

# Fundamentals of neuronal oscillations and synchrony

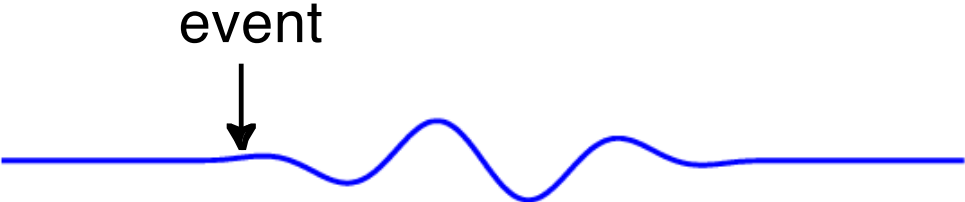
Robert Oostenveld

*Donders Institute, Radboud University, Nijmegen, NL*

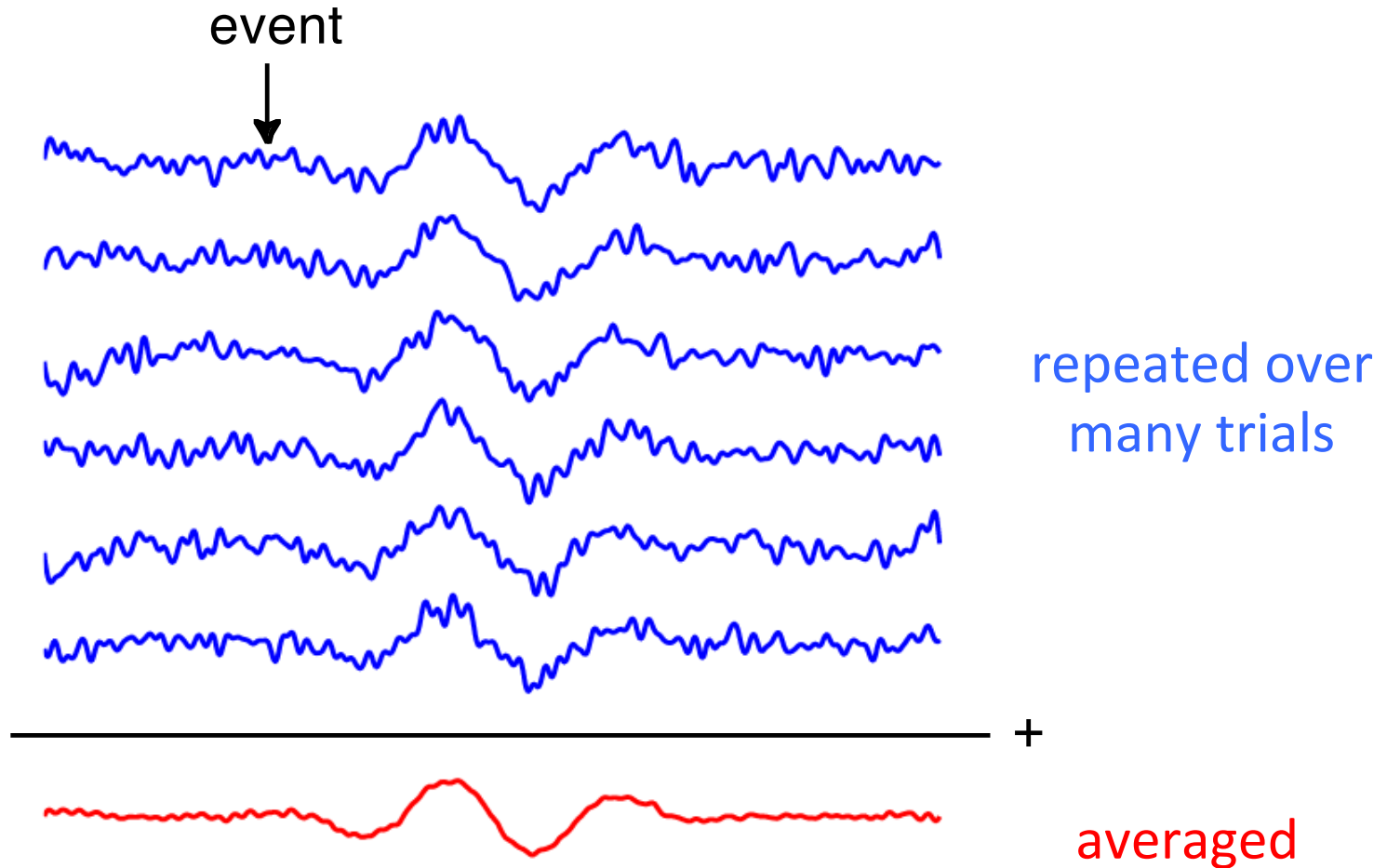
*NatMEG, Karolinska Institute, Stockholm, SE*



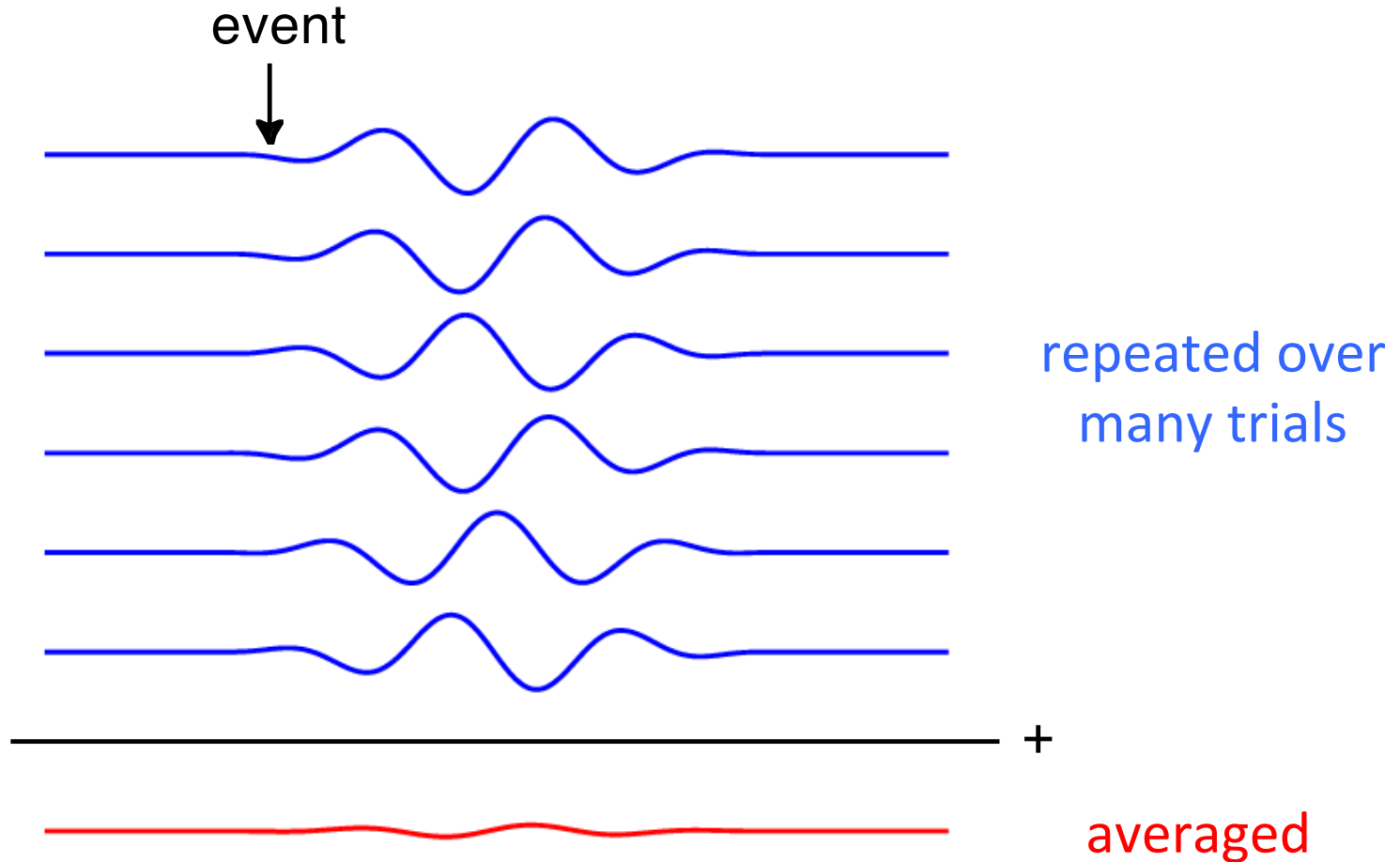
# Evoked activity



# Evoked activity



# Induced activity



# M/EEG signal characteristics considered during analysis

timecourse of activity

-> ERP

spectral characteristics

-> power spectrum

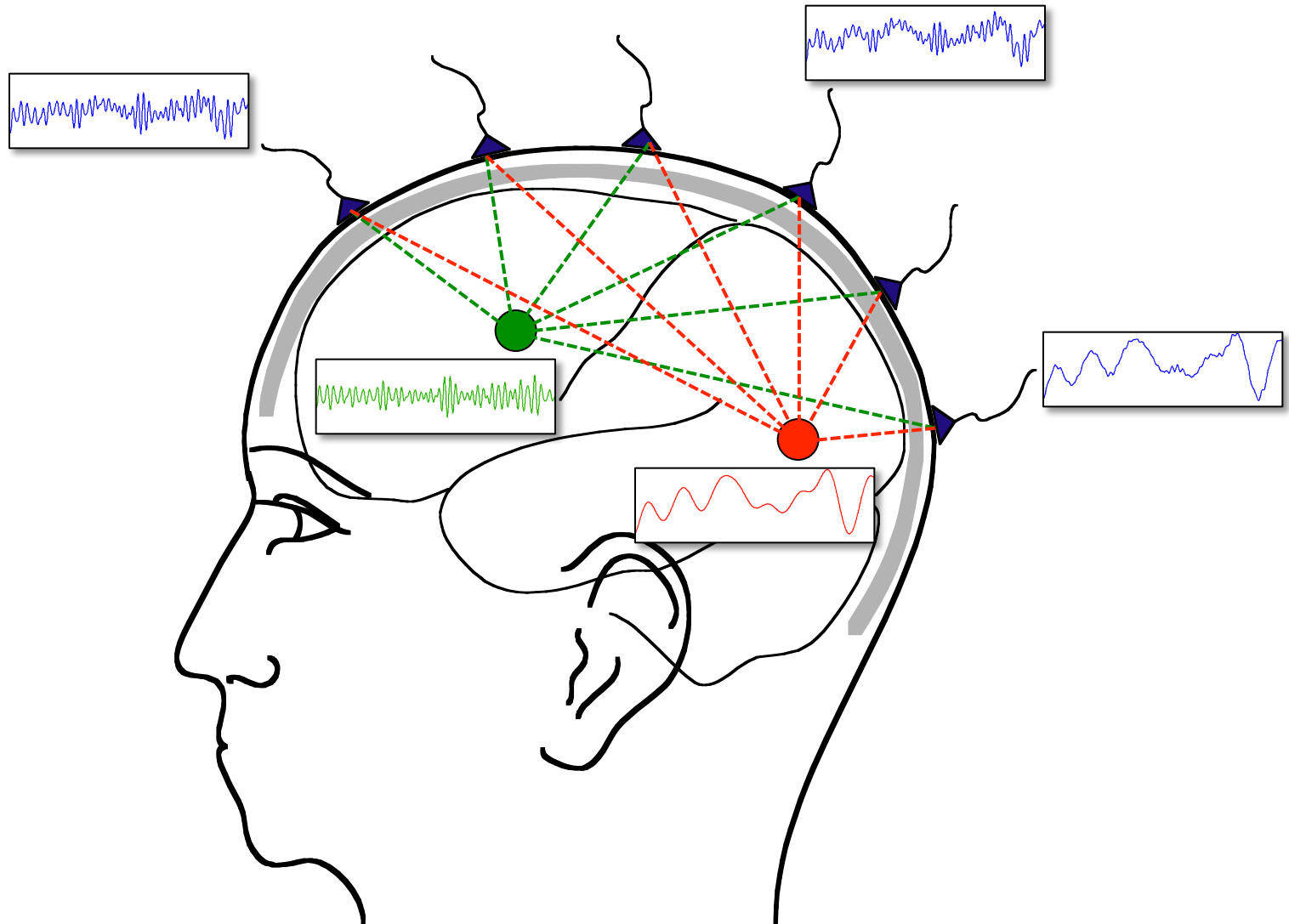
temporal changes in power

-> time-frequency response (TFR)

spatial distribution of activity over the head

-> source reconstruction

# Superposition of source activity



# Separating activity of different sources (and noise)

Use the temporal aspects of the data  
at the channel level

- ERF latencies

- ERF difference waves

- Filtering the time-series

- Spectral decomposition

Use the spatial aspects of the data

- Volume conduction model of head

- Estimate source model parameters

# Separating activity of different sources (and noise)

Use the temporal aspects of the data  
at the channel level

ERF latencies

ERF difference waves

Filtering the time-series

**Spectral decomposition**

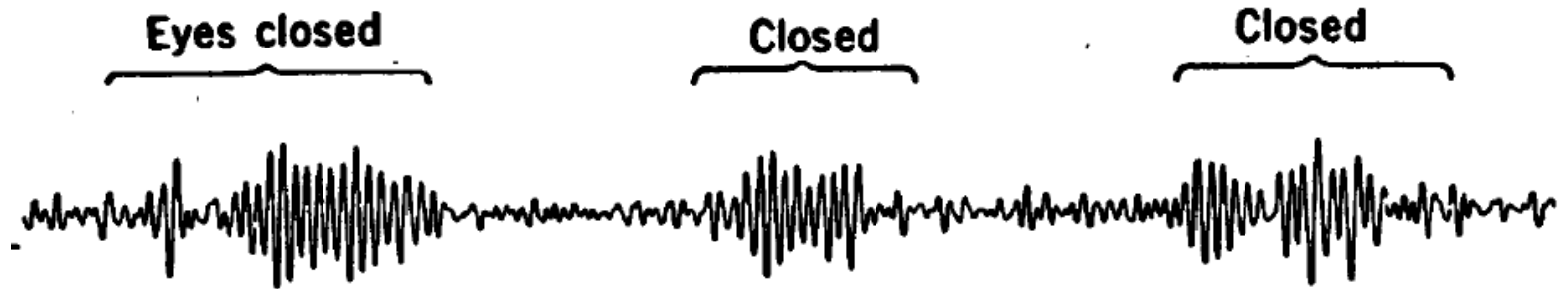
Use the spatial aspects of the data

Volume conduction model of head

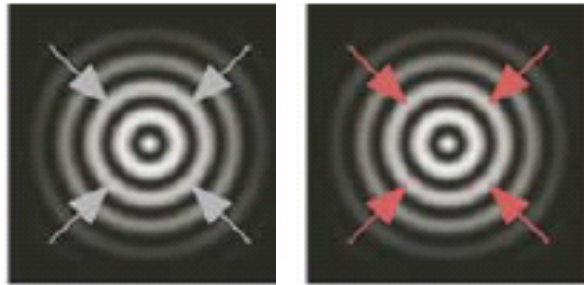
Estimate source model parameters



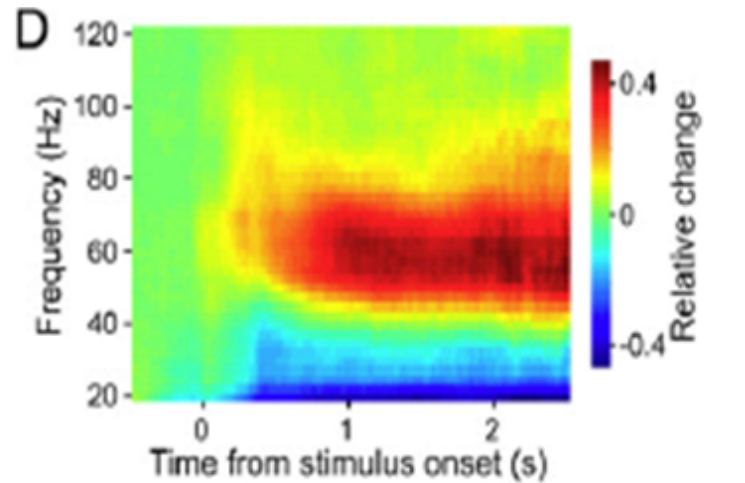
# Brain signals contain oscillatory activity at multiple frequencies



