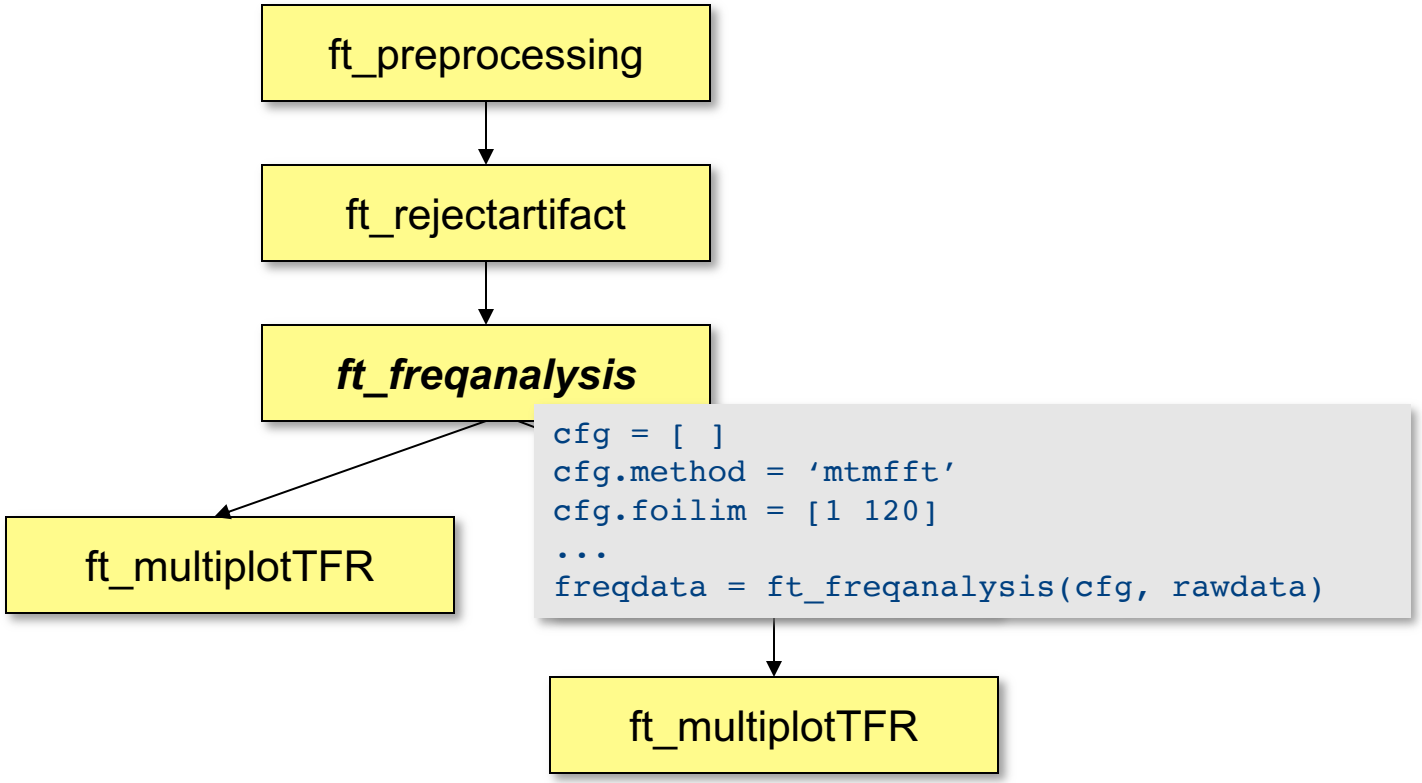
The first input argument "cfg" is the configuration structure, which
contains all details for the dataset filenames, trials and the
preprocessing options. You can only do preprocessing after defining the
segments of data to be read from the file (i.e. the trials), which is for
example done based on the occurence of a trigger in the data.

...
```

# Using functions in an analysis protocol



# Using functions in an analysis protocol



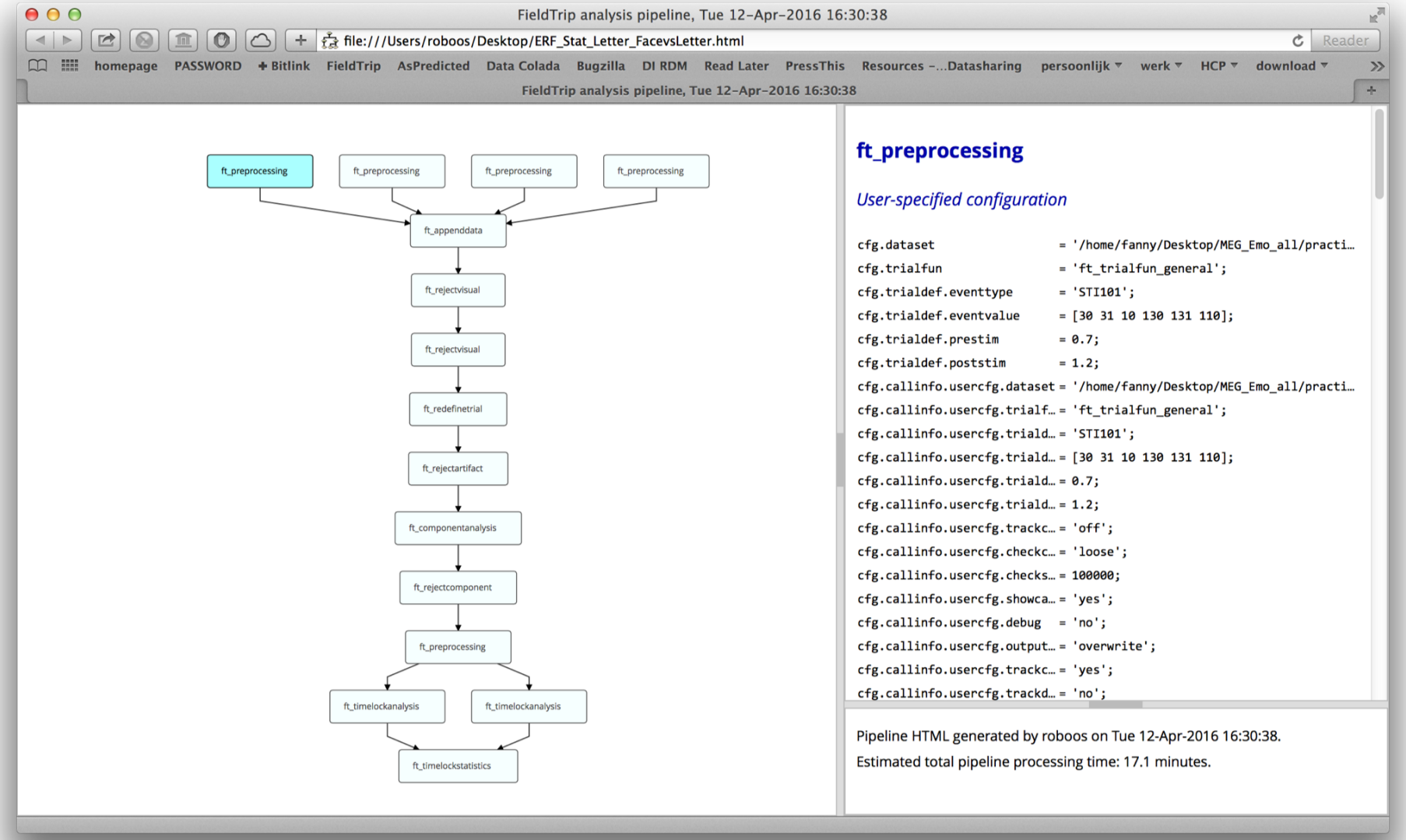
# Raw data structure

```
rawData =
      label: {151x1 cell}
      trial: {1x80 cell}
       time: {1x80 cell}
    fsample: 300
        hdr: [1x1 struct]
        cfg: [1x1 struct]
```

# Event related response

```
timelockData =
             label: {151x1 cell}
               avg: [151x900 double]
               var: [151x900 double]
              time: [1x900 double]
            dimord: 'chan_time'
               cfg: [1x1 struct]
```

# Keeping track of your analysis

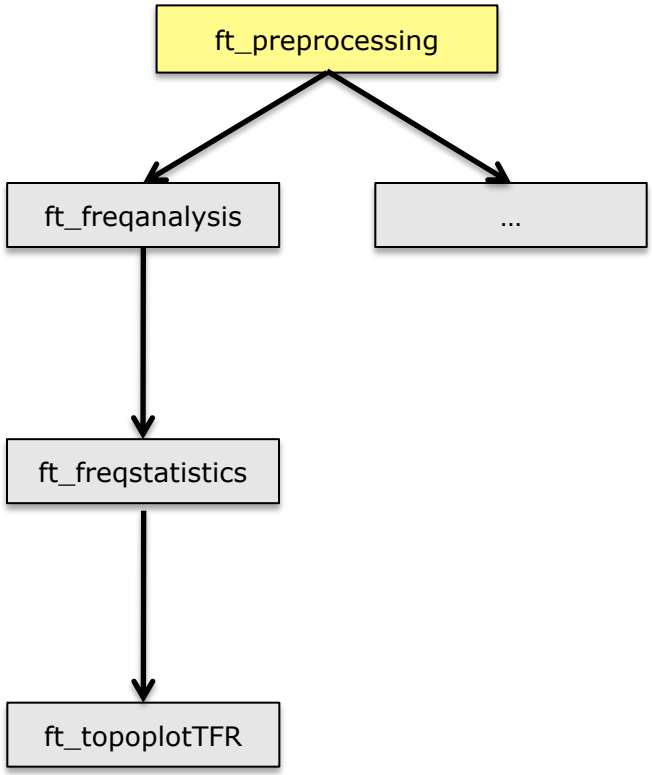


# Example use in scripts

```
cfg = []
cfg.dataset = 'Subject01.ds'
cfg.bpfilter = [0.01 150]
...
rawdata = ft_preprocessing(cfg)
```