*Cohen, 1972*



*Hoogenboom et al, 2006*



# Outline

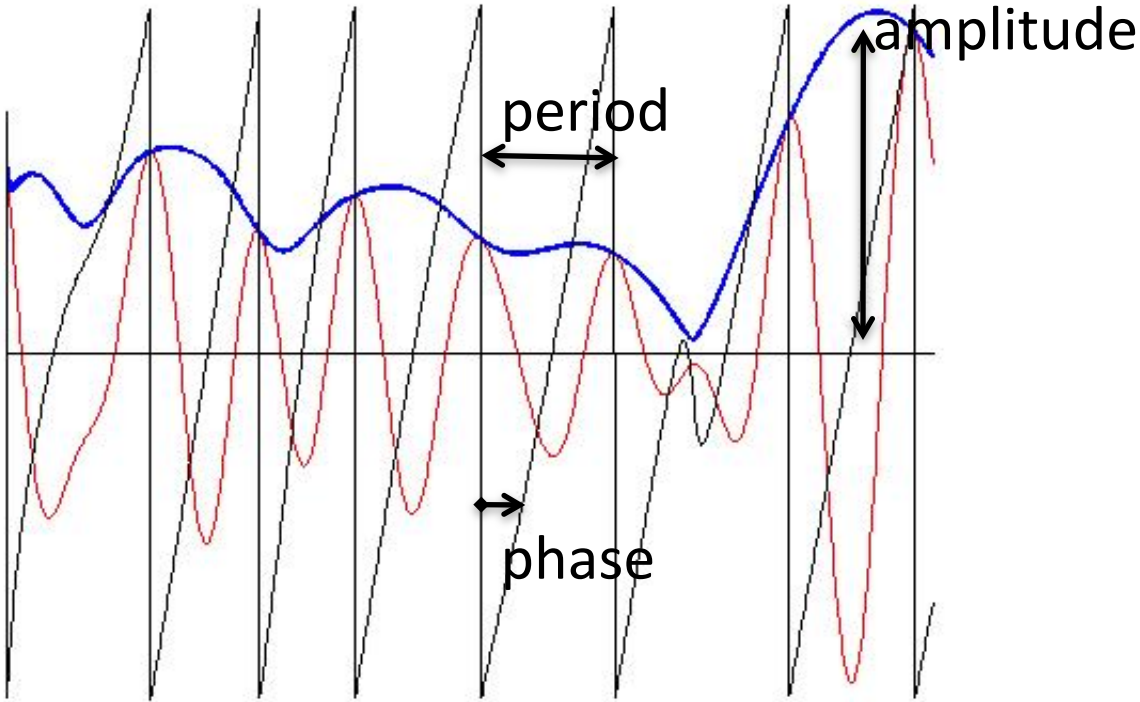
Spectral analysis: going from time to frequency domain

Issues with finite and discrete sampling

Spectral leakage and (multi-)tapering

Time-frequency analysis

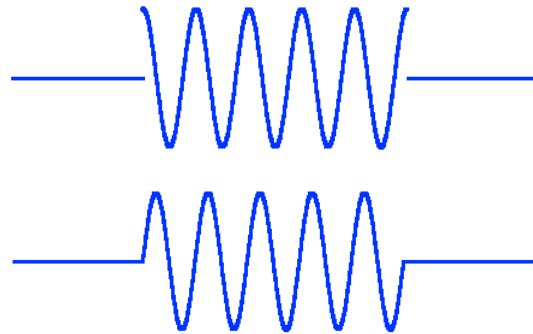
# A background note on oscillations



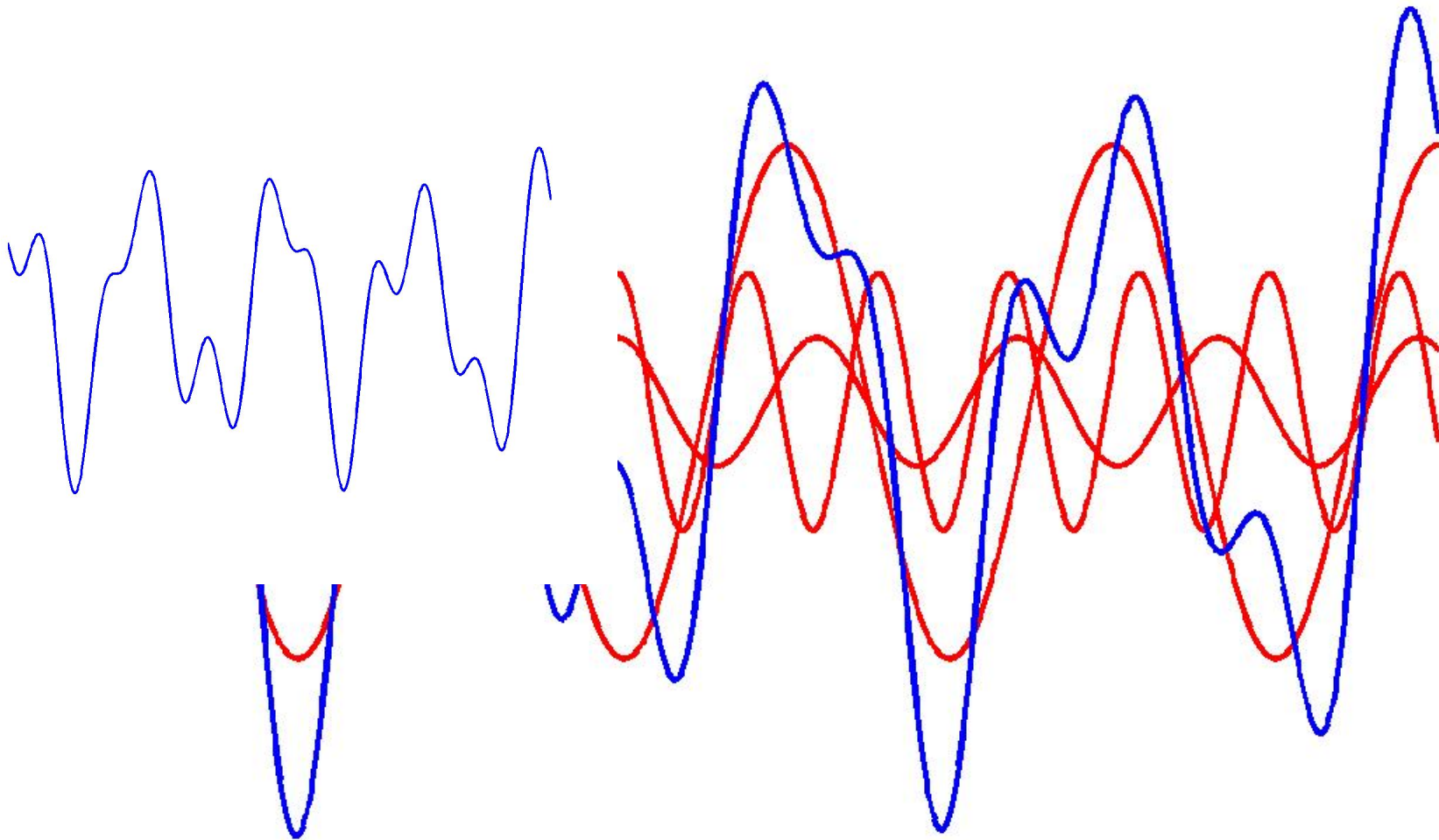
# Spectral analysis

Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis

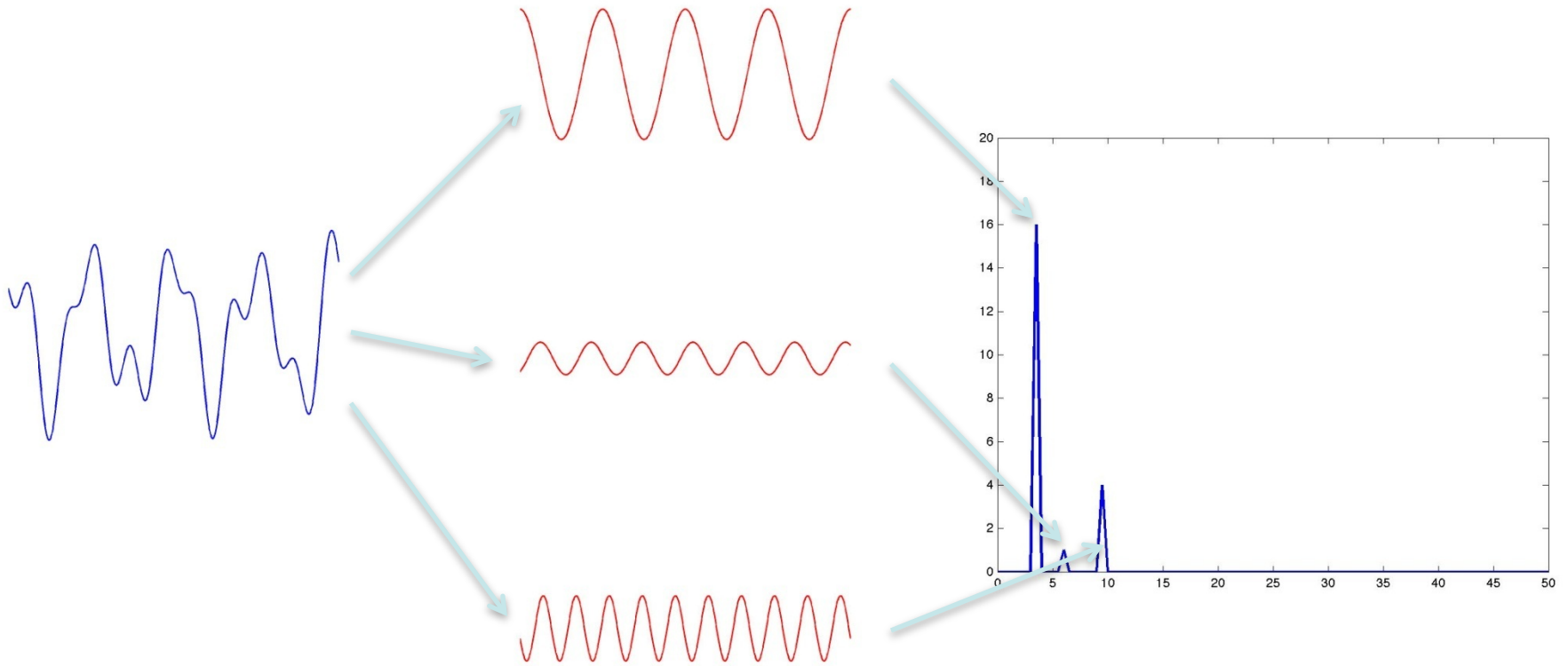
Using simple oscillatory functions: cosines and sines



# Spectral decomposition: the principle



# Spectral decomposition: the power spectrum



# Spectral analysis

Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis

Using simple oscillatory functions: cosines and sines

Express signal as function of frequency, rather than time

Concept: linear regression using oscillatory basis functions

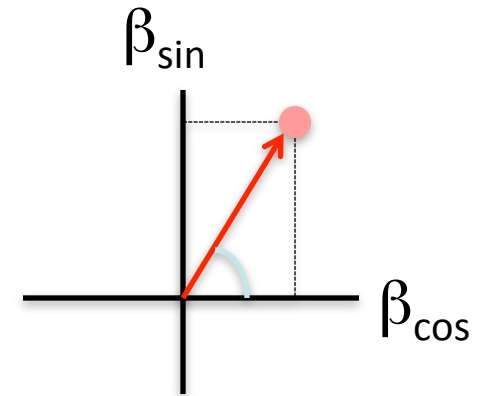
# Spectral analysis ~ GLM

$$\mathbf{Y} = \beta \times \mathbf{X}$$

$\mathbf{X}$  set of basis functions

$\beta_i$  contribution of basis function  $i$  to the data.

$\beta$  for cosine and sine components for a given frequency  
map onto amplitude and phase estimate.



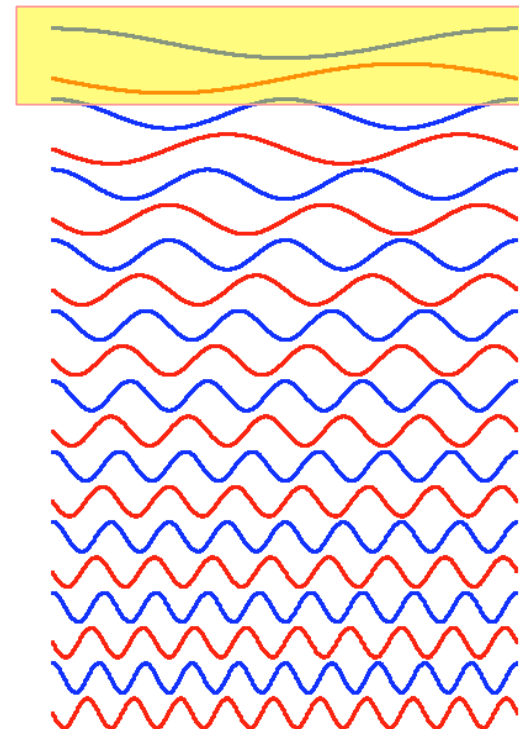
Restriction: basis functions should be ‘orthogonal’

Consequence 1: frequencies not arbitrary

-> integer amount of cycles should fit into  $N$  points.

Consequence 2:  $N$ -point signal

->  $N$  basis functions





# Time-frequency relation

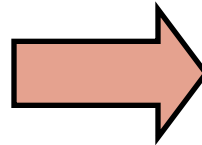
Consequence 1: frequencies not arbitrary

-> integer amount of cycles should fit into N samples of  $\Delta t$  each.

The frequency resolution is determined by the total length of the data segments (T)

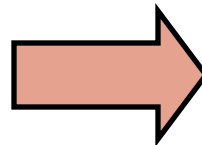
Rayleigh frequency =  $1/T = \Delta f$  = frequency resolution

**Time window:**  
**1 s**



**Frequencies:**  
**(0) 1 2 3 4 5 6 .. Hz**

**Time window:**  
**0.2 s**



**Frequencies:**  
**(0) 5 10 15 20 .. Hz**

# Time-frequency relation

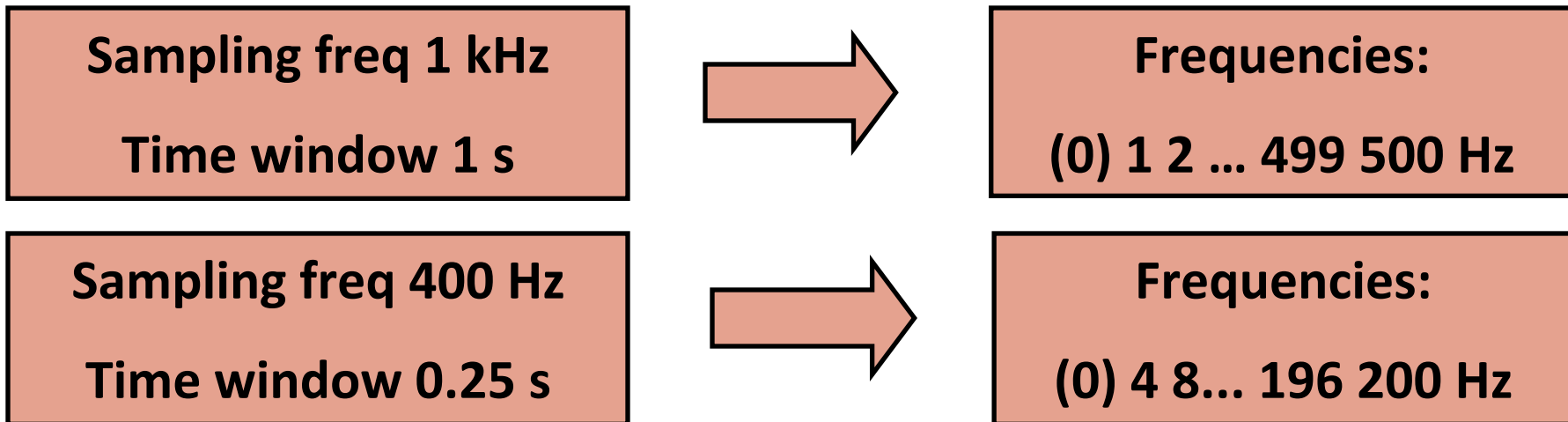
Consequence 2: N-point signal

-> N basis functions

N basis functions -> N/2 frequencies

The highest frequency that can be resolved depends  
on the sampling frequency F

Nyquist frequency =  $F/2$



# Spectral analysis

Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis

Using simple oscillatory functions: cosines and sines

Express signal as function of frequency, rather than time

Concept: linear regression using oscillatory basis functions

Each oscillatory component has an amplitude and phase

Discrete and finite sampling constrains the frequency axis

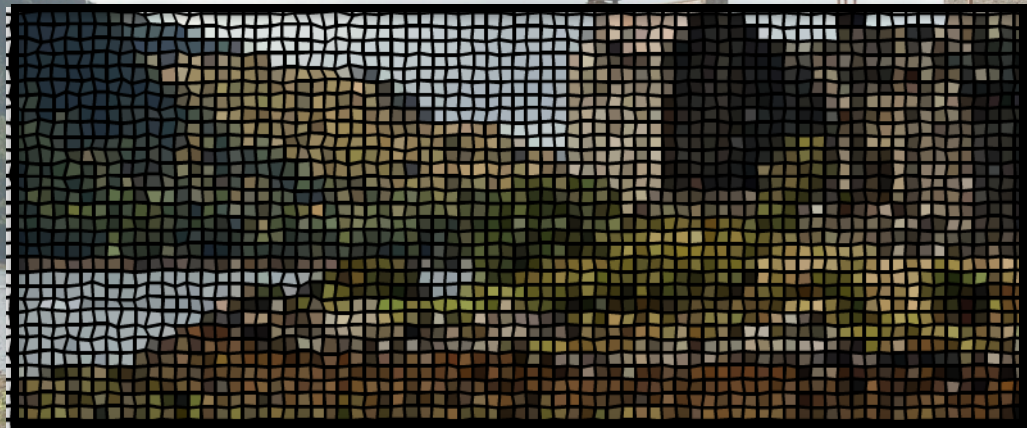
# Goal and challenges

- Estimate the true oscillations from the observed data
- Limited time available for Fourier transform
- You are looking at the activity through a time restricted window