```
cfg = []
cfg.method = 'mtmfft'
cfg.foilim = [1 120]
...
freqdata = ft_freqanalysis(cfg, rawdata)
```

```
cfg = []
cfg.method = 'montecarlo'
cfg.statistic = 'indepsamplesT'
cfg.design = [1 2 1 2 2 1 2 1 1 2 ... ]
...
freqstat = ft_freqstatistics(cfg, freqdata)
```



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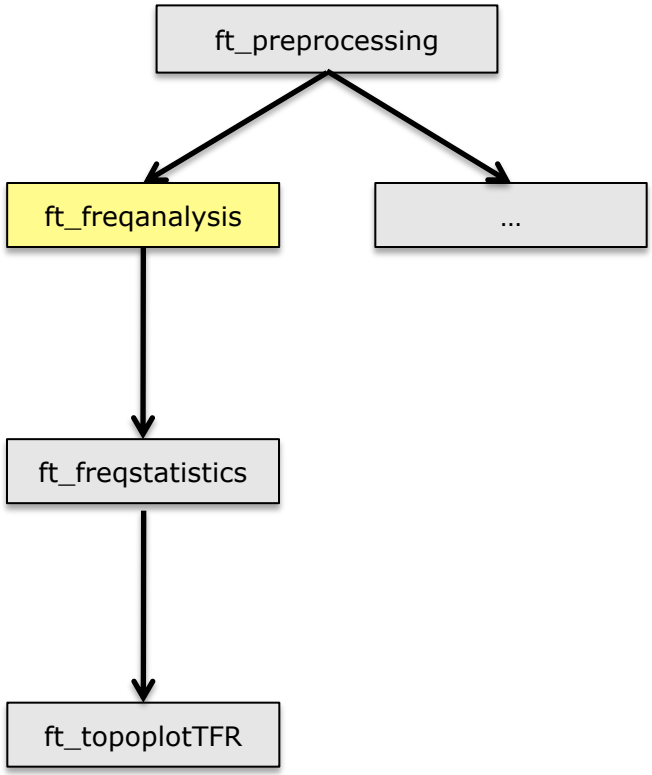

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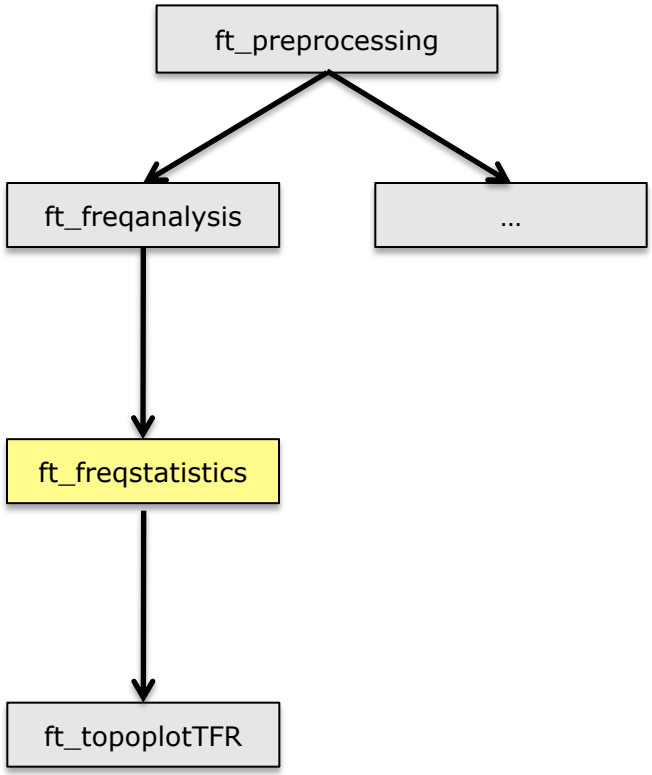

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rawdata = ft_preprocessing(cfg)


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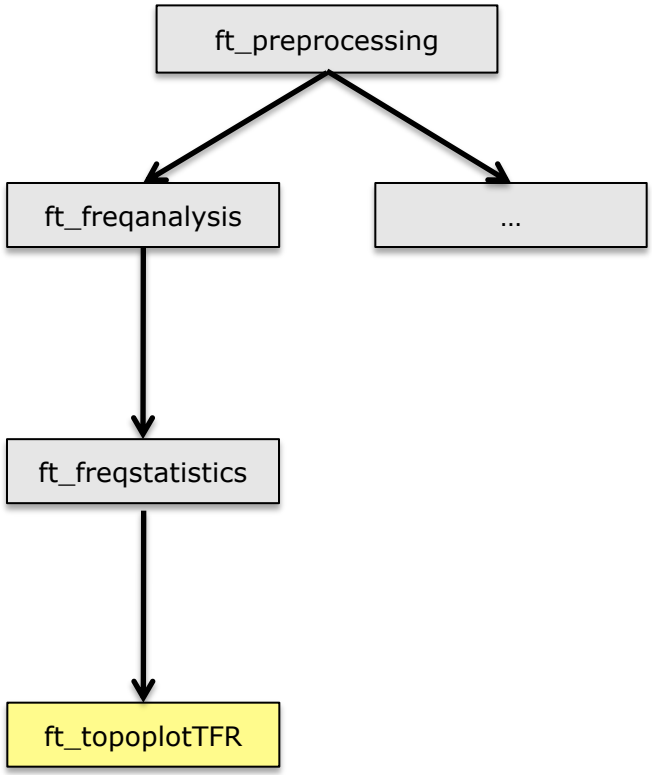

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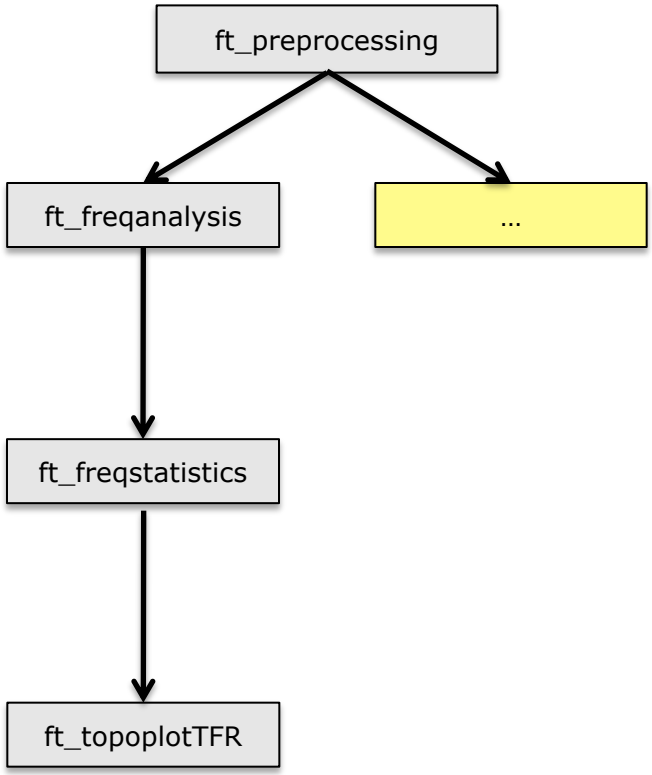
```