# Goal and challenges

- Estimate the true oscillations from the observed data
- Limited time available for Fourier transform
- You are looking at the activity through a time restricted window

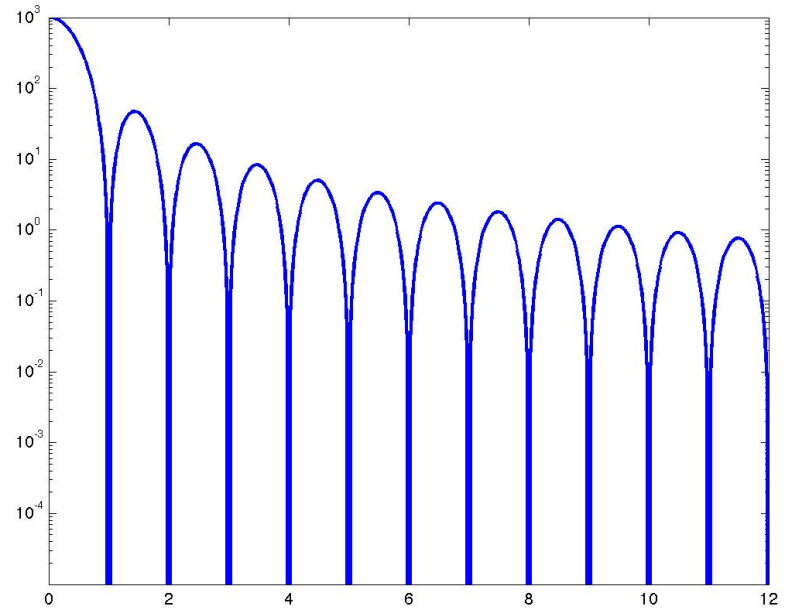
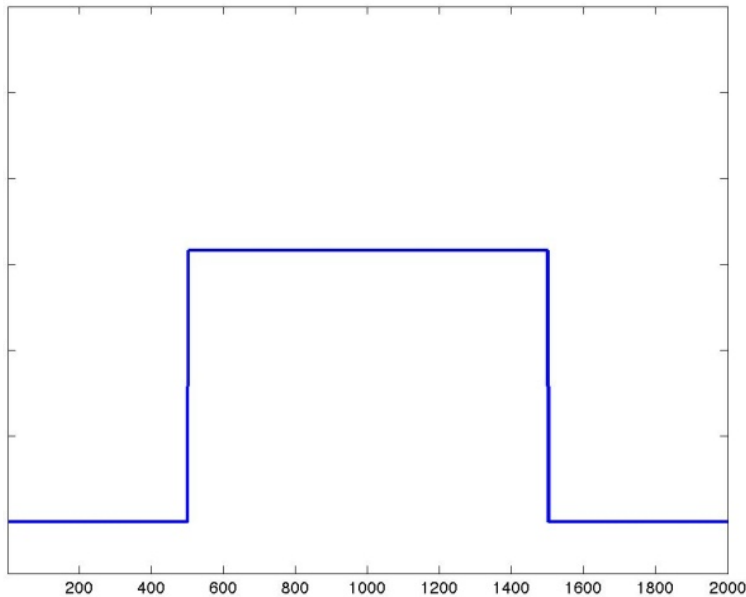


- This implicitly means that the data are ‘tapered’ with a boxcar
- Furthermore, data are discretely sampled

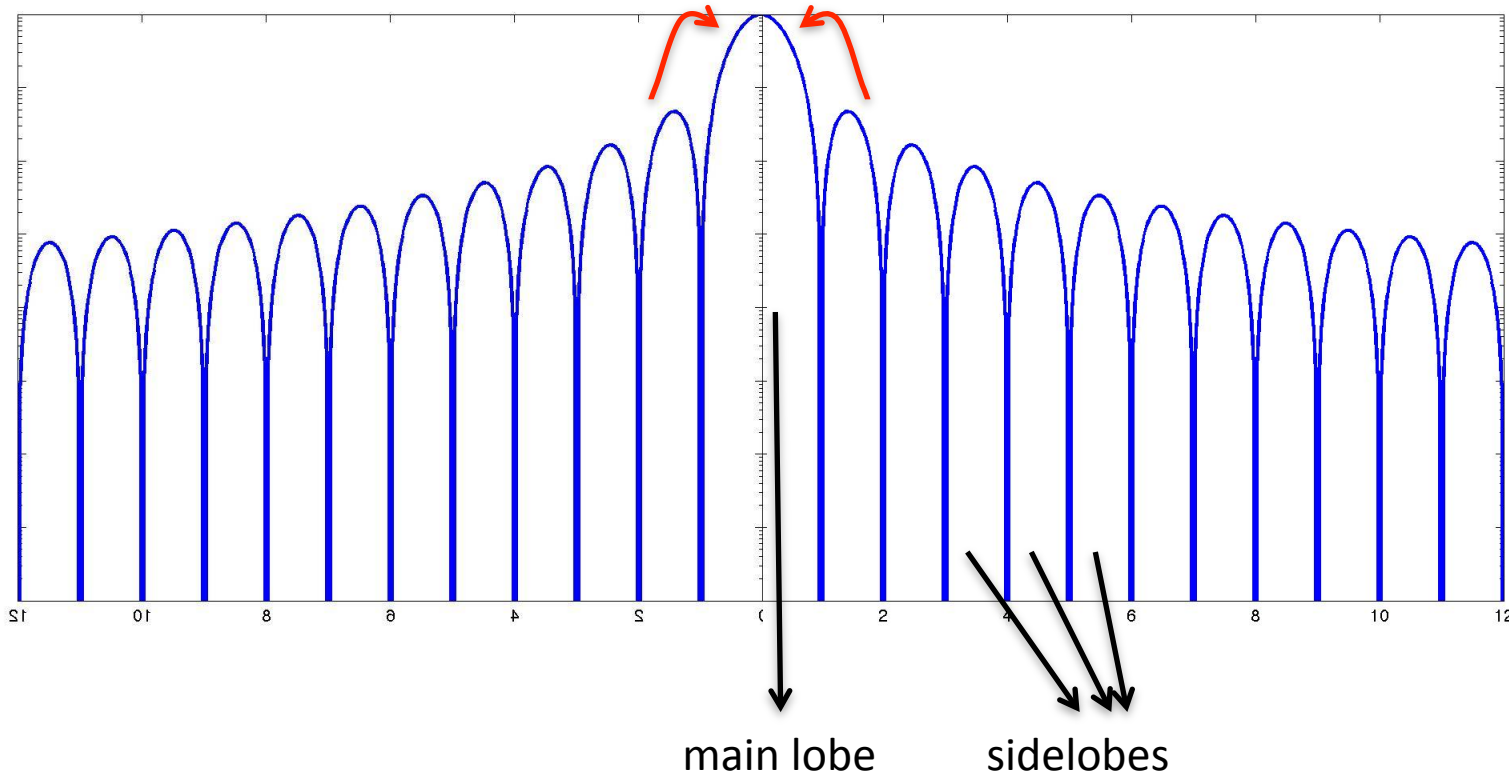


# Spectral leakage and tapering

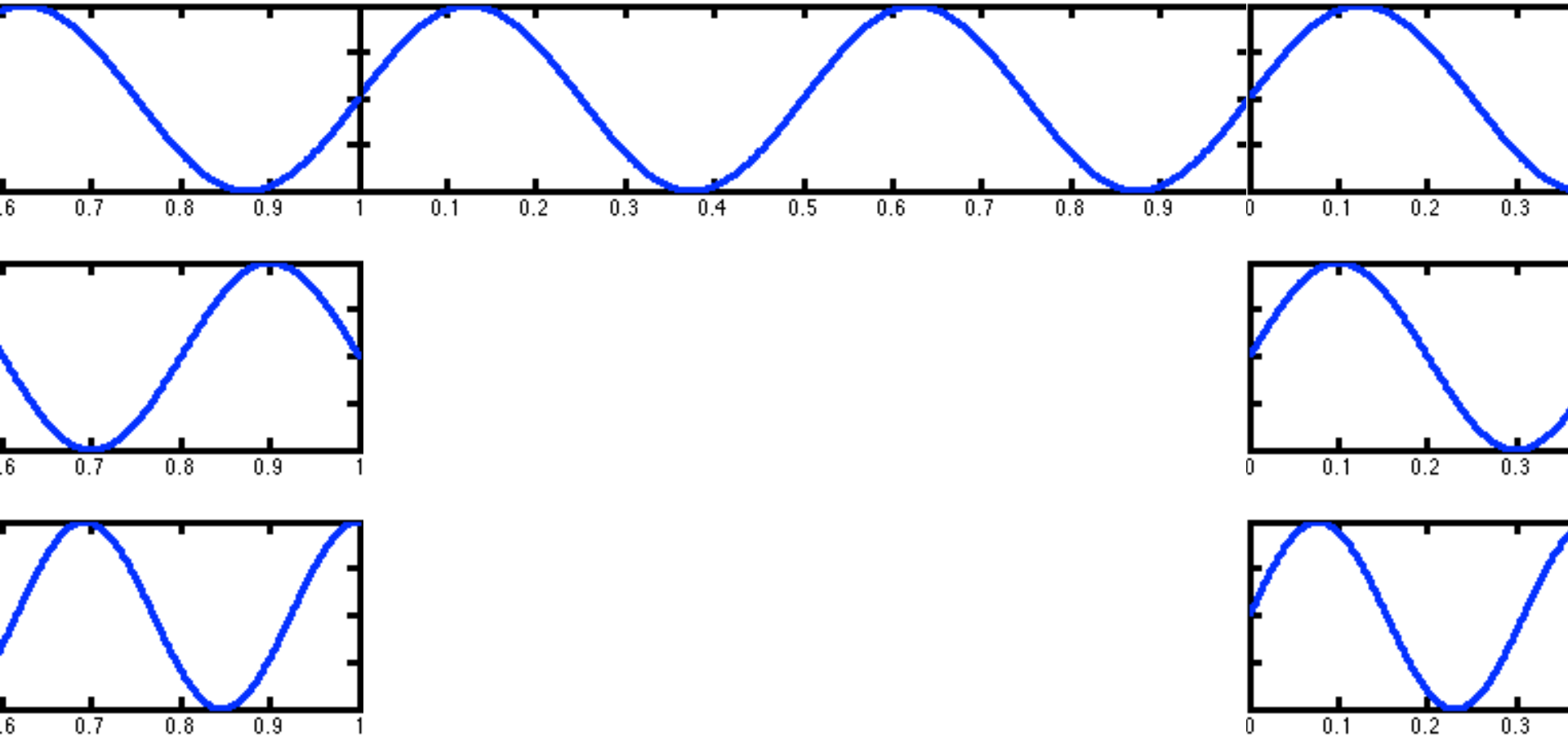
- True oscillations in data at frequencies **not sampled** with Fourier transform **spread their energy** to the sampled frequencies
- Not tapering is equal to applying a “boxcar” taper
- Each type of taper has a specific leakage profile



# Spectral leakage

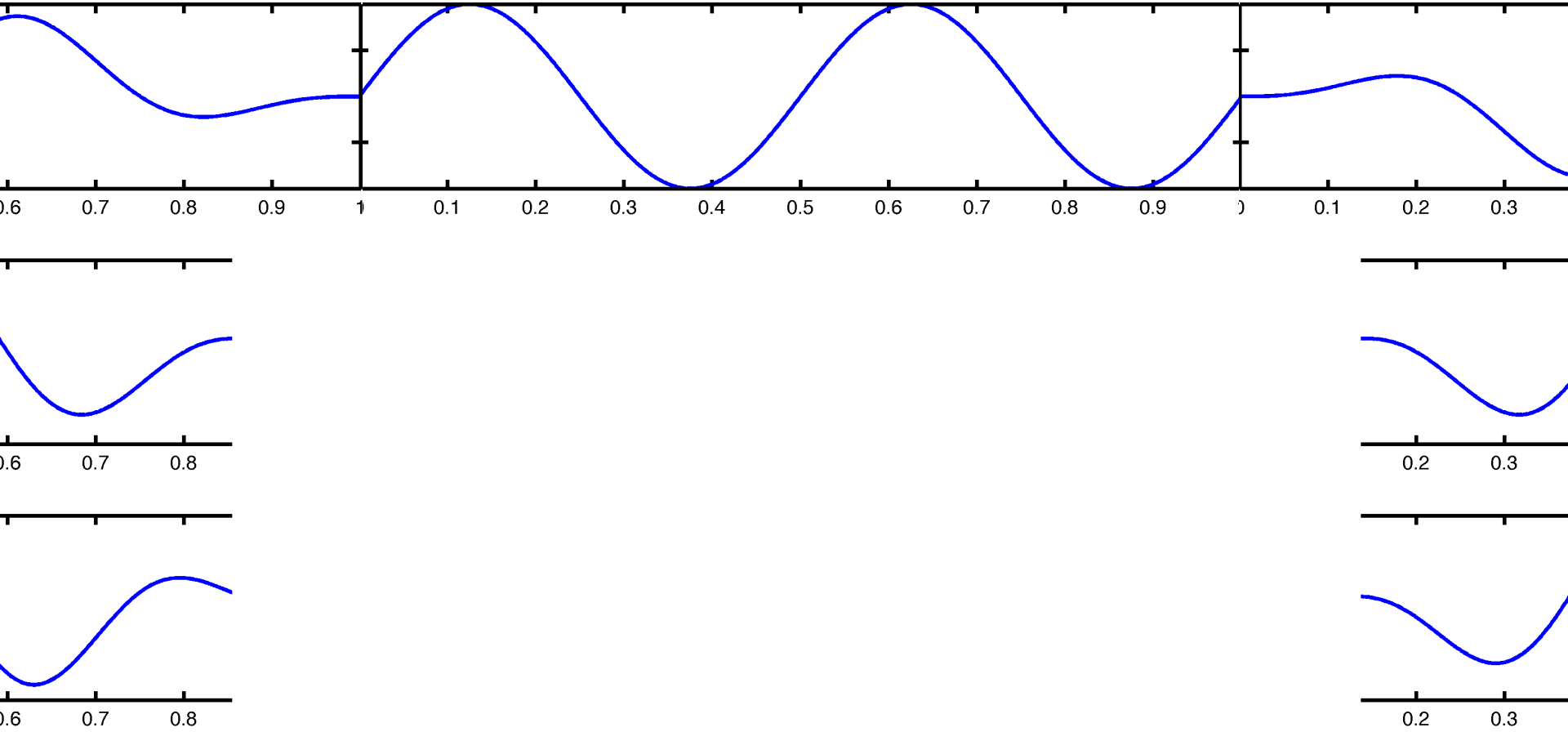


# Tapering in spectral analysis

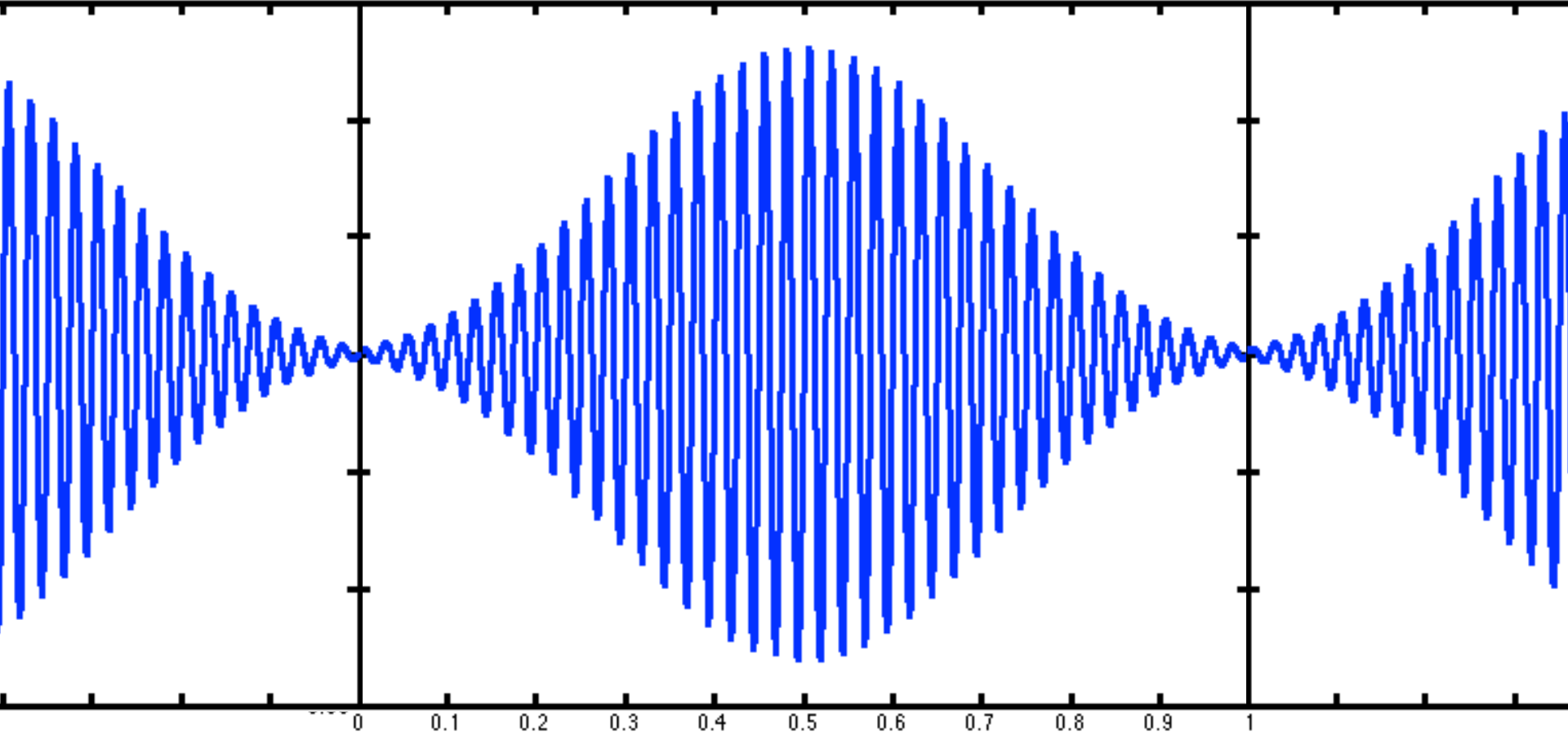




# Tapering in spectral analysis

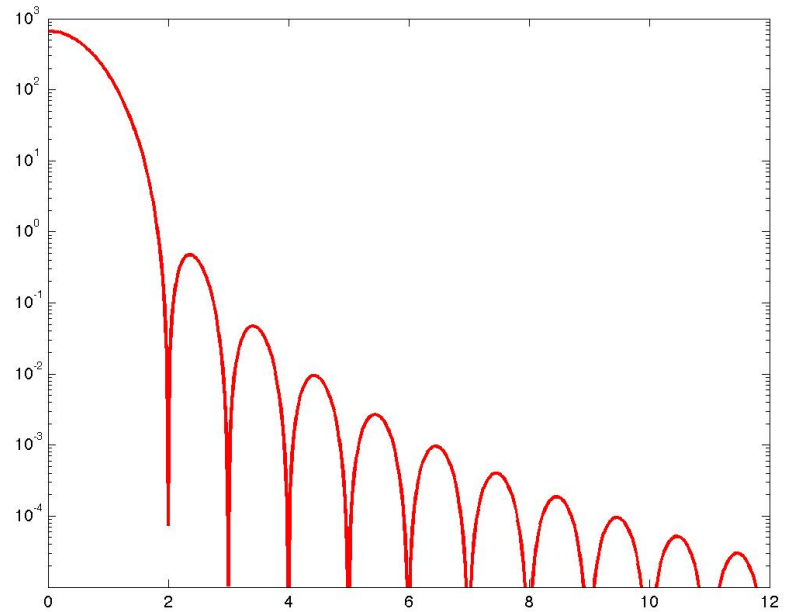
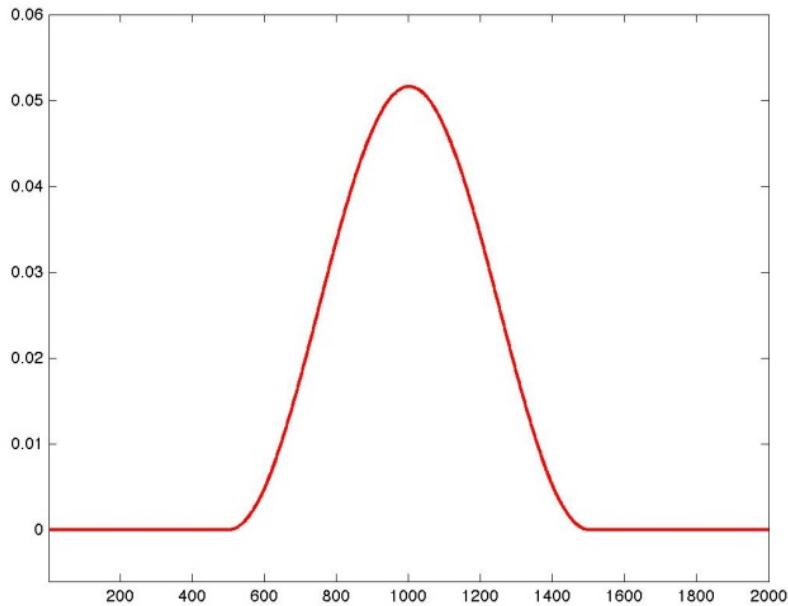


# Tapering in spectral analysis



# Spectral leakage and tapering

- True oscillations in data at frequencies not sampled with Fourier transform spread their energy to the sampled frequencies
- Not tapering is equal to applying a boxcar taper
- Each type of taper has a specific leakage profile



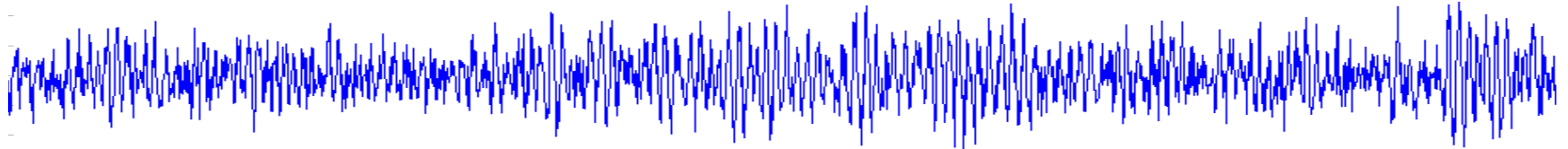
# Multitapers

Make use of more than one taper and combine their properties

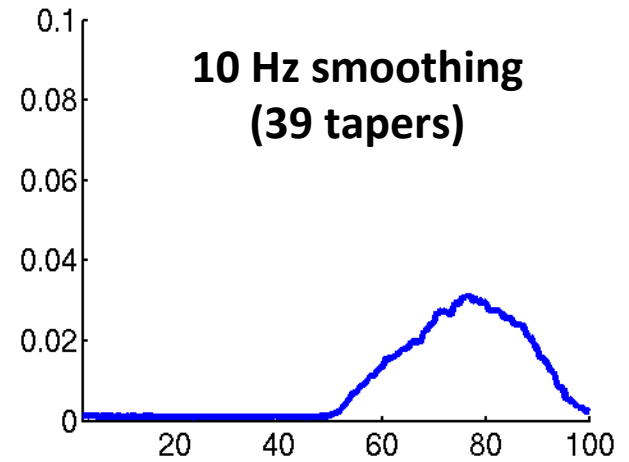
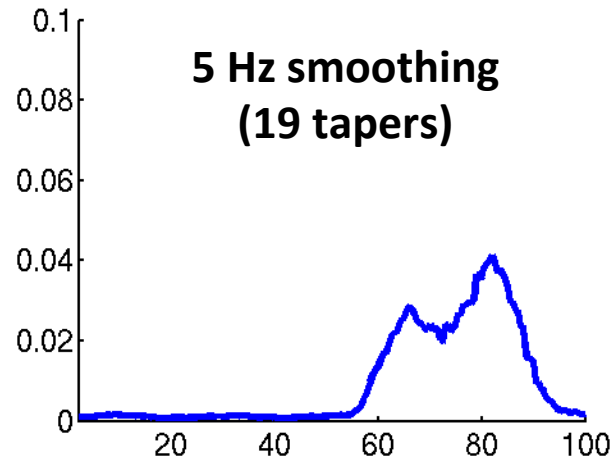
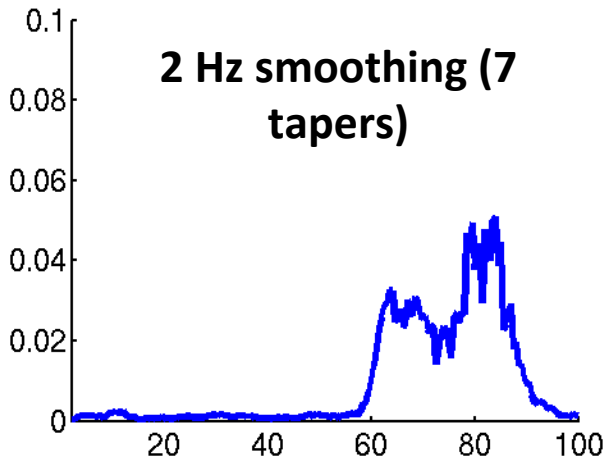
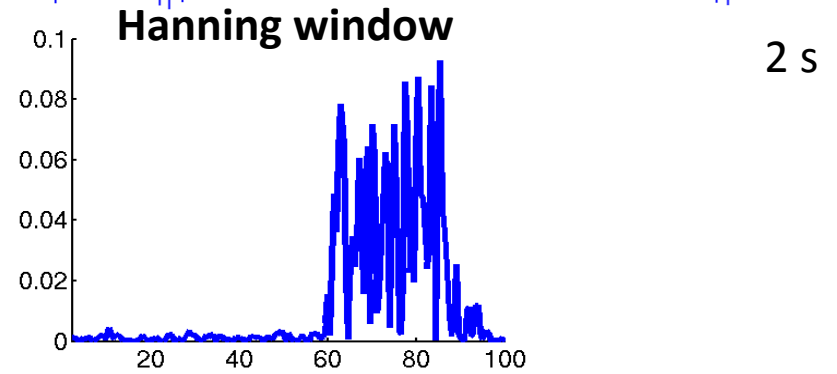
Used for smoothing in the frequency domain

Instead of “smoothing” one can also say “controlled leakage”

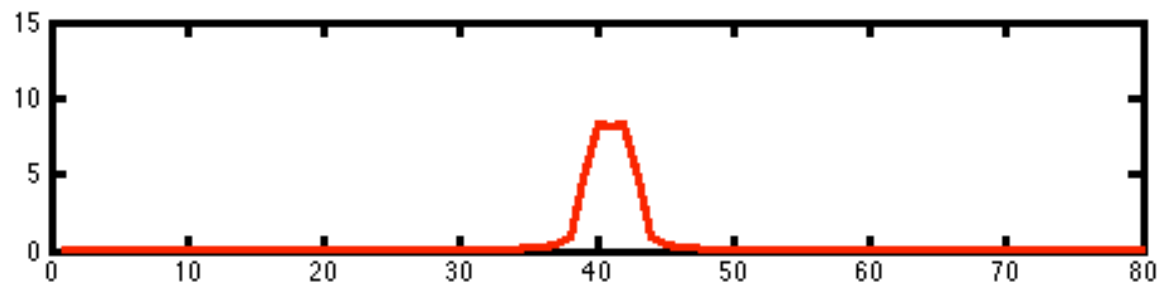
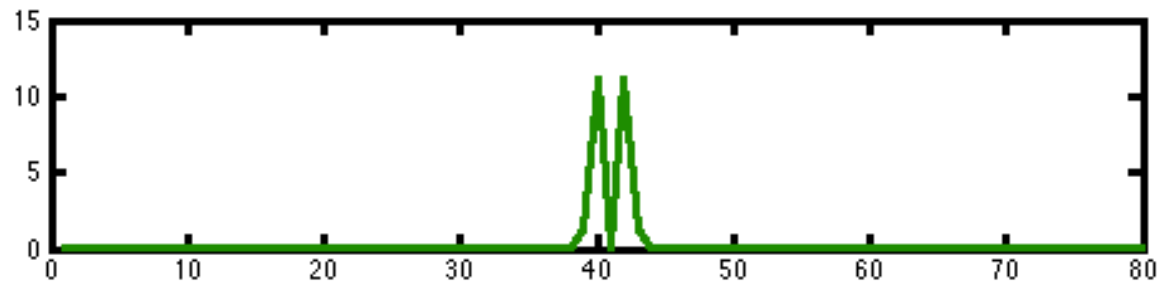
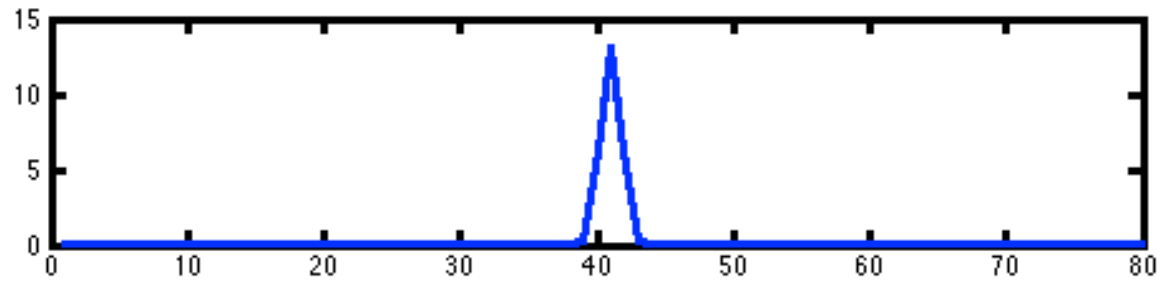
# Multitapered spectral analysis



**broadband activity between  
60-90 Hz**



# Multitapered spectral analysis



# Multitapers

Multitapers are useful for reliable estimation of high frequency components

Low frequency components are better estimated using a single (Hanning) taper

```
%estimate low frequencies
```

```
cfg = [];  
cfg.method = 'mtmfft';  
cfg.foylim = [1 30];  
cfg.taper = 'hanning';  
.  
.  
.  
freq=ft_freqanalysis(cfg, data);
```

```
%estimate high frequencies
```

```
cfg = [];  
cfg.method = 'mtmfft';  
cfg.foylim = [30 120];  
cfg.taper = 'dpss';  
cfg.tapsmofrq = 8;  
.  
.  
freq=ft_freqanalysis(cfg, data);
```