# Example use in scripts

```
subj = {'S01.ds', 'S02.ds', …}
trig = [1 3 7 9]

for s=1:nsubj
for c=1:ncond

  cfg = []
  cfg.dataset  = subj{s}
  cfg.trigger  = trig(c)
  rawdata{s,c} = ft_preprocessing(cfg)

  cfg = []
  cfg.method    = 'mtmfft'
  cfg.foilim    = [1 120]
  freqdata{s,c} = ft_freqanalysis(cfg, rawdata{s,c})

end
end
```

# Example use in scripts

```
subj = {'S01.ds', 'S02.ds', …}
trig = [1 3 7 9]

for s=1:nsubj
for c=1:ncond

  cfg = []
  cfg.dataset  = subj{s}
  cfg.trigger  = trig(c)
  rawdata      = ft_preprocessing(cfg)


  filename = sprintf('raw%s_%d.mat', subj{s}, trig(c));
  save(filename, 'rawdata')


end
end
```

# Example use in distributed computing

```
subj = {'S01.ds', 'S02.ds', …}
trig = [1 3 7 9]

for s=1:nsubj
for c=1:ncond

  cfgA{s,c} = []
  cfgA{s,c}.dataset    = subj{s}
  cfgA{s,c}.trigger    = trig(c)
  cfgA{s,c}.outputfile = sprintf('raw%s_%d.mat', subj{s}, trig(c))

  cfgB{s,c} = []
  cfgB{s,c}.dataset    = subj{s}
  cfgB{s,c}.trigger    = trig(c)
  cfgB{s,c}.inputfile  = sprintf('raw%s_%d.mat', subj{s}, trig(c));
  cfgB{s,c}.outputfile = sprintf('freq%s_%d.mat', subj{s}, trig(c));

end
end

dfeval(@ft_preprocessing, cfgA)
dfeval(@ft_freqanalysis,  cfgB)
```

# Example use in distributed computing

```
subj = {'S01.ds', 'S02.ds', …}
trig = [1 3 7 9]

for s=1:nsubj
for c=1:ncond

  cfgA{s,c} = []
  cfgA{s,c}.dataset    = subj{s}
  cfgA{s,c}.trigger    = trig(c)
  cfgA{s,c}.outputfile = sprintf('raw%s_%d.mat', subj{s}, trig(c))

  cfgB{s,c} = []
  cfgB{s,c}.dataset    = subj{s}
  cfgB{s,c}.trigger    = trig(c)
  cfgB{s,c}.inputfile  = sprintf('raw%s_%d.mat', subj{s}, trig(c));
  cfgB{s,c}.outputfile = sprintf('freq%s_%d.mat', subj{s}, trig(c));

end
end

qsubcellfun(@ft_preprocessing, cfgA)
qsubcellfun(@ft_freqanalysis,  cfgB)
```