# Interim summary

## Spectral analysis

Decompose signal into its constituent  
oscillatory components

Focused on 'stationary' power

## Tapers

Boxcar, Hanning, Gaussian

## Multitapers

Control spectral leakage/smoothing



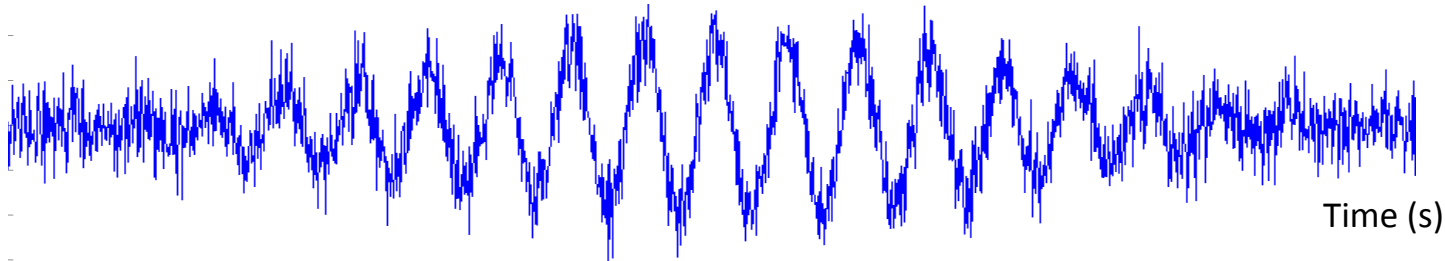
# Time-frequency analysis

Typically, brain signals are not ‘stationary’

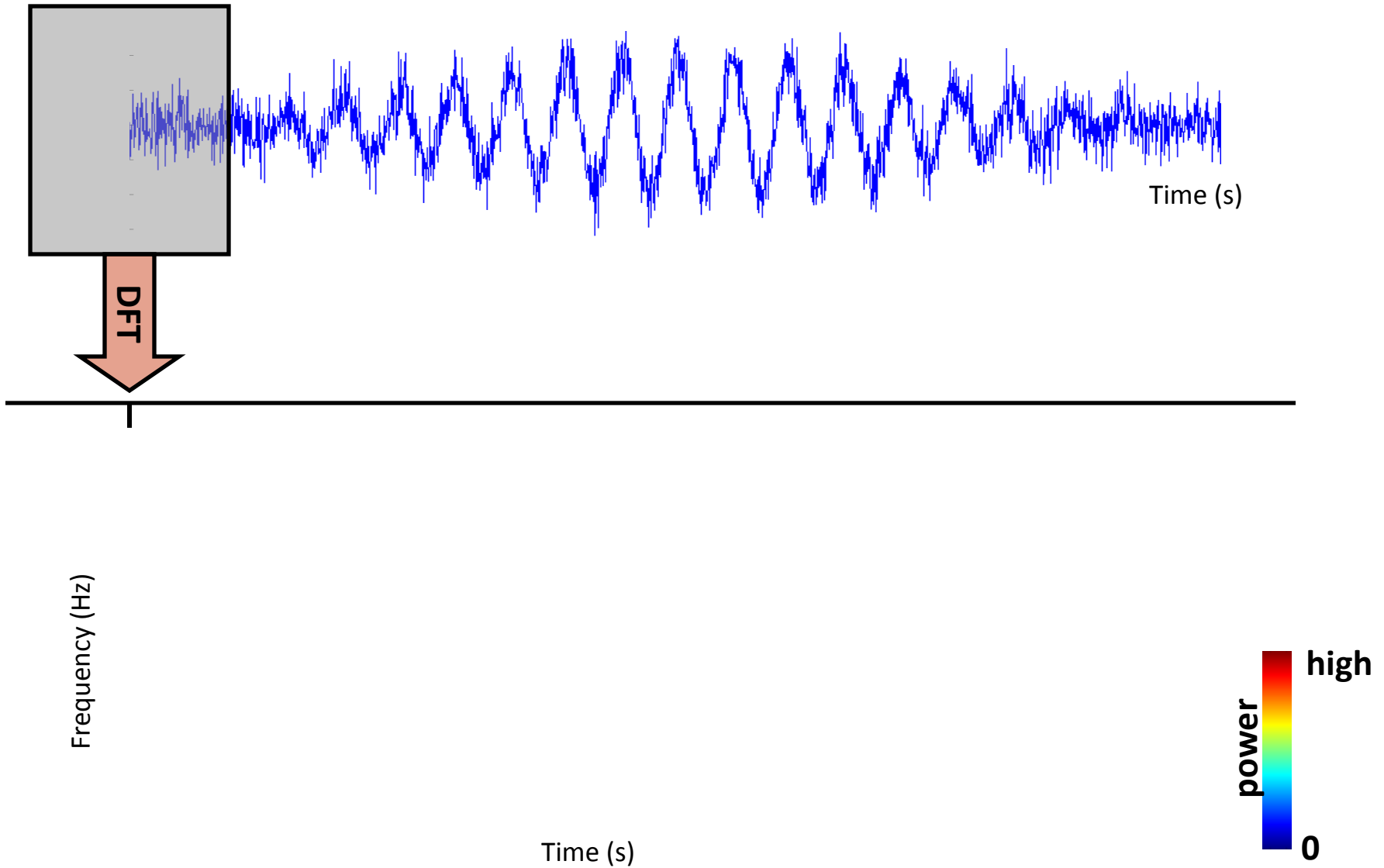
- Divide the measured signal in shorter time segments and apply Fourier analysis to each signal segment
- Everything we saw so far with respect to frequency resolution applies here as well

```
cfg = [];  
cfg.method = 'mtmconvol';  
.  
.  
.  
freq = ft_freqanalysis(cfg, data);
```