# FieldTrip is a toolbox

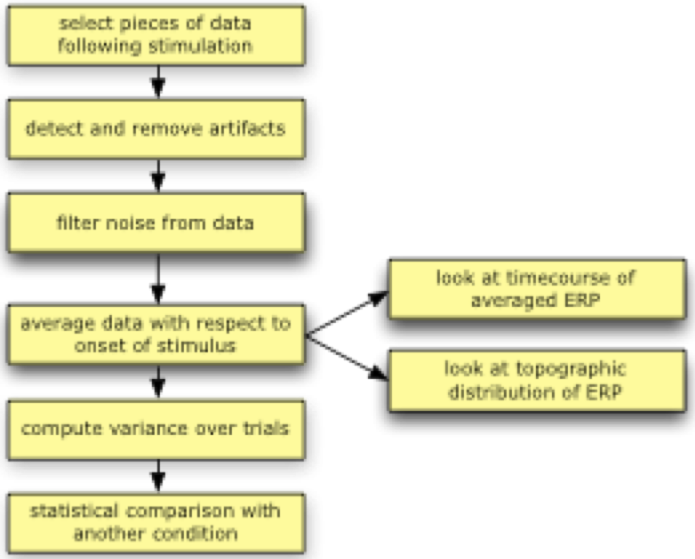
the data and the separate functions are in your hands

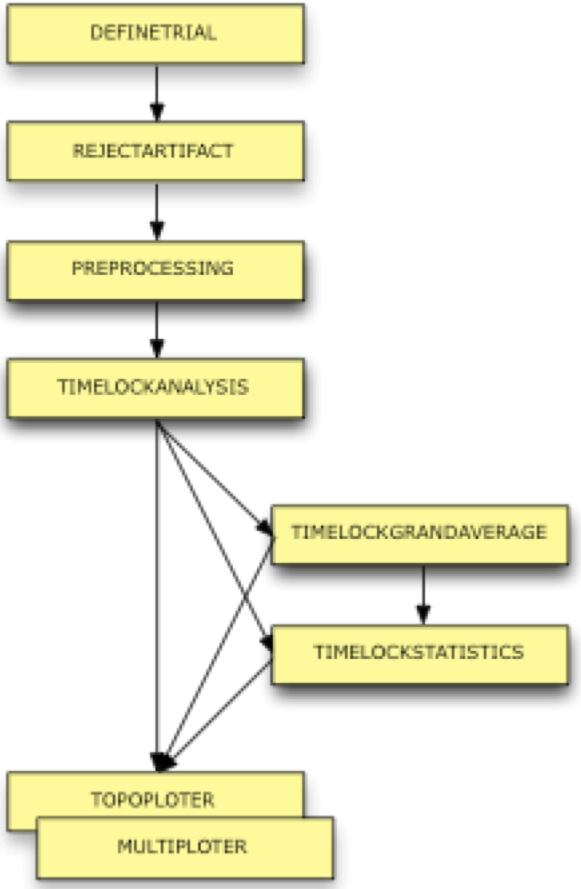
the scripts depend on the data properties, your computer and on your programming skills and style