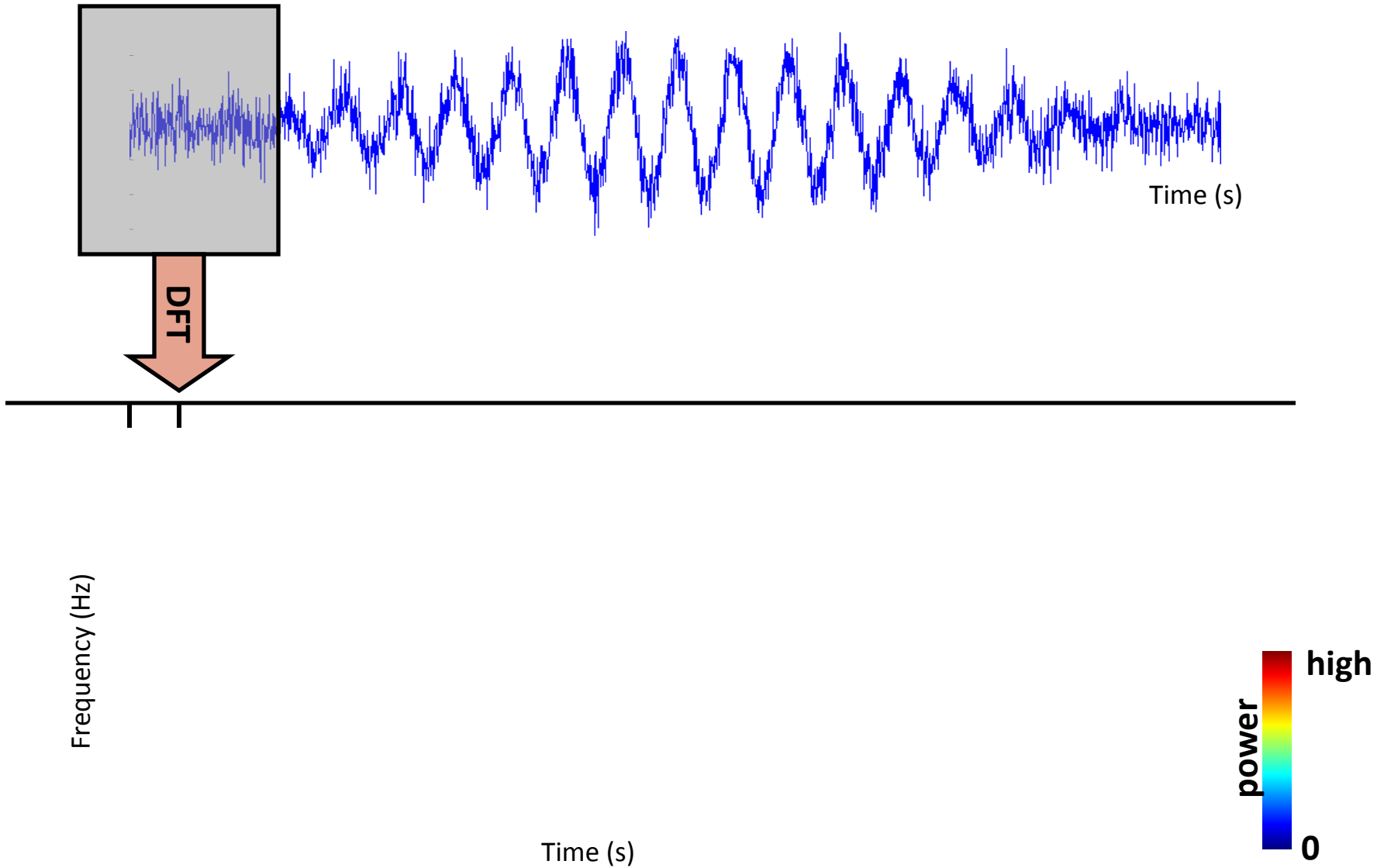
# Time frequency analysis



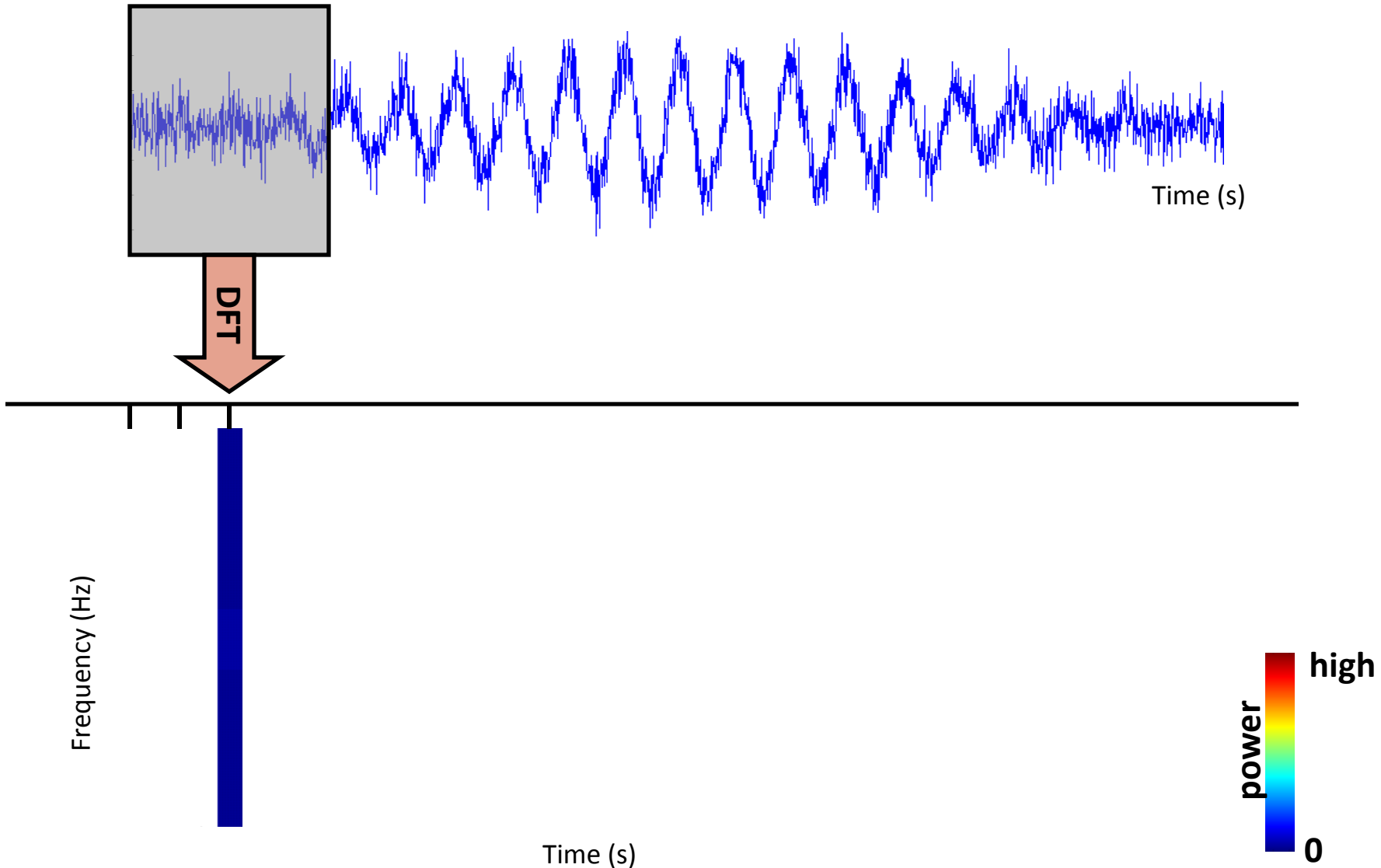
# Time frequency analysis



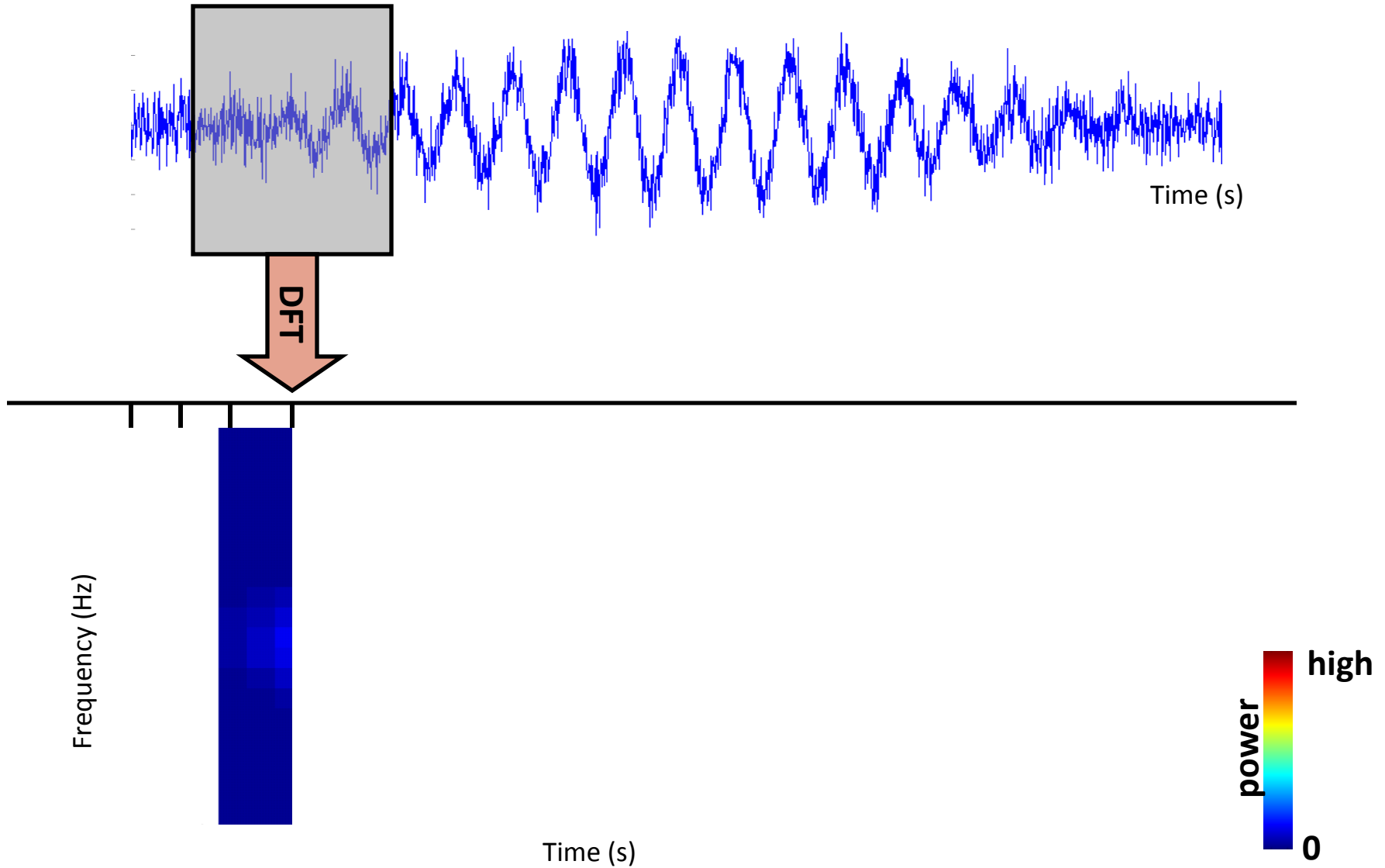
# Time frequency analysis



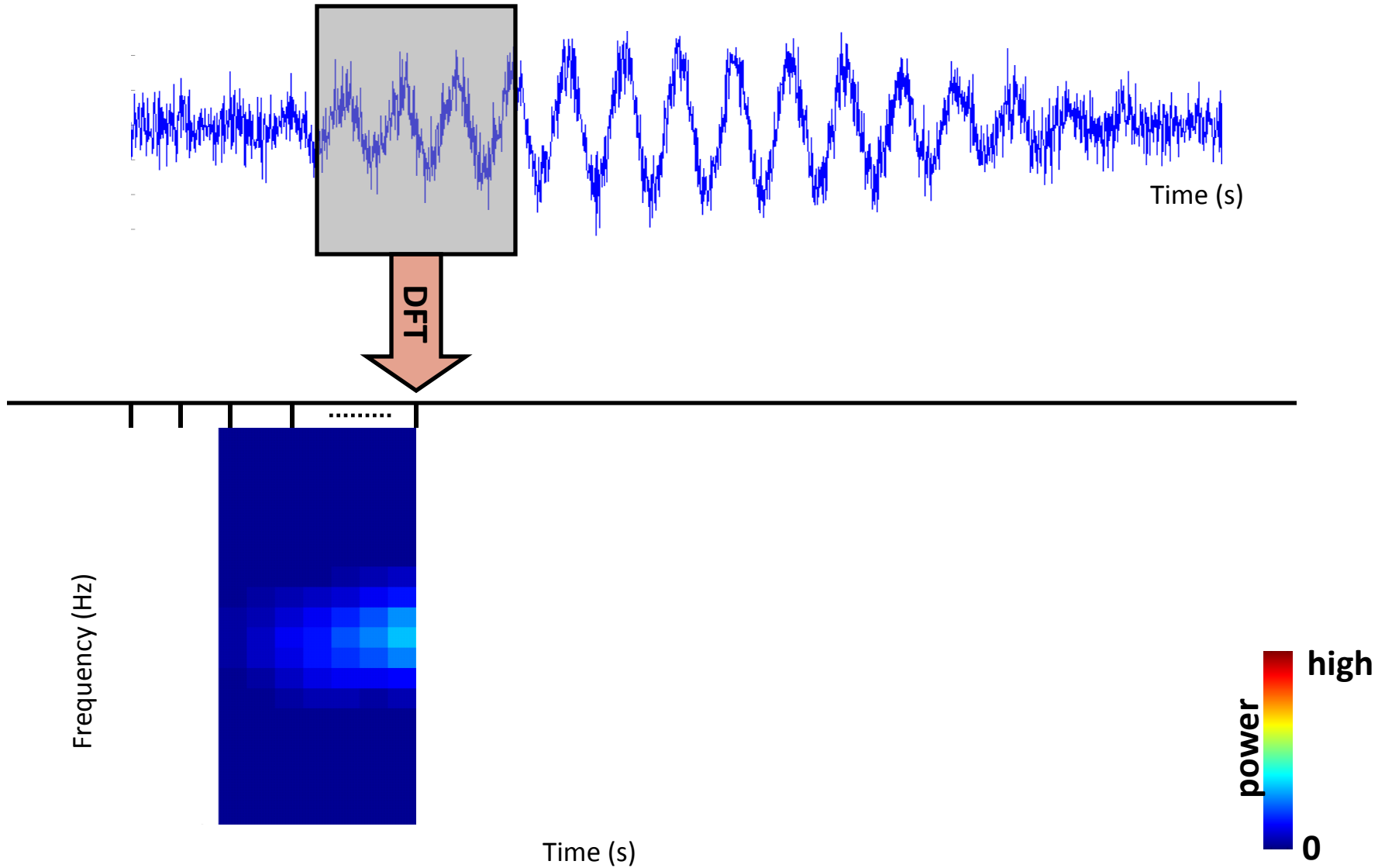
# Time frequency analysis



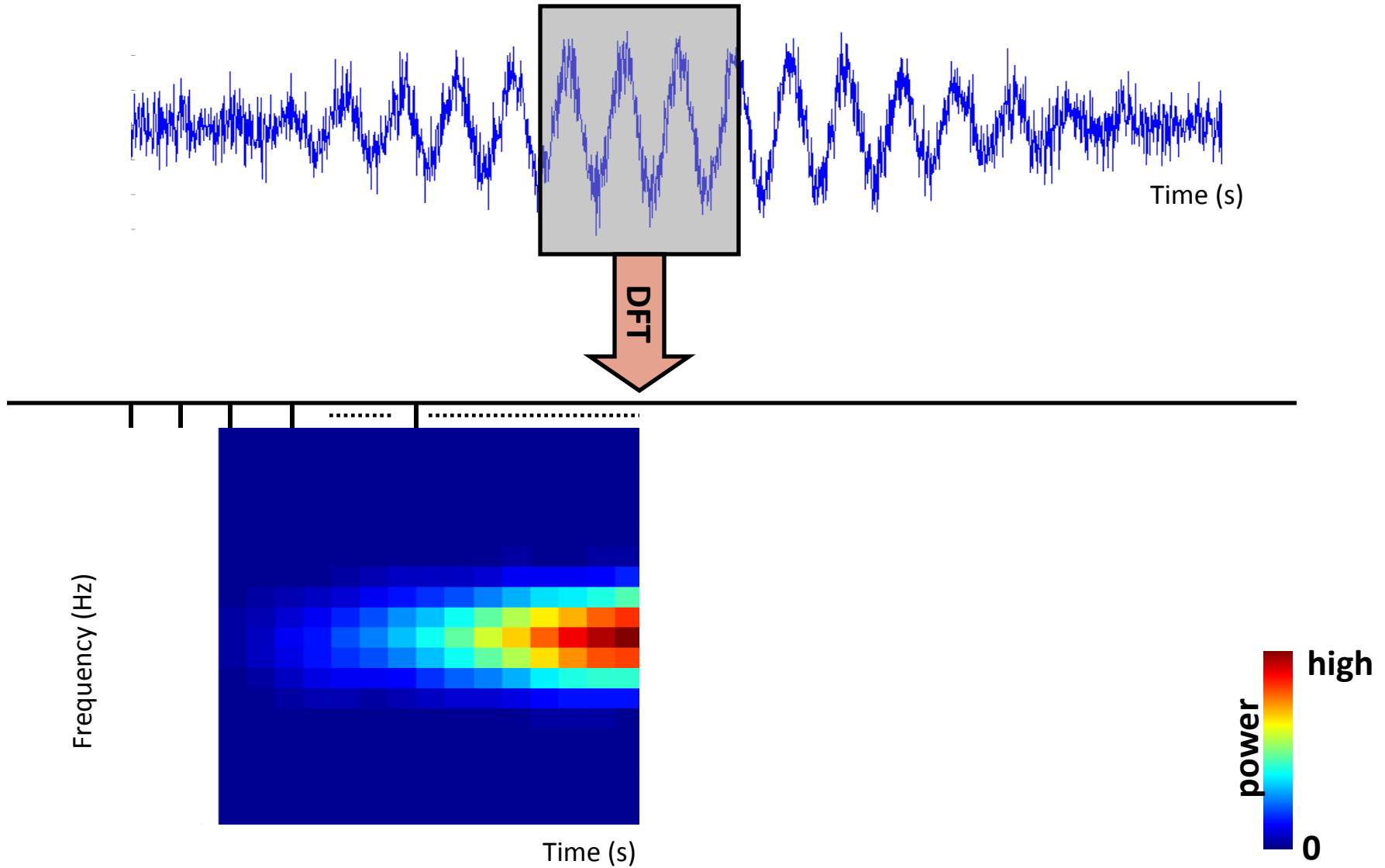
# Time frequency analysis



# Time frequency analysis

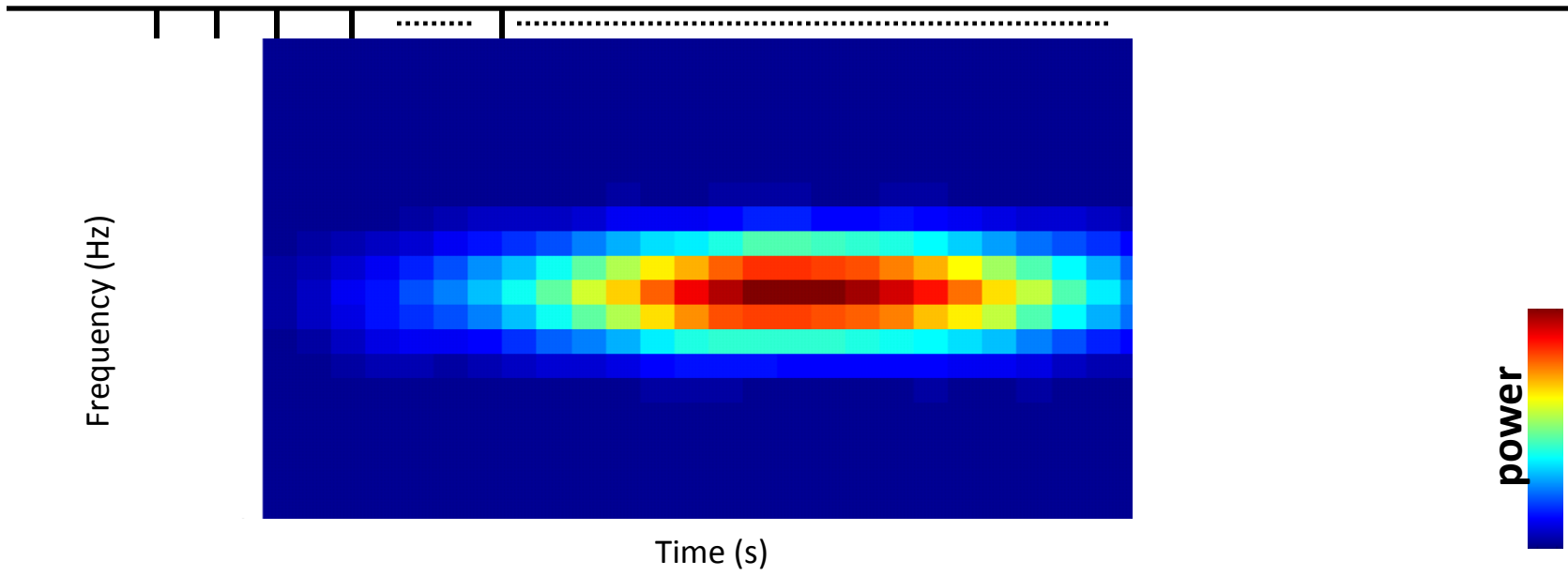
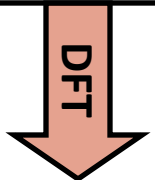
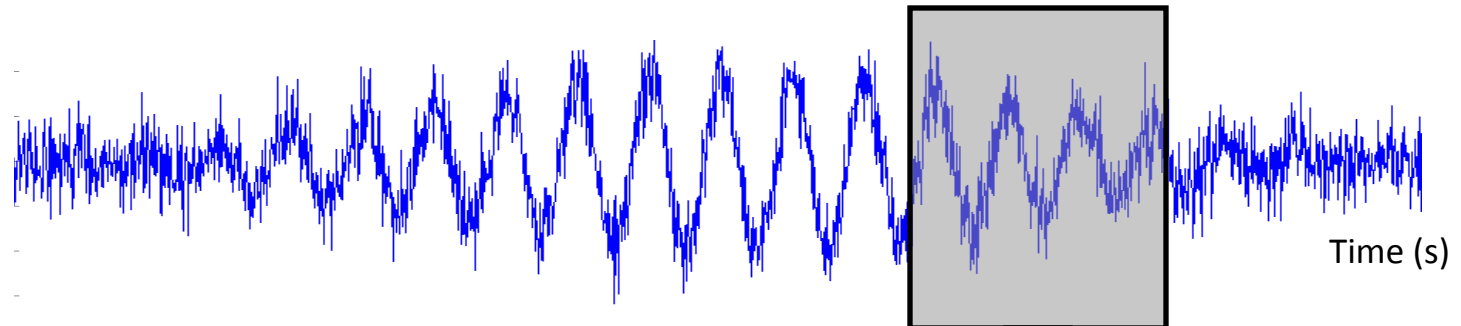


# Time frequency analysis

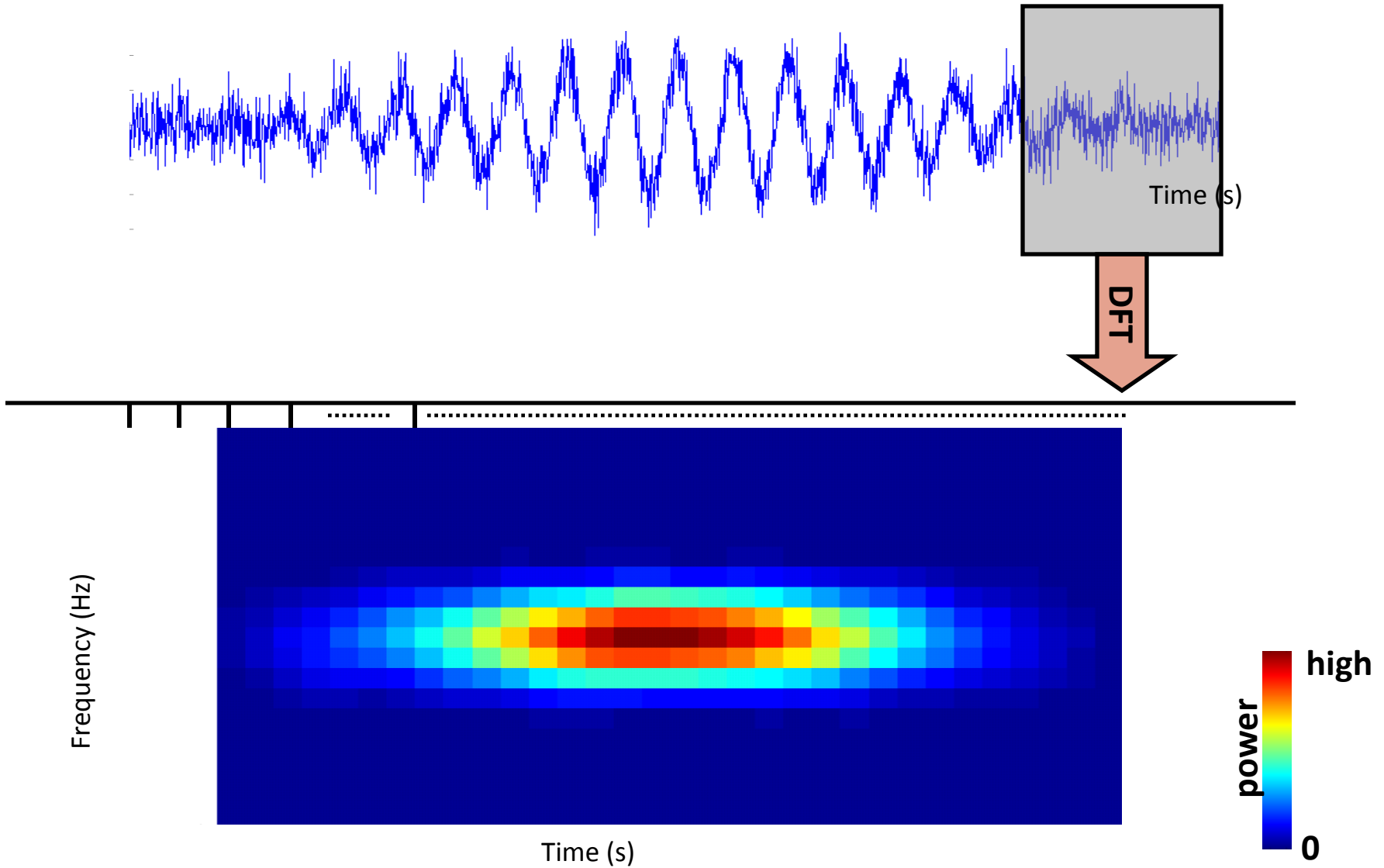




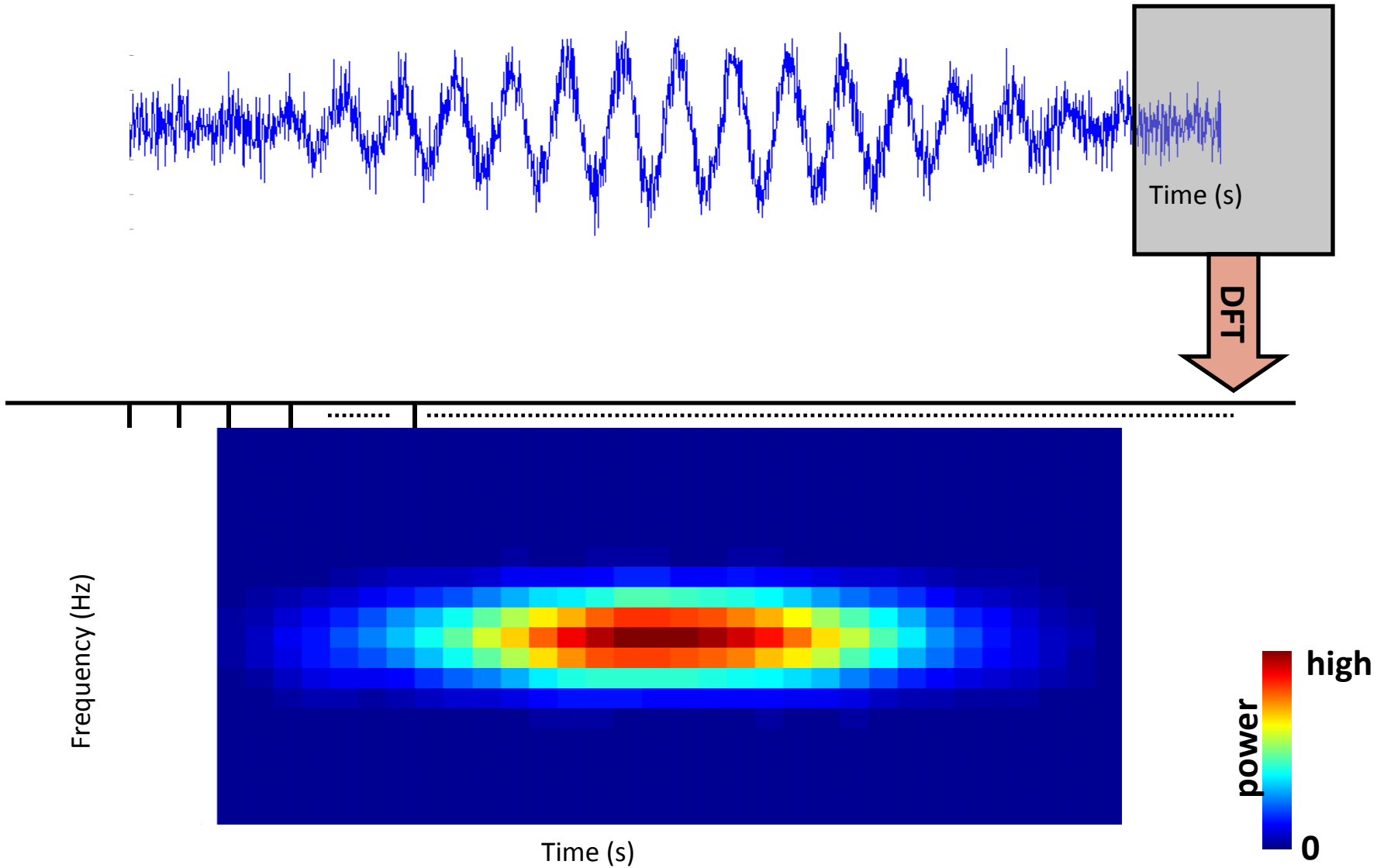
# Time frequency analysis



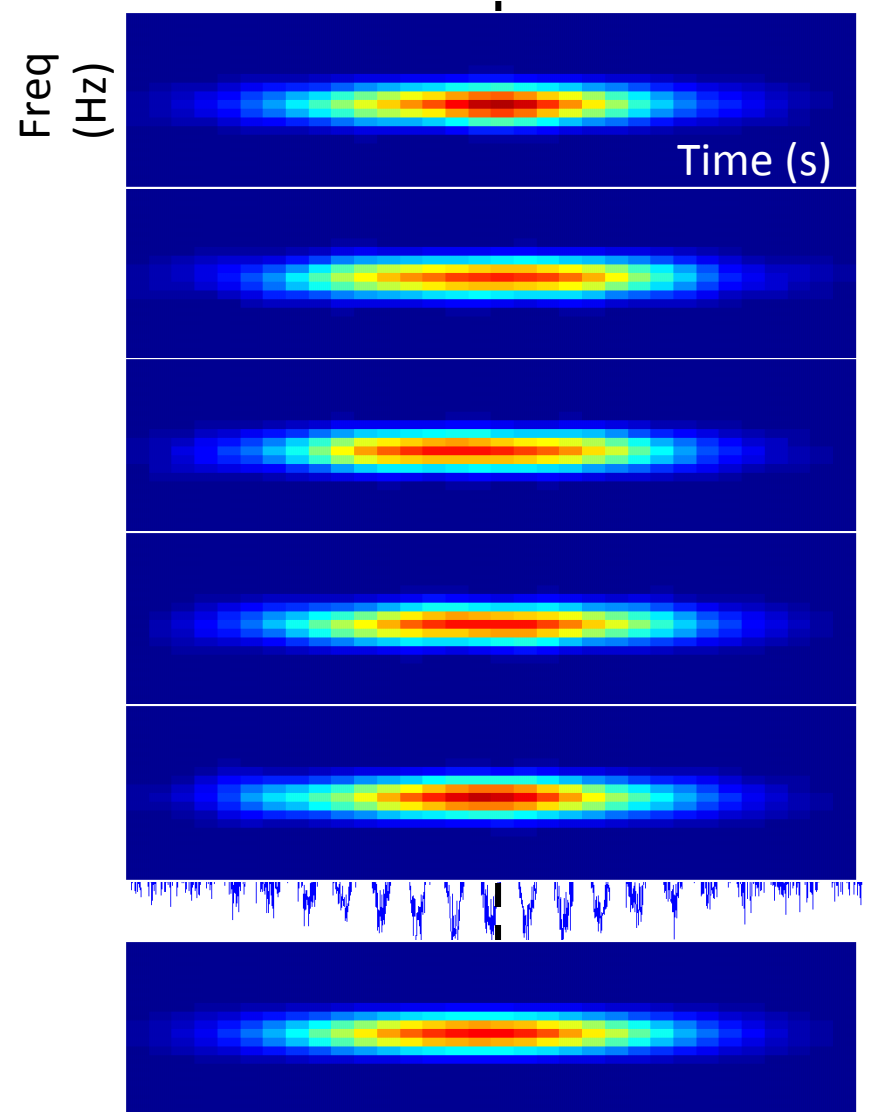
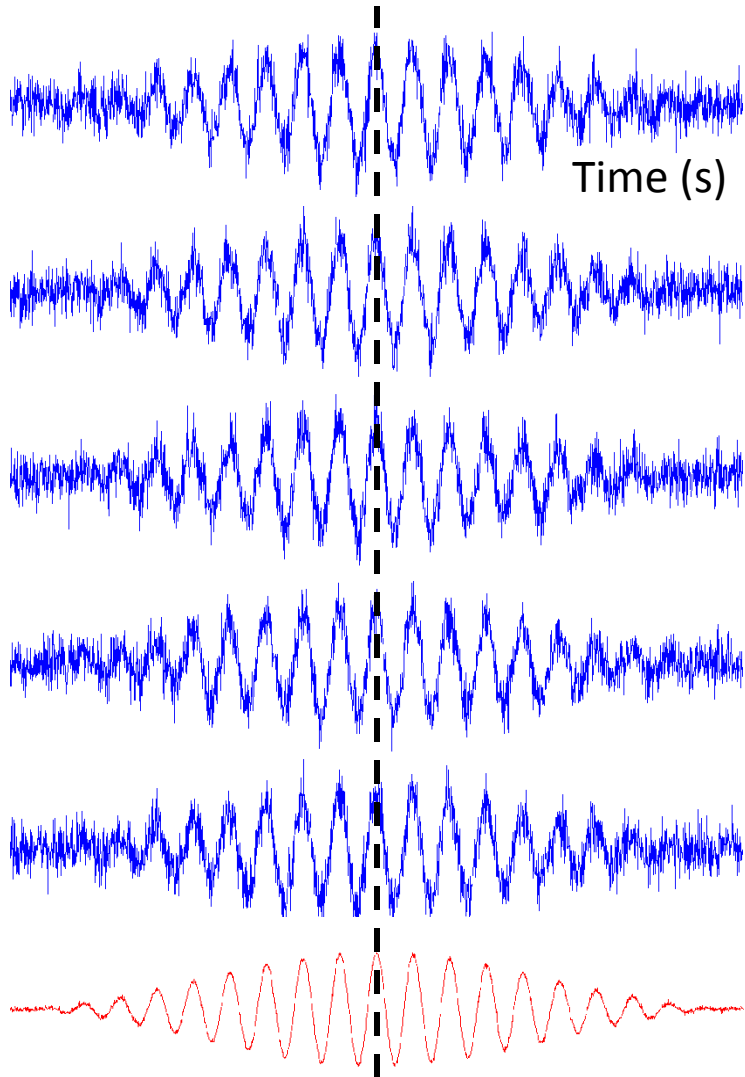
# Time frequency analysis



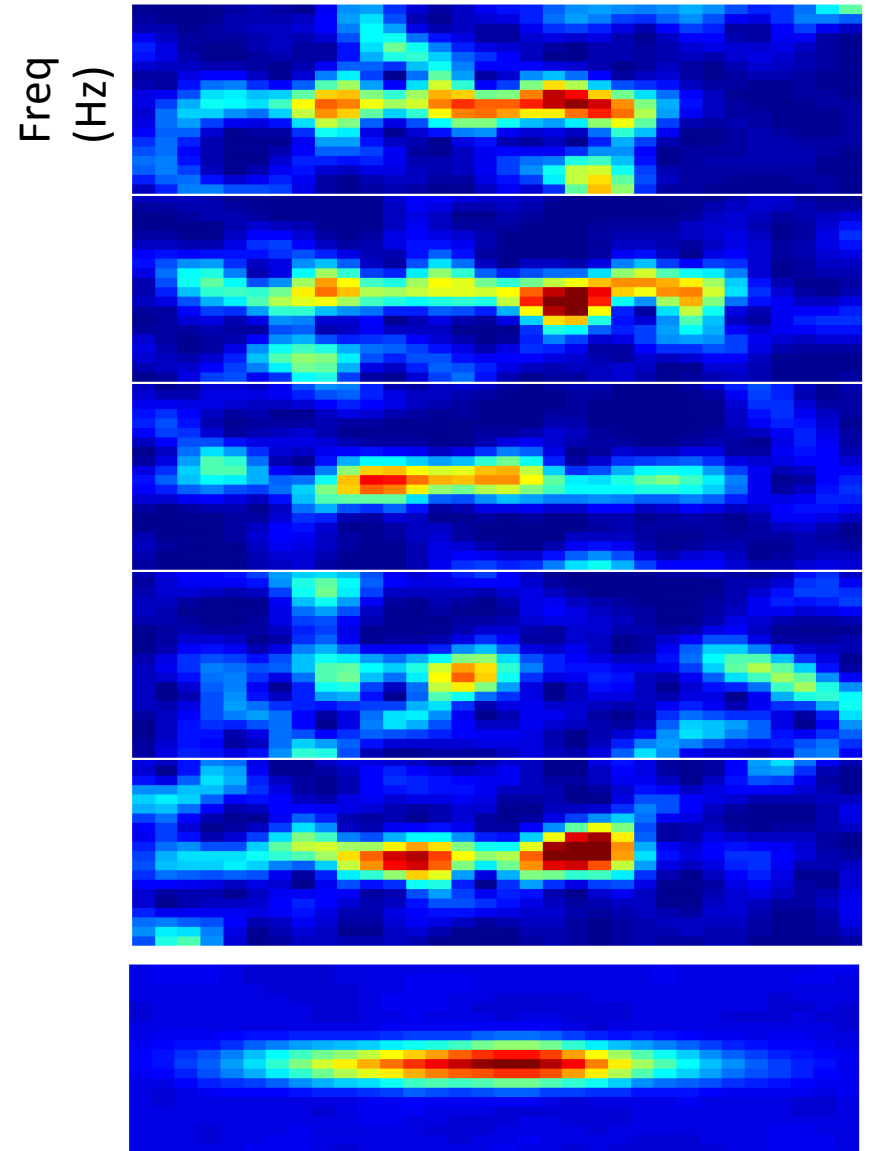
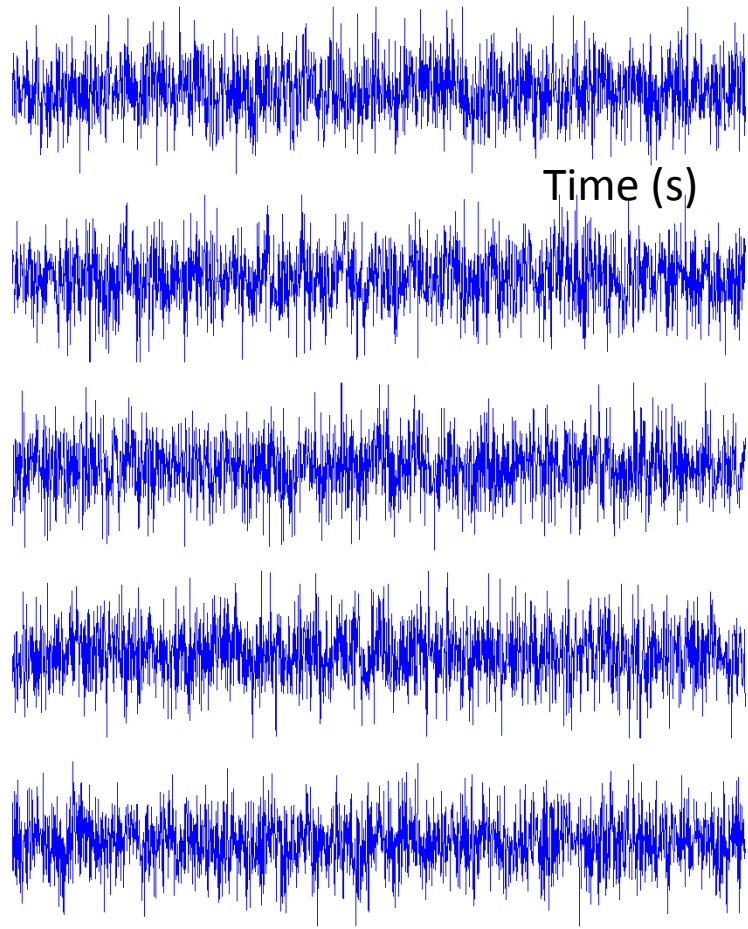
# Time frequency analysis