scripts correspond to analysis protocols

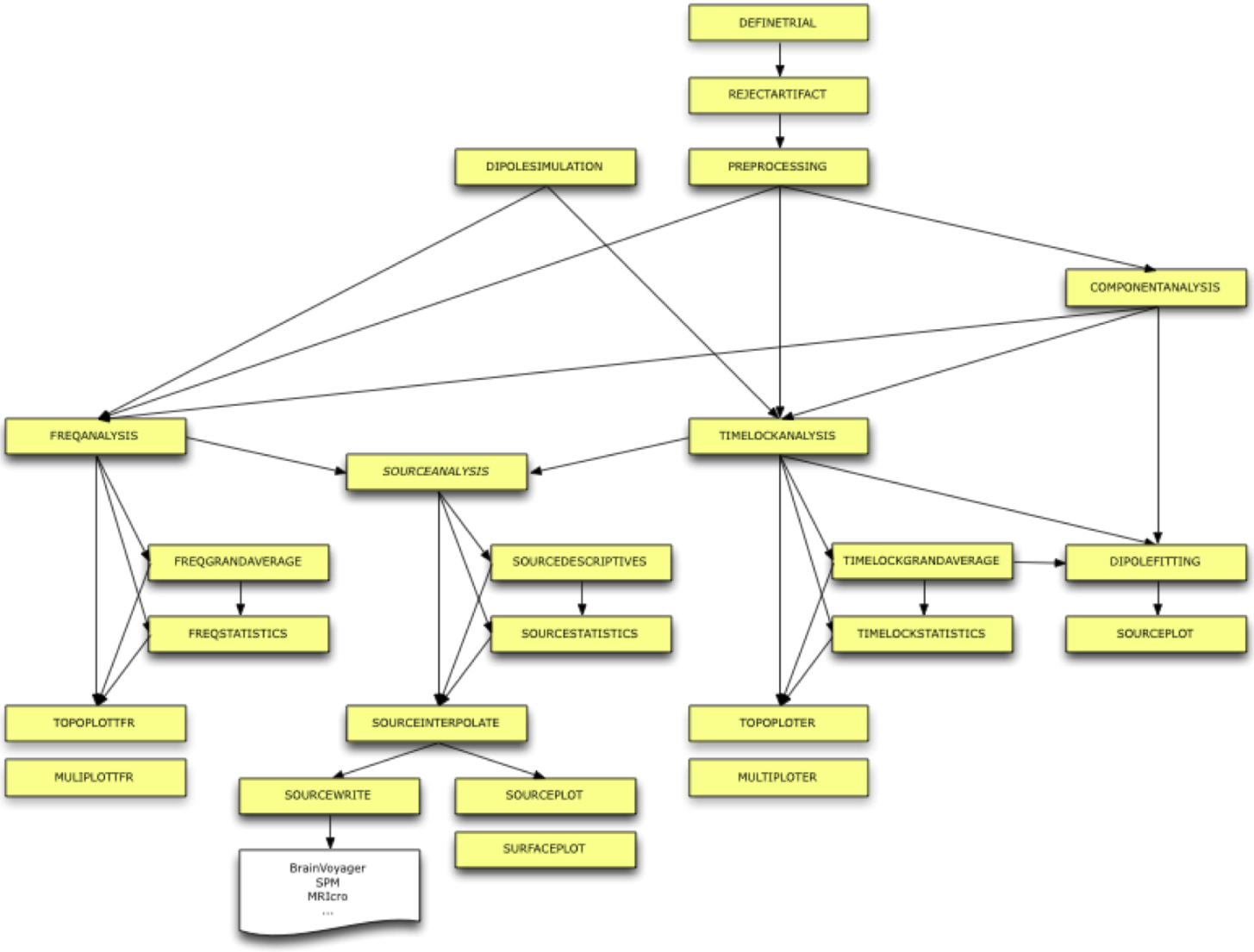
- scripts can be reviewed by supervisors
- scripts are often shared with colleagues
- scripts can be published/released