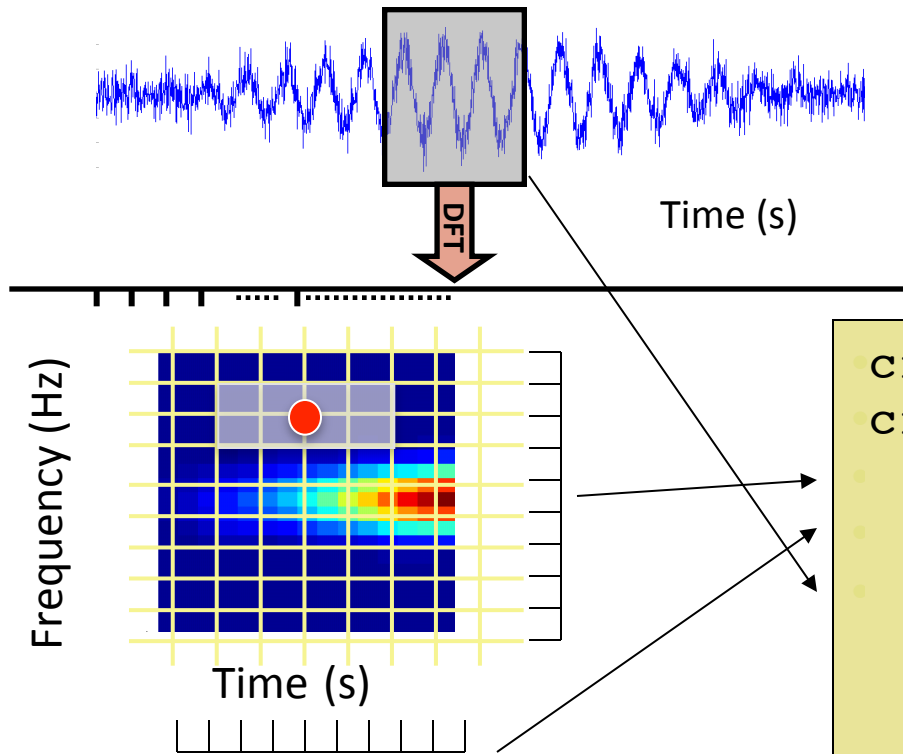
# Evoked versus induced activity



Noisy signal -> many trials needed



# The time-frequency plane



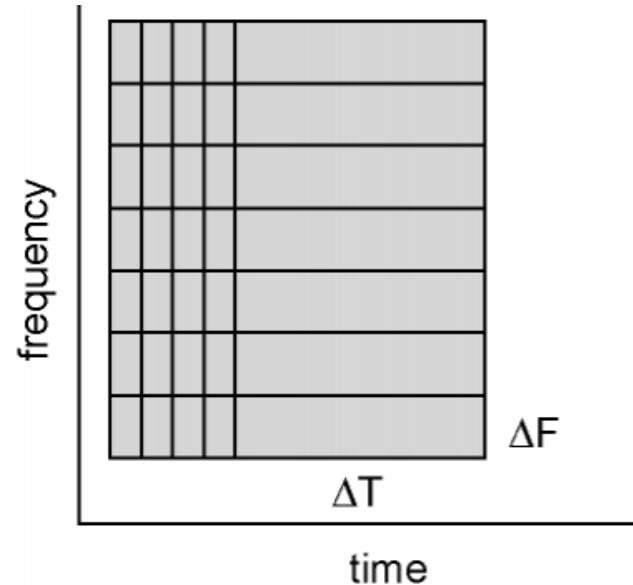
```
cfg = [];  
cfg.method = 'mtmconvol';  
.  
.  
.  
freq = ft_freqanalysis(cfg,data);
```

# The time-frequency plane

The division is ‘up to you’

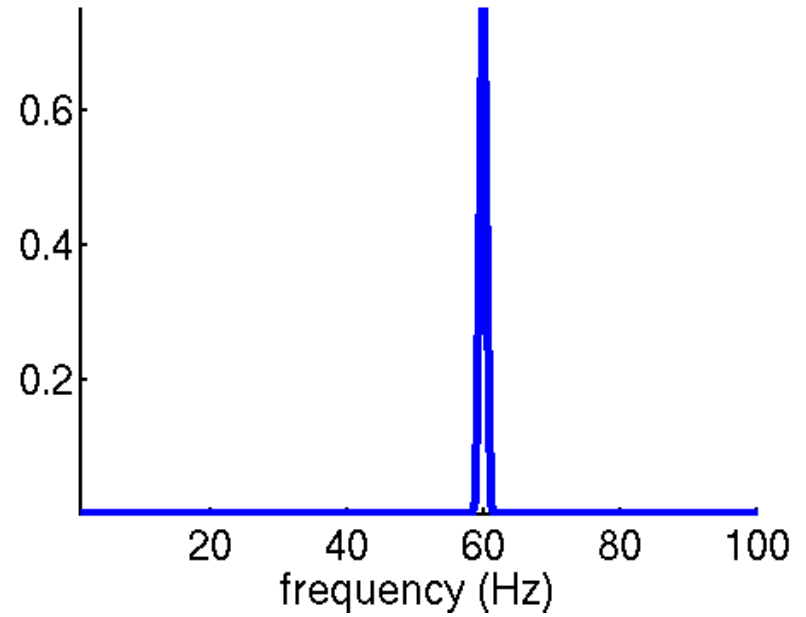
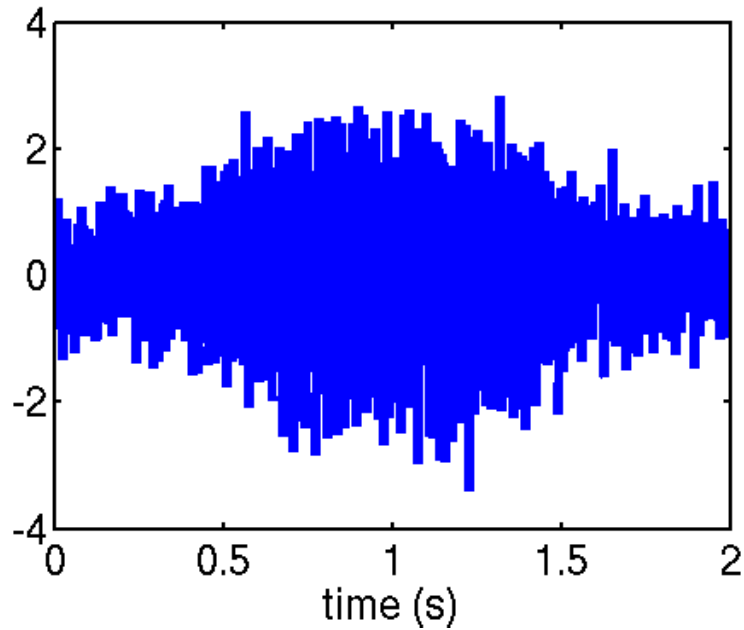
Depends on the phenomenon  
you want to investigate:

- Which frequency band?
- Which time scale?



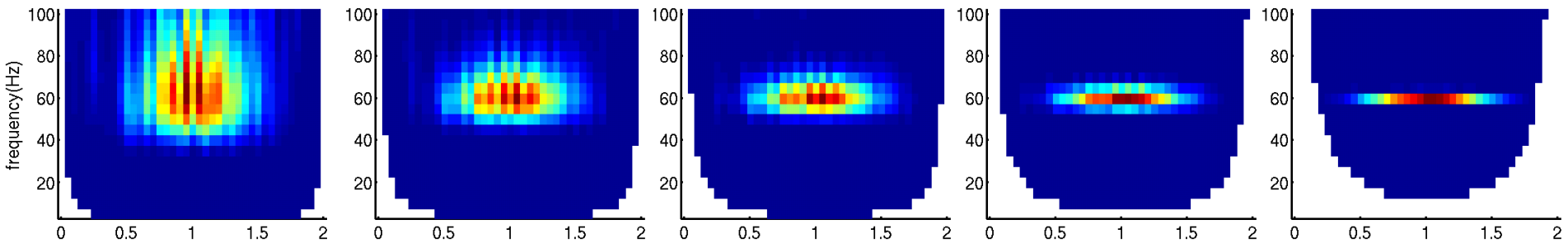
```
cfg = [];  
cfg.method      = 'mtmconvol';  
cfg.foi         = [2 4 ... 40];  
cfg.toi         = [0:0.050:1.0];  
cfg.t_ftimwin  = [0.5 0.5 ... 0.5];  
cfg.tapsmofrq  = [ 4  4 ... 4 ];  
.  
.  
freq = ft_freqanalysis(cfg,data);
```

# Time versus frequency resolution



short timewindow

long timewindow





# Interim summary

## Time frequency analysis

Fourier analysis on shorter sliding time window

Evoked & Induced activity

Time frequency resolution trade off

# Wavelet analysis

Popular method to calculate time-frequency representations

Is based on convolution of signal with a family of 'wavelets' which capture different frequency components in the signal

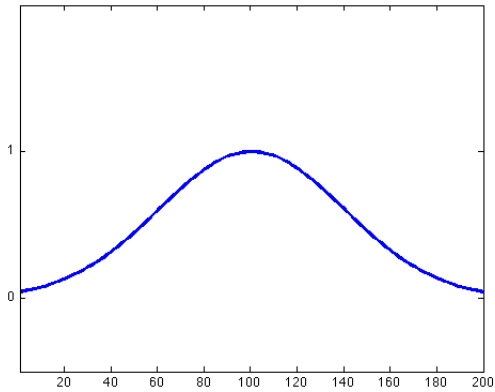
Convolution  $\sim$  local correlation

# Wavelet analysis

```
cfg = [];  
cfg.method = 'wavelet';  
.  
.  
.  
freq=ft_freqanalysis(cfg, data);
```

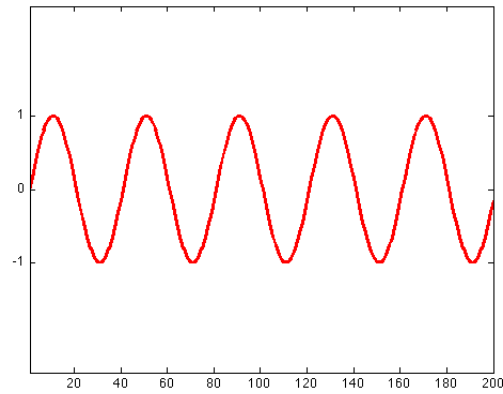
# Wavelets

Taper

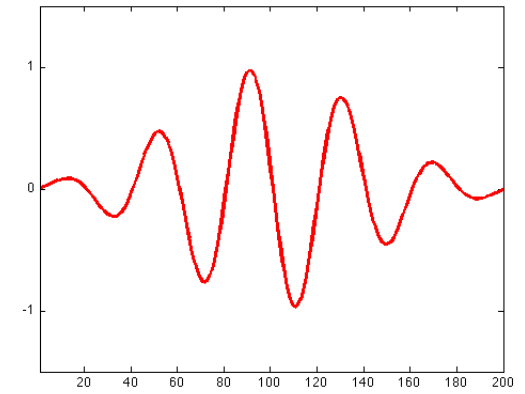


**X**

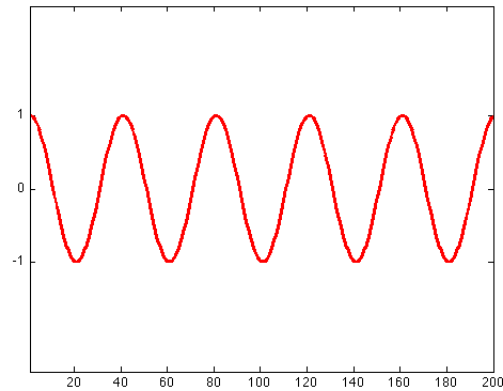
Sine wave



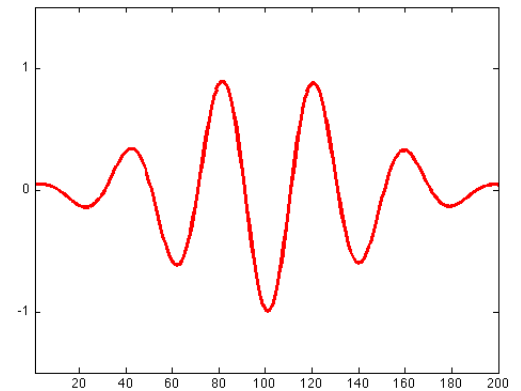
**=**

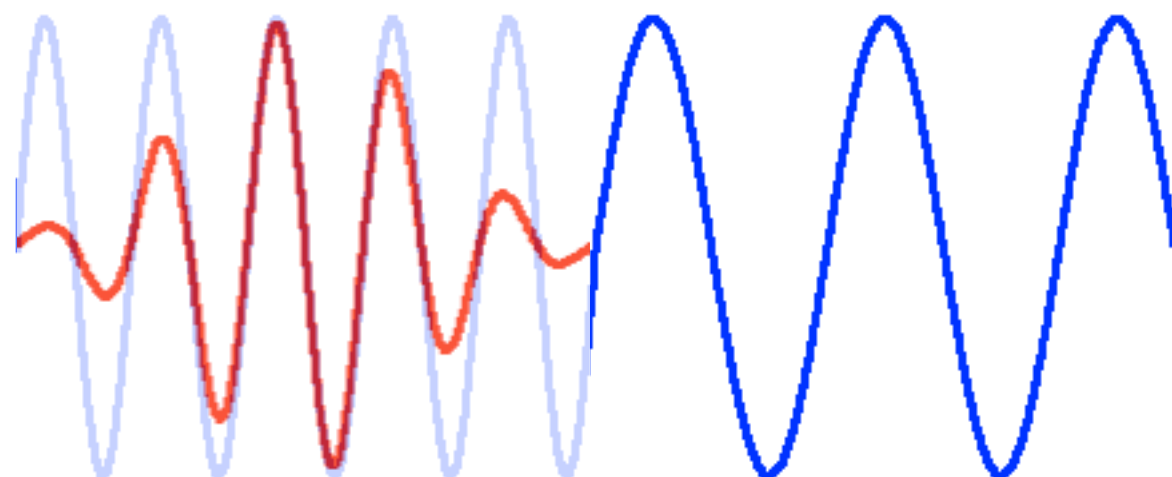


Cosine wave



**=**





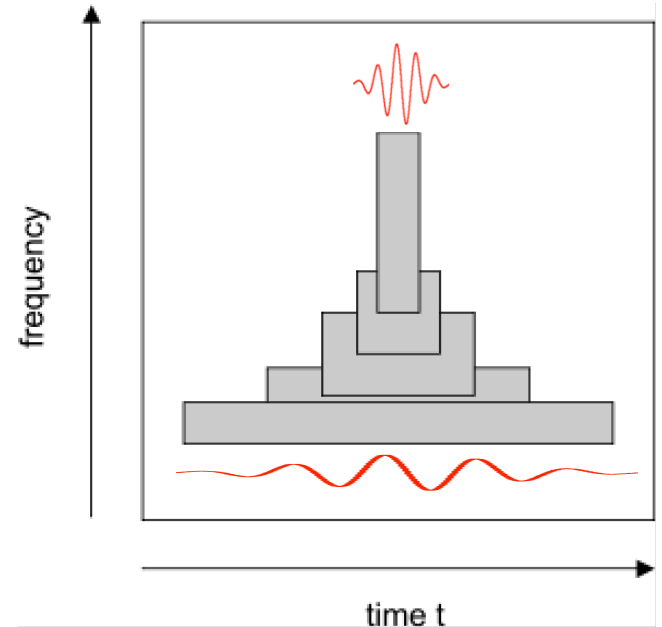
# Wavelet analysis

Wavelet width determines the time-frequency resolution

Width is a function of frequency (often 5 cycles)

‘Long’ wavelet at low frequencies leads to relatively narrow frequency resolution but poor temporal resolution

‘Short’ wavelet at high frequencies leads to broad frequency resolution but more accurate temporal resolution



# Wavelet analysis

Similar to Fourier analysis, but

Can be computationally slower

Tiles the time frequency plane in a particular way  
with fewer degrees of freedom

```
%time frequency analysis with  
%multitapers  
  
cfg = [];  
cfg.method      = 'mtmconvol';  
cfg.toi         = [0:0.05:1];  
cfg.foi         = [ 4   8   ...  80];  
cfg.t_ftimwin   = [0.5 0.5 ... 0.5];  
cfg.tapsmofrq   = [ 2   2   ...  10];  
    .  
    .  
freq=ft_freqanalysis(cfg, data);
```

```
%time frequency analysis with  
%wavelets  
  
cfg = [];  
cfg.method      = 'wavelet';  
cfg.toi         = [0:0.05:1];  
cfg.foi         = [4 8 ... 80];  
cfg.width       = 5;  
    .  
    .  
    .  
freq=ft_freqanalysis(cfg, data);
```

# Summary

Spectral analysis

Relation between time and frequency domains

Tapers

Time frequency analysis

Time vs frequency resolution

Wavelets

Tomorrow morning: hands-on

Time-frequency analysis

Different methods

Parameter tweaking

Power versus baseline

Visualization