# One-to-one mapping between analysis steps and toolbox functions



# Overview of main functions



# Finding your way around in the FieldTrip toolbox

Matlab

*help functionname*

*edit functionname*

Website

http://www.fieldtriptoolbox.org

Email discussion list

Expertise in your local group

# Talk outline

What kind of signals are generated in the brain

How do we record those signals

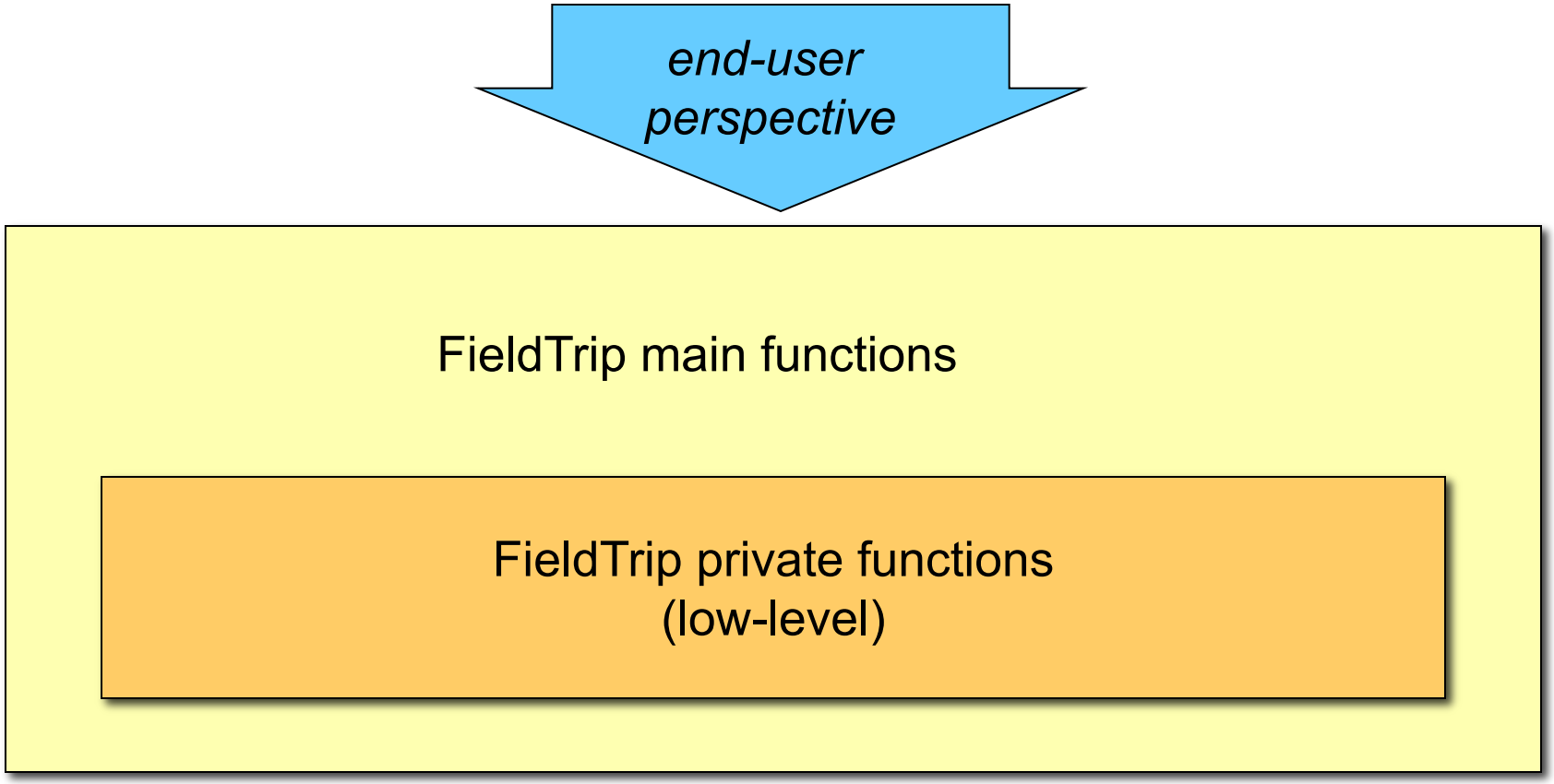
Analyzing those signals with FieldTrip

Background on the FieldTrip toolbox

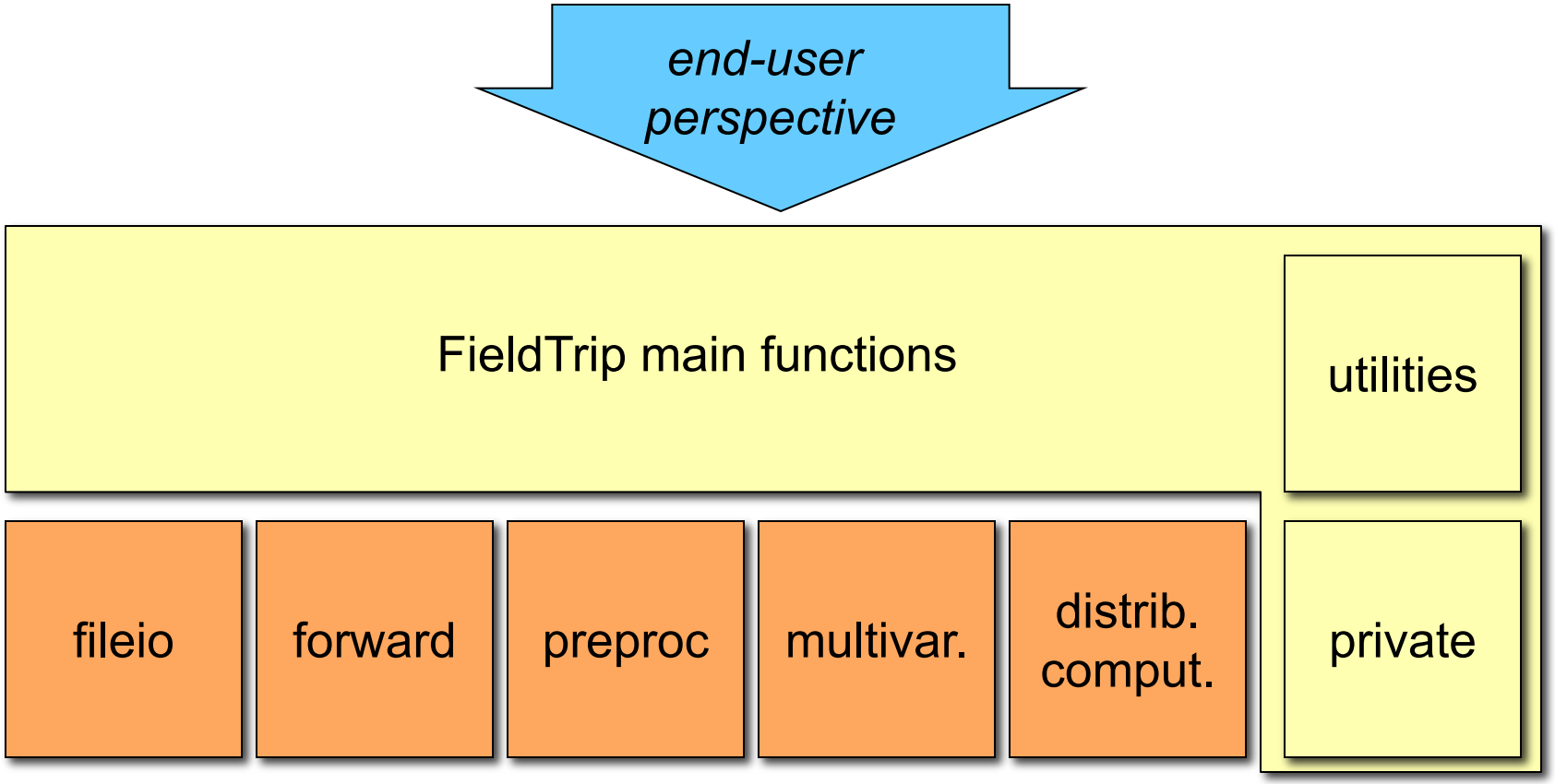
# Who is the audience?

- experimental neuroscientists
  - no graphical user interface
  - more dedicated and ambitious researchers
- developers of other software packages
  - SPM
  - EEGLAB
  - BESA
  - BCI2000
- developers of analysis tools and methods
  - SIMBIO
  - OpenMEEG

# FieldTrip toolbox structure - at a glance



# FieldTrip toolbox structure - a closer look



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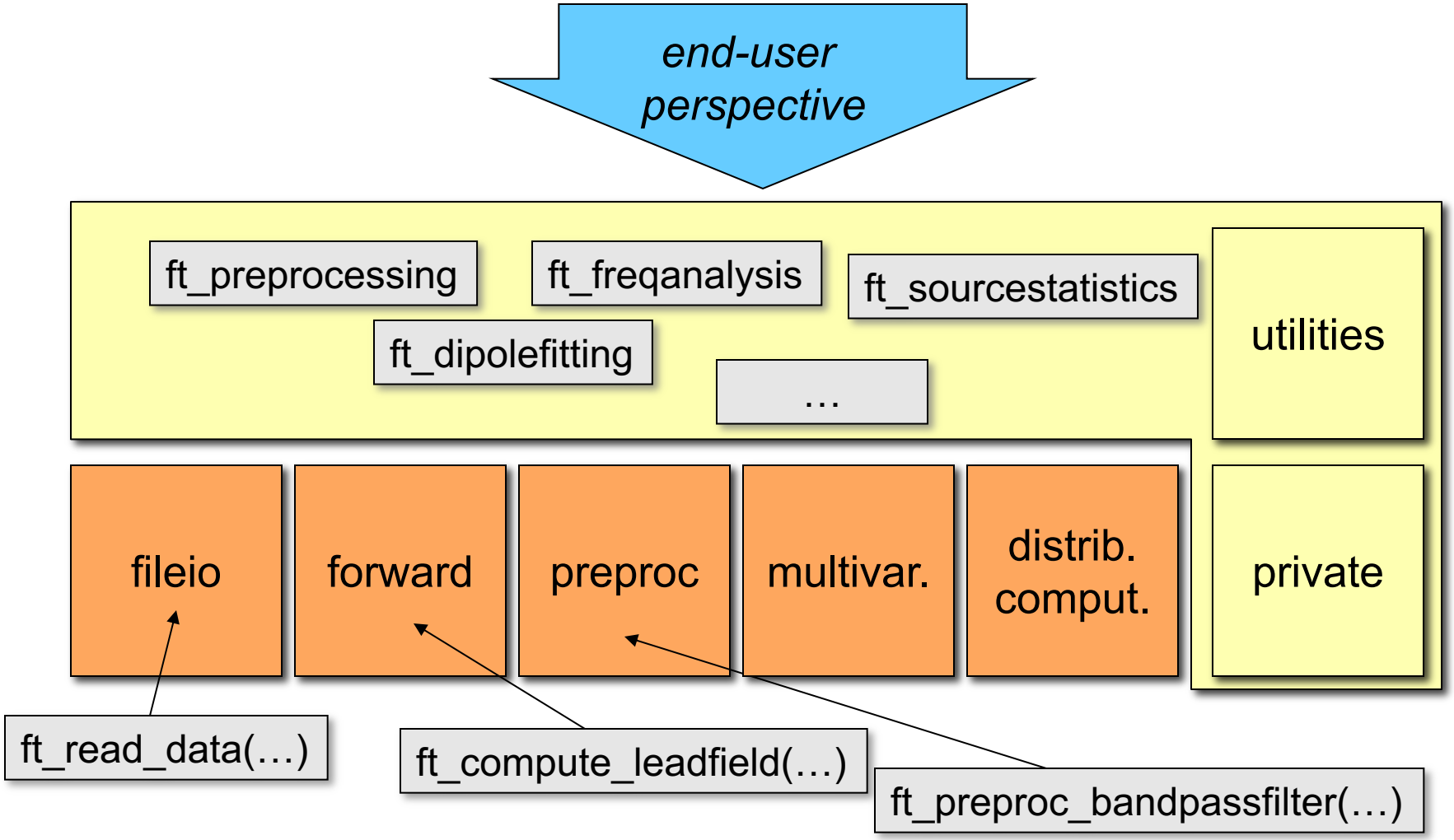

# Summary

- What kind of signals are generated in the brain
- How do we record those signals
- Analyzing those signals with FieldTrip
- Background on the FieldTrip project

## After coffee: lab demonstration

## After lunch: hands-on

- Selecting segments of data
- Reading and preprocessing
- Averaging
- Plotting